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Park Bugle

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July 2016

Summer Blowout

One-day music and art fest coming in August.

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Como Fest

Como neighborhood is throwing a month-long party in July.

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Patriotic essays

Meet the winners of the annual July 4 essay contest.

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Fast, furious and fined

Police plan series of weekend stings to stop area street racers.

By Roger Bergerson

In early May, some St. Anthony Park residents south of Como Avenue got a wake-up call—literally—that the street-racing season was underway.

In the early hours of Saturday, May 7, dozens and dozens of high-performance cars moved through the neighborhood in caravan style, clogging Raymond Avenue and causing considerable unease among residents.

“About 1:30 a.m., about 50 cars came past my house” north of Energy Park Drive, Adam Granger reported in a subsequent online posting. “It was amazing and surreal. They weren’t speeding, and the nuisance they caused was due to the sheer number of them, not to any single behavior.”

Farther south on Raymond, near Territorial Road, Brad Engelmänn awakened to find the street jammed in front of his home.

“I will admit, this racing stuff has not previously bothered me,” he said. “At times there were openings on Raymond and cars would accelerate around the corner in front of Long Avenue, many making U-turns in crowded traffic.”

What was all this about?

Sgt. Chris Byrne, of St. Paul Police Traffic Enforcement, said it was likely street racers moving en masse to their next race site. His job is to curtail such activity.

Street racers, he explained, are groups of young people, mostly male, who congregate on Friday and Saturday nights at various sites around the metropolitan area. In many cases, they are influenced by the *Fast and Furious* movie series and the *Street Outlaws* show on TV.

For racing, they favor highways or places such as the warehouse district around University Avenue and Vandalia Street that feature long straightaways. (While fleeing police at the University and Vandalia location in 2009, a race spectator slammed her vehicle into one driven by an innocent bystander, killing him.)

Regular police patrol officers are

Street racing to 9



It's time to hit the road

Last month, we asked readers to tell us about their favorite close-to-home summer jaunts. We wanted to hear about things to do in the city, or day trips, or places you can get to in a day's drive. Several of our readers responded, so turn to pages 12 and 13 to find out more. *Photo by Becky Kapell*

Raymond Ave. project (probably) won't start until 280 project ends

By Kristal Leebrick

There is one bright spot in the dark cloud of 2016 summer road work: The Raymond Avenue reconstruction project between Como Avenue and Energy Park Drive probably won't begin until the Highway 280 reconstruction project ends.

That is, if the 280 project ends in early August as currently planned. The lengthy review process for the Raymond Avenue project came to an end in May and the City of St. Paul will open bids July 6. Work could begin in August, project engineer Barb Mundahl said, or after the Minnesota State Fair ends on Sept. 5.

“Since we stipulate that the construction must cease during the State Fair, it will be up to the contractor whether they will start something in August or wait until after the fair,” she said. “The upside is that the work on 280 should be done by the time we start.”

The completion date for the Raymond Avenue project is June 30, 2017. The project will be in two stages, Mundahl said, with work being suspended over the winter. The road will be open during that time.

Through mid-July, Highway 280 traffic will continue to be restricted to a single lane in each direction between Broadway Street and Como Avenue. The highway is closed north of Broadway. There will be two weekend full-road closures to resurface the highway between Como and Broadway. Those closures are tentatively planned for late July or early August, one weekend for each direction. You can sign up for email updates on the 280 project at www.dot.state.mn.us/metro/projects/hwy280/.

C I T Y F I L E S

Como Park

The District 10 Como Community Council meets at 7 p.m. on the third Tuesday of each month at the Historic Streetcar Station, 1224 N. Lexington Parkway. Contact 651-644-3889 or www.district10comopark.org.

Ice Cream Social is July 15

District 10's annual Ice Cream Social will take place Friday, July 15, from 5 to 8 p.m. at the Historic Streetcar Station at the corner of Lexington Parkway and Horton Avenue. It will be a night of free ice cream, plenty of lawn games, live music and hanging out with the best neighbors in the city. The entire neighborhood is invited.

The Ice Cream Social is part of ComoFest, which brings fun every weekend in July to different parts of the Como neighborhood (see story on page 3).

Parking is limited, especially because of road construction, so please consider walking, biking, car pooling or taking public transit.

restaurant's contract with the city. Committee members will develop surveys and other ways of assessing quality, customer service, community access and other measurements.

Richard Herriges and Jenny Larson were appointed as District 10's representatives on the Como Regional Park Advisory Committee.

This committee keeps track of traffic, parking and other projects in the park and makes recommendations to the city's Parks Commission.

District 10's representatives will be the point people who (1) keep the neighborhood informed on park plans, (2) explain how those plans could impact those of us who live here and (3) convey our advice to Parks leadership.

Residents elect board members

Community members elected two new members to the District 10 board in May. Residents elected Tim Post to fill the board's vacant secretary position and Mike Ireland to fill a

click the newsletter icon in the right column.

Falcon Heights

The Falcon Heights City Council meets the second and fourth Wednesdays of each month at 7 p.m. in Falcon Heights City Hall, 2077 W. Larpentour Ave. Contact 651-792-7600 or www.falcon-heights.org.

Annual Neal Kwong citizenship award goes to local boy

The Falcon Heights City Council awarded local resident Austin Johnson the 2016 Neal Kwong Youth Citizenship Award. The award was established in 2000 in memory of Neal Kwong who was a Falcon Heights youth leader and Eagle Scout who exemplified voluntarism and citizenship.

Johnson is an Eagle Scout and has volunteered in various activities, including with his church's fall festival, serving as a teacher's aid and tutor at his school, helping his fellow Eagle Scouts with their projects, and

Thursday of each month through October. If you have garden surplus to sell, there is no charge to be a vendor.

Please contact Susie at lauderdalefarmersmarket@gmail.com or call 651-329-8401 for an application. The market is looking for musicians to share their talents for an hour or so at each market.

St. Anthony Park

The District 12 Community Council meets on the second Thursday of each month at 7 p.m. at Jennings Community Learning Center, 2455 University Ave. To find when council committees meet, go to www.sapcc.org or call 651-649-5992. The council offices are located at 2395 University Ave., Suite 300 E.

Solar charging station, public art part of Hampden Park renovations

Tiny Hampden Park at the corner of Hampden and Raymond avenues in south St. Anthony Park will be the first St. Paul city park to have a solar-powered charging station for park users to charge their phones or other small electronics.

The Soofa Core station is one of a number of amenities coming to the park this summer as the city of St. Paul makes \$200,000 in improvements.

The project also includes a poured-concrete plaza and ADA-compliant picnic table on the east end of the park, a bike repair station called Fixit (the park is part of the Grand Rounds bikeway), public art by sculptor Zoran Mojsilov (who made the sculpture in the front of Surly Brewing Co. in Prospect Park) and pollinator-friendly, neonic-free plants.

District 12 community organizer Cailin Rogers said the D12 Environment Committee has done "amazing work" in shaping the renovations. "This has really been a long time coming," she said. The money for the project, which came through the city's Capital Improvement Budget was applied for 10 years ago.—Kristal Leebrick

Tennis courts may be resurfaced at Joy of the People soccer program

Joy of the People (JOTP), the nonprofit youth program located at South St. Anthony Rec Center, received a \$48,000 grant from U.S. Bank and the Minnesota Vikings to cover half the cost of resurfacing the center's tennis courts with a new turf that would accommodate soccer play and tennis. If the project goes through, the two courts at 890 Cromwell Ave. would be the first in the Twin Cities to use TigerTurf, an artificial spongy turf used in Europe.

The St. Anthony Park Community Council (SAPCC) is conducting a survey in collaboration with the City of St. Paul Parks and Rec Department to help assess what the community thinks of the tennis court reconstruction. That survey can be found at www.sapcc.org/tennis-courts-reconstruction-survey/.

SAPCC will give the results of the survey to JOTP and Parks and

Rec. The city will ultimately decide whether or not to approve the project.

JOTP's contract with the city requires that the tennis courts be open for public use at posted times. The program rents the rec center from the city.

JOTP is hoping to form a committee in conjunction with District 12 to improve communication and collaboration between the center and residents. Alex Manning, JOTP fundraising and community coordinator, is inviting residents to participate in the committee to brainstorm, discuss and help facilitate future projects and events at the park. The committee will work toward getting more community input about happenings at the center and establishing a consistent and collaborative dialogue between JOTP and the neighborhood, Manning said.

Email alex@joyofthepeople.org if you are interested in joining the committee or have any questions.—Kristal Leebrick

Ecumen senior housing update

The groundbreaking for the 49-unit senior cooperative at the southeast corner of Luther Seminary property is planned for September. The project has had an "extreme amount of interest," according to Dena Meyer, senior director of business development at Ecumen, the Lutheran-affiliated developer of the project. Meyer gave an update on the project to the District 12 Land Use Committee in June.

More than 150 parties have expressed interest in purchasing a unit in the building and 72 parties have put down \$1,000 toward a unit, Meyer said. Ninety-five percent of those who put down money are from the immediate neighborhood, she said.

Unit plans will be revealed in early July. The \$1,000 is refundable or will go toward the purchase of a unit.

Construction on the building should take a year, with a planned opening in September 2017, Meyer said.—Kristal Leebrick

Aeon pursues senior affordable housing on University Avenue

Aeon, a nonprofit development group, hopes to build a 124-unit senior apartment building at the corner of Vandalia Street and University Avenue. If the group's application is approved, groundbreaking is expected to be in October 2017. The proposed development would include 124 units: 99 studios and 25 one-bedroom apartments.

All units will come under the affordable-housing umbrella, which means residents would not be required to pay more than 30 percent of their income. Maximum rents would be \$901 to \$966, according to Blake Hopkins and Bryant Au, who presented information about the development to the District 12 Land Use Committee in May.

Aeon's original proposal for the 1.79-acre site was to build 140 multi-family units.



Motorists stop for pedestrians crossing Lexington Parkway north of the Lakeside Pavilion.

Keeping pedestrians in mind

A dozen District 10 residents, plus a few dogs, put their best feet forward in the neighborhood's first Stop for Me pedestrian-safety event in May. Police ticketed 15 drivers who did not yield to pedestrians crossing the intersection at Lexington Parkway and East Como Lake Drive, where park paths cross north of the Pavilion.

Stop for Me is a citywide educational and enforcement campaign highlighting the state law that requires drivers to stop for pedestrians in a crosswalk—marked or unmarked—every corner, every turn, every time.

D10 Board appoints three new community representatives

The District 10 Board has appointed three community members to represent the neighborhood on two committees dealing with Como Park issues:

Maggie Zimmerman was appointed to the Como Docks Community Input Committee. This group is evaluating Como Docks' performance as part of the

vacant seat representing Sub-District 3. The terms will expire in April 2017.

Pick up a recycling bin any Sunday

The Historic Streetcar Station is open from noon to 4 p.m. every Sunday between now and the end of September. A District 10 board member will be on hand to distribute recycling bins, organics composting bags or to take your comments and suggestions. The Streetcar Station is at the northeast corner of Lexington and Horton.

Get D10 news every week

Didn't know about the Soundset festival or other events going on at the Minnesota State Fairgrounds? Need to keep track of music and other activities at the Como Lake Pavilion? Surprised by closed bridges or other road construction?

Then you probably haven't been reading District 10's free weekly email newsletter. It's the best way to keep up with neighborhood events.

The newsletter is sent to your inbox every Friday. To sign up, go to www.district10comopark.org, then

completing his own Eagle Scout project by creating an outdoor fire pit at his church.

Lauderdale

The Lauderdale City Council meets on the second and fourth Tuesday of each month at 7:30 p.m. in Lauderdale City Hall, 1891 Walnut St. Contact www.ci.lauderdale.mn.us or 651-792-7650.

Day in the Park will be held with the July 21 Farmers Market

Lauderdale's Day in the Park will be held in conjunction with the July Farmers Market on Thursday, July 21, from 4 to 7 p.m., at Community Park, 1885 Fulham St. The merger of the two events will bring more opportunities for fun and socializing. Many of the usual Day in the Park events are being planned, including a water slide, bouncy house, games, music, puppet wagon and more. You can sign up to be a volunteer online at <http://vols.pt/TYQ1YU>.

The Lauderdale Farmers Market will continue on the third

Summer Winter Summer Blowout

Five bands, an art show, food trucks, beer, coffee and more are part of lineup for August music and art event at Vandalia Tower.

By Kristal Leebrick

If you haven't visited Vandalia Tower, the former-mattress-factory-turned-creativity-hub at 550 Vandalia St., put Saturday, Aug. 6, on your calendar. Summer Winter Studios and several other tenants at the complex are throwing a party in the plaza next to Lake Monster Brewing.

The Summer Winter Summer Blowout will feature five local bands, food trucks, beer from Lake Monster Brewing, a cold-press coffee station from Bootstrap Coffee Roasters and an art show featuring Vandalia Tower artists in the Paikka event space next to Lake Monster.

Some details haven't been finalized, but Levi Stugelmeyer, Summer Winter Studios owner, says the gates will open at 3 p.m. with music from 4 to 10 p.m. Tickets are \$8 in advance and \$10 at the door. Children 12 and under are free. You can purchase tickets at www.eventbrite.com/e/summer-winter-summer-blowout-tickets-25979934684.

The musical lineup includes Gramma's Boyfriend, Sam Cassidy, Verskotzi, Matt Latterell and Wingman.

Gramma's Boyfriend calls itself a psychedelic dance punk band, and it features frontwoman Haley Bonar, Jeremy Ylvisaker (Cloak Ox, Andrew Bird), Mark Erickson (Cloak Ox), Luke Anderson (Rogue Valley) and Jacob Hanson (Actual Wolf, Haley Bonar, All Tomorrow's Petty). The band's Facebook page says, "think Blondie, Devo and Suburban Lawns meet Dead Kennedys."

Sam Cassidy was named one of First Avenue's Best New Bands of 2014. His work is described as a "unique brand of hard-luck, blue-collar rock" with "a true ear for timeless melodies."

Verskotzi is Joey Verskotzi, named City Pages' Best Songwriter in 2016.

Matt Latterell is another singer-songwriter whose 10 tracks on his



Levi Stugelmeyer at Summer Winter Studios in the Vandalia Tower, 550 Vandalia St. Photo by Kristal Leebrick

Summer Winter to 6

A whole month of fun in July

Como Fest is offering a little something every weekend in July.

The Como Park neighborhood will celebrate its seventh annual Como Fest each weekend in July with a variety of events, including a movie night, art fair, ice cream social, a 5K walk and run, outdoor games, camping under the stars and a music festival.

The month will kick off July 8 with a movie night at North Dale Community Center, 1414 N. St. Albans St. Bring a blanket and bug spray and see the movie *Pan*. Call 651-558-2329 for more information.

Como Fest Art Fair will be held Saturday, July 9, 10 a.m.-2 p.m., at the Promenade of the Como Lakeside Pavilion. Tables are \$30. Artist registration closes on Friday, June 24, at 5 p.m. To register go to www.district10comopark.org/form.html. Questions? Call AndreaLynn Johnson at 651-283-9165.

District 10's annual Ice Cream Social will be held Friday, July 15, 5-8 p.m., at the Como Park Streetcar Station, 1224 N. Lexington Parkway. The free event will include ice cream, lawn games and live music. Call 651-644-3889 with questions.

The Como Park Falcon Heights Living at Home Block Nurse program is sponsoring the ComoFest 5K Walk/Run for Everyone Sunday, July 17, at Lake Como, 8:30-11 a.m. Registration fee is \$25 and registration closes on Sunday, July 10. You can register at runsignup.com/Race/MN/SaintPaul/ComoFestRunandWalk. Race day T-shirt and packet pickup will begin at 7:30 a.m.

Lyngblomsten will host its Mid-Summer Festival: A Celebration of Arts & Lifelong Learning on Friday,




July 22, 2-8 p.m. on the Lyngblomsten campus at 1415 Almond Ave. This family-friendly arts festival will include art activities, music, food and games, 2-6:30 p.m. Live music and a community dance will be held at 6:30-8 p.m. Find out more at lyngblomsten.org/festival.

A community-appreciation picnic hosted by Topline Federal Credit Union will be held Saturday, July 23, 11 a.m.-1 p.m. at 976 Lexington Parkway. Questions? Call Diane Monson at 763-391-0824.

A family campout will be held at Northwest Como Recreation Center, 1550 N. Hamline Ave., on Friday, July 29. Festivities will begin at 6 p.m. and include a jump castle, climbing tower, an outdoor showing of the movie *Zootopia*, concessions and more. To reserve your camping spot, call 651-298-5813.

Como Fest will conclude with the ComoFest Music Festival Saturday, July 30, and Sunday, July 31, at the Underground Music Café, 1579 N. Hamline Ave. The café's

indoor stage and parking lot will host live music, presentations, a local talent show, beer, crafts and more. The festival will be held 11 a.m.-11 p.m. Saturday and 11 a.m.-2 p.m. Sunday. Email Dan Ratte at undergroundcafecommander@gmail.com for more information.




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The Park Bugle is a nonprofit community newspaper serving St. Anthony Park, Lauderdale, Falcon Heights and Como Park. The Bugle reports and analyzes community news and promotes the exchange of ideas and opinions in these communities. The Bugle strives to promote freedom of expression, enhance the quality of life in the readership communities and encourage community participation.

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Currently serving on the board are Grant Abbott, Ted Blank, Emily Blodgett, Betsy Currie, Deborah Cushman, Elizabeth Danielson, Michael Griffin, John Landree, Gabrielle Lawrence, Bob Milligan, P.J. Pofahl, Amy Schoch, Glen Skovholt, Matt Vierling and Kathy Wellington.



EDITORIAL

And the winners are . . .

We had more than 30 readers participate in our photo scavenger hunt in last month's Bugle, and all but six of those who brought their entries to the Bugle's booth at the St. Anthony Park Arts Festival on June 4 correctly labeled all the photos and matched them to each business's advertisement in the June Bugle.

And thanks to everyone who pointed out that photo No. 5, a detail of a neon "open" sign at the Little Wine Shoppe, was a tricky one. Turns out, the "open" sign at Healing Elements, the new wellness center on Como

Avenue, has a neon sign quite similar to the one at the wine shop. Similar but not exact. One sharp reader pointed out that the letters have slightly different spacing.

Thank you all for participating. We had to draw the two winning entries since we had so many that were qualified to win.

The winners are Mia Stone of St. Anthony Park and Jill Pettiford of Como Park. They each won \$50.

COMMENTARY

Welcome to the Bugle editorial pages, the place where we exchange ideas and opinions. The views reflected in the commentaries and letters printed here each month are the opinions of the individual writers, not the Bugle staff or board of directors. We encourage community participation on this page, but we do retain the right to edit letters and commentaries for clarity and brevity. Letters should be kept to 400 words or fewer and commentaries should be 800 words or fewer. Send your commentaries or letters to editor@parkbugle.org

Why we need to end the stigma around mental illness: a letter to those struggling

By Claire Horton

I am 19 years old and I have had anxiety for as long as I can remember. I've only just started to treat it in the past couple years.

Why? Because I was afraid and ashamed that somehow it was my fault. The culture around mental illness for a long time has been to deal with it yourself. No one wants to tell the world that they worry incessantly about the one in a billion events or spend all night replaying interactions and conversations that they had wondering "what if?" The stigma makes it incredibly hard for someone to stand up and say that they need help.

Thankfully, there is more acceptance and awareness now. There are all kinds of resources available, a big one being National Alliance on Mental Illness (NAMI).

Mental illness is a broad term, there are myriad things that fall into this category: Depression, anxiety, obsessive compulsive disorder, schizophrenia and bipolar disorder are just some illnesses. There are medications that can help manage

symptoms and rebalance brain chemistry. Therapy is another big tool to help manage a mental illness. The thing is, everyone is unique, which means that it can take a while to find the right combination of medicine and therapy to help someone.

Having lived through this, I can say that it sucks. You feel like nothing is happening and you want to try something else. The four to six weeks that it can take to have a true effect can feel like four to six years. There is no pause button for your life while you are waiting to feel better. Hopefully you have people to lean on to remind you, "It takes four to six weeks for the medication to take effect. Hang in there."

Writing this, I am thankful to those who kept me alive and reminded me that there is a light at the end of the tunnel that doesn't have to end with me ending. This stigma makes it excruciating to have a mental illness and want to reach out for help but feel like you could be judged, unloved or even unworthy. Some may judge you, but remember that you are loved and are worthy.

No one can take those from you. You are the only one who can.

I know that it is hard to be open and vulnerable to others, so start small. Choose one person whom you love and who loves you. You can write to them what you are feeling; you can talk to them in person or over the phone. Find what makes you comfortable. Talk about boundaries. Be aware that if you say something that involves you hurting yourself or others or if you are being hurt, most people will not and should not keep that to themselves. Be authentic to yourself, try not to judge yourself, and be honest. The whole point is to have someone you can go to when you have a bad day or whatever. If you aren't honest with them or yourself, it doesn't help you.

Find a community in which you are comfortable being you. They exist; trust me. I was lucky to grow up in one. My church, St. Mary's Episcopal, has been a safe harbor for me. Not everyone has a place where they feel safe and loved, and that is a

damn shame. Everyone deserves to be loved and feel safe. Often those who don't try to commit suicide. Or do commit suicide. When that happens it is sad and tragic and even worse is that in most cases it could have been prevented. This is why we need to end this stigma around mental illness.

If you feel lost, unloved, lonely or unworthy, whatever has you thinking that your life is not worth living, get help and reach out to a friend, teacher, family member or trusted adult because life is precious and you only get one of them.

There is a term, "agape," which is God's unconditional love for you. I believe that God has unconditional love for all, those who believe in him, those who don't, those who don't know what they believe, those who are in need of it and those who don't think they need it, all of humankind.

Claire Horton lives in Falcon Heights.

We're tooting our horn (again)

The Park Bugle received two Page One Awards from the Minnesota Society of Professional Journalists (MN SPJ) at its June 15 awards banquet.

The Bugle received second place for Best Issue for its November 2015 edition, and editor Kristal Leebrick received third place for headline writing.

Awards were given in more than 60 categories for newspaper reporting, online news, photography, television, radio and multimedia. Entries were judged by members of the Colorado chapter of the Society of Professional Journalists.

This is the third time the Bugle has won an award in the Best Issue category. The December 2011 and June 2012 issues both were awarded second place. The Bugle competes in the Newspaper—Less than 50,000 Circulation category, which includes daily papers such as Finance & Commerce and Duluth News Tribune and the biweekly Southwest Journal.





Transition Town – All St. Anthony Park

Ride your bike to the toys

This is the first in a series of occasional columns from Transition Town—All St. Anthony Park, the neighborhood-based group working for a local response to climate change: a smaller carbon footprint and a stronger community. You can find out more about Transition Town at www.TransitionASAP.org

By Pat Thompson

As an avid recycler, I was disappointed to learn you can't recycle paper towel and toilet paper tubes. They can be composted (that's my method now), but because the paper has already been reused multiple times, the fibers are too short to turn into paper again.

The people who started YOXO, a south St. Anthony Park company, have invented a fun way to keep that pile of tubes out of the waste stream: make them into toys.

YOXO makes colorful connectors that clasp the edges of all those unneeded tubes (cereal boxes, too!) to let kids and grownups build robots, castles or whatever you can imagine.

The connectors come in Y, X and O shapes and can be used with other building toy sets, such as LEGO. YOXO has won multiple awards for its creativity and

playability.

"YOXO's mission is to keep kids creating," says founder Jeff Freehand Nelson. All while being as sustainable as possible: the company uses post-consumer recycled wood pulp from Midwestern sources, minimal packaging and runs a Windsource-powered factory.

One cool manufacturing detail: The connectors are cut by water jets moving at the speed of sound. No need for cutting dies, which wear out and need to be replaced.

You can see how YOXO does all this on Saturday, July 16, by joining Transition Town—All St. Anthony Park on a short bike ride to YOXO for a tour, hosted by our Zero Waste and Transportation action groups.

We'll start the ride at 1 p.m. at Raymond and Como avenues. First, we'll stop at the St. Anthony Park Community Gardens on Robbins Street near Raymond Avenue at about 1:15 p.m. to meet up with anyone from south St. Anthony Park who wants to join in. You can meet us at either spot along the path, or come to YOXO at about 1:30 p.m.

The bike ride and tour will be great for people of all ages. Nelson at YOXO tells me we'll get to play with the toys, too, so I hope there are

some children along for the ride.

YOXO is located at 1045 Westgate Drive, Suite 50, right next to the University of Minnesota Transitway bike path. It's part of the up-and-coming Innovation District that straddles the St. Paul-Minneapolis line, which includes other area businesses like Dero (maker of bike racks), the Minnesota Lions Eye Bank and Surly Brewing.

The return bike trip, along the same route, will begin by 3 p.m.

RSVPs are welcome but not required. You can email us at transportation@TransitionASAP.org, but not required. We'd love to see you there for an inside look at this interesting local business.

Pat Thompson is a leader in the transportation action group for Transition Town—All St. Anthony Park.

Bike ride to tour YOXO

Saturday, July 16

Meet at 1 p.m. at Raymond and Como avenues or meet at 1:15 p.m. at St. Anthony Park Community Gardens or meet at 1:30 p.m. at YOXO, 1045 Westgate Drive, Suite 50

Block nurse founders named Spirit of the Park recipients

By Kristal Leebrick

It all started with an article in the Bugle and a meeting in Jo Anne Rohricht's St. Anthony Park home.

Thirty-five years later, the St. Anthony Park Block Nurse Program (now St. Anthony Park Area Seniors) has been replicated throughout the state with 43 similar programs in Minnesota, 16 of which are in St. Paul.

The founders of the original block nurse program—the late Ann Copeland, Ida Martinson, Jo Anne Rohricht and Ann Wynia—will be honored with the Saint Anthony Park Community Foundation's Spirit of the Park Award on Monday, July 4, at the Fourth in the Park opening ceremonies at noon in Langford Park following the parade down Como Avenue. Martinson, Rohricht, Wynia and Copeland's husband, Harland, will be at the ceremonies to accept the award.

"The inscription on the award speaks to the lasting contribution these four women have made to our community and many others," said Jon Schumacher, executive director of the foundation: *In honor of your foresight, innovation, commitment and thoughtful concern for our older adults and the quality of their lives. For your dedication to finding a way for*

neighbors to age in place gracefully and safely in their home communities. And for your belief that the human resources within a community could create and implement the type of programming needed to accomplish those goals.

In December 1981, Rohricht wrote in the Bugle about Dr. Ida Martinson—a professor of nursing, a St. Anthony Park resident and a member of the National Institute on Aging, who was heading to the White House Conference on Aging. Martinson was noted nationally for her work in home care for dying children and had been asked to serve on the National Institute on Aging's advisory board.

"They thought the concepts of hospice and in-home care were appropriate to the health care of elderly persons," Martinson told Rohricht.

In 1981, U.S. healthcare for older people emphasized hospitalization and physician services, "whereas the actual needs of elderly are usually best served by supportive home care and on-call nursing services," Martinson said in the Bugle article.

And then, Rohricht quoted Martinson's defining words: "We should have neighborhood nurses in a community like St. Anthony Park. Three nurses would be about right.

They would be available to make house calls as needed and to advise and instruct family members who care for an older person at home."

"When the article came out, Ida got a call from Jane Pressberg, who became our first nurse, saying, 'I agree with your thoughts on this. If something like that ever happens, I'd like to be a part of it,'" said Rohricht, who was serving on the District 12 Human Services Committee at the time. "When Ida told me that, I thought, 'This has potential.'"

Rohricht hosted the organizational meeting at her St. Anthony Park home that included Martinson, District 12 community organizer Ann Copeland and state Rep. Ann Wynia. "We identified what we felt we would want—nurses, home health aides and volunteers—and we would need a board of directors," Rohricht said.

"We spent many hours at Jo Anne Rohricht's home talking through the needs and the particulars of how to meet them and how to pay for them," Wynia said. "Ann Copeland had tremendous experience from her work with (the University of Minnesota) Extension and as a community organizer and volunteer. Ann knew how to get

Spirit of the Park to 14



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USPS aims to open Como Ave. post office in late September

The U.S. Postal Service is planning to award a contract in late June or early July to begin construction at its new site at 2309 Como Ave., according to USPS spokesperson Pete Nowacki, “provided bids come in within our budget.”

Construction usually takes about 90 days, he said, and the postal service is looking at a late September opening.

The Como Station post office had been at 2286 Como Ave. since 1970. It closed in November 2015, after the building was purchased by Frattallone’s Ace Hardware, which opened this spring.

The storefront at 2309 Como was once home to Miller Pharmacy, an antique store and most recently the eye-wear and eye-care store, Eyedeals.

Hausman receives national housing award

State Rep. Alice Hausman, District 66A, has been named the recipient of the Mary K. Nenno Legislative Advocacy Award by the National Association of Housing and Redevelopment Officials (NAHRO). This national award recognizes outstanding and innovative achievement in legislative advocacy. Hausman led the 2014 effort for historic investments to address the affordable housing needs of families, veterans, seniors and low-income Minnesotans. She continues to promote and support affordable, accessible housing for all Minnesotans.

Hausman will accept the award in July at the NAHRO national conference in Portland, Ore.

The award’s namesake, Mary Kathryn Nenno, worked at NAHRO from 1960 to 1991, serving first as assistant director for housing, then as director of program policy and research, then as associate director for policy development.

Summer Winter from 3

2015 album *Phase & Field* was described in City Pages as “emotionally wrought, impeccably structured songs, with each number fueled by his plaintive vocals and Americana-laden arrangements.”

Wingman is Minneapolis alternative rock band Con Davison and Dan Stewart, who met while playing as the rhythm section in another Minneapolis band, Ancient Mariner.

Summer Winter Studios

produces, engineers and mixes records for artists and bands. The studio has worked with the Cactus Blossoms and produced the House of Mercy Recordings’ recent album *Devil Music*, which features Bugle-area musicians Miss Becky Kapell and Dan “Daddy Squeeze” Newton.

Stugelmeyer—a drummer who spends half his time in the studio and half drumming for artists around town or touring with Nashville songwriter Kaitlyn Smith—moved his recording studio out of his Arden Hills home and into Vandalia Tower

two years ago. Summer Winter occupies the former corporate offices of the King Koil Mattress Factory.

Stugelmeyer rents out some of the offices in his second-floor wing to other creative enterprises, including Torey Erin, a multi-disciplinary artist (and sister to Haley Bonar) who is curating the show that will be in the Paikka space during the Blowout.

You can check updates to the day’s schedule and events at www.summerwintersummerblowout.com.

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Election season is underway

Early/absentee voting begins June 24, county has new voting equipment

By Roger Bergerson

November's election may seem a long way off, but as of June 24 it will be possible to cast an early/absentee vote for federal, state and county candidates in the Aug. 9 primary.

To apply to have a ballot mailed to you, go to www.ramseycounty.us/residents/elections-voting. Or you can vote early/absentee in person at the Ramsey County Elections Office, 90 W. Plato Blvd.

You can also register to vote online. Being registered is not required in order to apply for an absentee ballot, but it will speed up

the process if you are.

Absentee/early voting for the Nov. 8 general election will begin Sept. 23.

Beginning Aug. 2, early voters at the Ramsey County Elections Office will use new equipment and software that will be in place countywide on Election Day.

Although it will look no different from the optical-scan systems in place for the last 15 years, Joe Mansky, Ramsey County elections manager, said there are two key differences, both of which relate to the integrity of the system.

"When voters place their ballots

into the ballot counter, the counter will take about five seconds to scan and compile the votes marked on the ballot," Mansky said. "Then the indicator lights will turn green, meaning that the ballot has been counted."

Mansky is confident the new feature will be reassuring to voters.

"It's also a completely non-networked voting system, meaning that it will be extremely secure," he said. "There are no phone lines or wireless connections to permit hackers to potentially disrupt the voting process."

Guidebook tells all about Como Woodland Outdoor Classroom

Have you walked in the Como Woodland Outdoor Classroom in Como Regional Park and wondered about those numbered posts or were curious about the history of the area? The recently completed online publication, *Como Woodland Outdoor Classroom Guidebook*, can answer your questions.

The guidebook describes the Woodland's eight native plant communities and its historical features, including the Joyce Kilmer Memorial Fireplace, Joyce Kilmer Cascades, streetcar bridge and propagation gardens. Information

about these natural and historical features is connected to 27 numbered posts along the newly paved and gravel trails.

Did you know that while American Indians certainly traveled through this area, the first owner (as indicated on a map) was Lewis W. Bryson? He bought the land in 1849 from John Lumley, a young soldier who received it in return for fighting in the U.S.-Mexican War. Do you know what defines a "savannah" vs. a "woodland" vs. a "forest"? Among other things, it is the number of trees per acre. You can learn a lot more

from the *Como Woodland Outdoor Classroom Guidebook* at www.stpaul.gov/departments/parks-recreation/natural-resources/environmental-education/como-woodland-outdoor.

Funding from the Minnesota Historical Society paid for the historical research, development of the interpretive post content and publishing of the online guidebook.

For more information, contact Teri Heyer, Como Woodland Outdoor Classroom Advisory Committee chair at Teri.heyer@gmail.com.

CEZ's 'We Make It Here' project spotlights the area's creators

During the first four months of 2016, the Creative Enterprise Zone: We Make It Here project has celebrated and promoted creative businesses throughout the Creative Enterprise Zone (CEZ), St. Paul's center of creativity and enterprise. We Make It Here is building connections between creative businesses and increasing their visibility throughout the CEZ and the Twin Cities.

This summer and fall, the project will highlight businesses such as Studio on Fire on Carleton Street, complete with letterpress printing by a steamroller, and the highly anticipated Can Can Wonderland, an indoor artist-designed mini golf course set to open on Prior Avenue.

Funded by the Central Corridor Funders Collaborative, We Make It Here has showcased the talents of several businesses this year through feature articles, public art projects on the street coordinated by Forecast Public Art, and community happy hours to present and celebrate their work and get to know other creative entrepreneurs from the neighborhood.

Businesses that have been featured are the Midway

Commercial Building's textile businesses and artisans at 2500 W. University Ave. (Collective Spaces, Tulip Design, Scoundrel's Keep, Gina Sekelsky Studio and KMK Designs), Alchemy Architects at 856 Raymond Ave. and the Mid-Continent Oceanographic Institute at 2388 W. University Ave. People from all around the community have come to happy hour events to learn about their work and make creative connections.

Upcoming We Make It Here happy hours, held from 6-8 p.m., include:

Thursday, June 30—Smallest Museum in St. Paul, hosted by WORKHORSE Coffee Bar, 2399 W. University Ave.: a celebration of the first anniversary of SMSP: a vintage fire-hose cabinet converted into a 2-by-3-foot micro-museum. The celebration will feature photographs by Angela Dimler of all 12 Smallest Museum exhibits.

Friday, July 29—Studio on Fire, 825 Carleton St.: A letterpress printer focused on making premium print work. The event will be an afternoon block party featuring letterpress printing using a steamroller! Watch a video at

vimeo.com/106604769.

Thursday, Aug. 25—IFP Minnesota, 550 Vandalia St., #120: Independent Filmmaker Project MN advances a diverse community of independent film and media artists through networking, education, funding and opportunities to showcase their work.

Artist Coal Dorius will create bold, visual artworks to convey the mission of IFP and the Improve Group for their respective events.

Thursday, Sept. 22—Improve Group, 700 Raymond Ave., #140: A group that helps mission-driven organizations make the most of information, navigate complexity, and ensure their investments of time and money lead to meaningful, sustained impact.

October (date to be determined)—Can Can Wonderland, 755 N. Prior Ave.: Indoor artist-designed mini golf, Coney Island-style boardwalk of amusements, black box theater, and concessions. Artist Wes Winship will create outdoor artworks on the street to draw people into the golf course.

You can find out more at creativeenterprisezone.org.

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History:  **One darn thing after another**
 Roger Bergerson chronicles our remarkable past

St. Paul balked at Armour plans

By Roger Bergerson

When a meat-packing plant was proposed on St. Paul's doorstep a century ago, the citizenry put up a stink. If that hadn't happened, one can only imagine how different this area might be today.

The year was 1909, and the controversy over a planned Armour & Co. plant "at New Brighton" reached the boiling point, with St. Paul civic leaders wanting no part of being downwind from such an odiferous enterprise.

"The day has gone by when any man or aggregation of men, no matter how rich or how powerful, can disregard the rights of 200,000 people," declared Mayor Daniel Lawler. He led a delegation that delivered a 26,000-signature petition against the project to the state Capitol.

And Lawler implied that the community's businessmen and allied newspapers were enthusiastic Armour backers and ought to wise up.

"It will ruin the residence section of East Minneapolis, just as the Swift plant at South St. Paul has ruined Dayton's Bluff, five miles distant," he predicted.

Besides, the mayor pointed out, the Armour plant really wasn't going to be at New Brighton. The site under consideration was, in fact, considerably closer to St. Paul, only a few miles from the University of Minnesota's agricultural college, the State Fairgrounds, "our beautiful Como Park" and "the best residence section of St. Anthony Park."

New Brighton had been home to the Minneapolis Stockyards Co. in the 1890s, but by the time J. Ogden Armour, the company's chief executive, made an inspection tour in 1906, the yards were underutilized and several small packing plants

shuttered.

"Armour Plant Means Greater Minneapolis," exulted the Minneapolis Journal, noting that Armour had taken an option to buy 800 acres and pledged a \$5 million investment in the new plant.

Upton Sinclair had recently published *The Jungle*, his exposé of the meat-packing industry, but the newspaper was undismayed, distancing the proposed facility from the "stigma of Chicago."

'Far above criticism'

The paper assured its readers that "... at a time when packers have been subjected to severe criticism and closest scrutiny with regard to cleanliness and hygienic arrangements, it goes without saying that every known device for making its food products far above criticism will be employed."

On the other side of the river, opposition to the plant proposal included many prominent St. Paul citizens, politicians and officials, the only woman among them being Mrs. F.H. "Nettie" Snyder, well-known for bringing Grand Opera greats like Enrico Caruso to town.

"It's an outrage to even propose to put a packing plant so close to the city," she said. "I know from frequent visits made to Chicago that these vile odors are far-reaching. In the summer especially, when people want to enjoy life in the country, the odors would make the Midway district intolerable."

As it happened, Snyder had a personal interest in the matter, because she and her husband had recently built a lavish summer home on the southwest corner of Snelling and Larpenteur avenues.

The St. Paul newspapers joined the fray, with headlines such as "Will Not Let Stench Make City Victim."

The St. Paul Pioneer Press: "It is contended that the sewage will be unobjectionable. If this is true, [the proponents] will not object to emptying it into the river above Minneapolis, instead of below Minneapolis as is now proposed."

Several bills were introduced in the 1909 legislative session to block the plant, but none passed.

A prominent farmer near Thief River Falls protested to his local newspaper that the controversy was not merely a dispute between the two cities, because rural interests had a stake in the outcome, as well.

Fear of market dilution

"What the stock raisers want is a concentration of the industry at one point, a good competitive market," he said, implying that the Armour plant belonged in South St. Paul.

In the end, that's what happened. Armour had had buyers in the South St. Paul stockyards since 1897, purchasing cattle, hogs and sheep to be shipped to Chicago for processing. With the start of World War I in 1914, the federal government began to offer subsidies to ramp up food production in order to feed the troops if the country was drawn into the war.

Such subsidies, along with the offer of free land and financing, finally convinced Armour to build in South St. Paul. The plant opened in 1919 and operated for the next 60 years.

Back "near New Brighton," Armour & Co. sold some acreage on St. Anthony Boulevard to the City of Minneapolis, and Armour Golf Course opened in 1925. The course kept that name until it became Francis Gross Golf Course in 1948. (And across the street, Armour developed Sunset Memorial Park cemetery.



The Pioneer Press's mascot, "St. Paul," often was used to comment on the news events of the day, in this case on Feb. 18, 1909.

At the formal dedication ceremony in 1928, the state attorney general spoke—as did the mayor of Minneapolis—and music was provided by the chorus from Westminster Presbyterian Church in Minneapolis.

And all those harsh words of 20 years earlier were forgotten.

Yesterday's news

Roger Bergerson shares headlines he's collected from old newspapers over the years simply because "they're funny, bizarre, brutal, etc."

"Girl with Voice Like Man to Be Featured in WCCO program"

"Clam Chowder Makes Him Somnambulist"

"Exploding Boiler Ends Flight on Woman's Bed"

Correction

In last issue's Bugle history article, "First Midway Stadium was a field of dreams that never came true," the year given for the opening of the second Midway Stadium was incorrect. It should have been 1982.

Street racing from 1

busy and don't have time to do much more than disperse the racers they encounter. But Byrne heads up a traffic unit that has more resources to bring to bear on the problem.

On the evening of May 21, in the first of a series of sting operations that will continue in the months ahead, police converged on the Uni-Dale Mall at University Avenue and Dale Street, where Byrne estimated that 200 to 250 cars, trucks and motorcycles had gathered.

After being dispersed, many of the drivers entered nearby I-94, with some cars subsequently exceeding 100 mph and motorcycles reaching 150 mph.

St. Paul police were assisted by state troopers and a highway patrol helicopter. By the time the operation concluded, the two agencies had written 50 citations, made three

DWI arrests and towed nine vehicles. A planned sting two weeks later was canceled due to heavy rains.

"It's one thing to endanger your own life, but some of these people were impaired and carrying four or five passengers in their vehicles," said Byrne. "At those speeds and with vehicles so close together, all it would take would be one error to cause a tragedy."

Byrne thinks the crackdown will be effective over time.

"We're getting a better idea of how these people operate and will refine our approach," he said. "They're not accustomed to seeing a large response and I think that will become a deterrent."

Byrne said additional law enforcement agencies might join the effort, including the Ramsey County Sheriff's Office and Minneapolis

police.

"Another hot spot is in the Hwy. 280/Broadway area, so if Minneapolis was involved, we could cross the city line as necessary," he said.

Members of Byrne's staff monitor social media for indications of the racers' plans, although in many cases they appear to be coordinating their activities via smart phones.

What can members of the public do? If you see a gathering report it to 651-291-1111. If you're caught in the middle of a race and feel endangered, call 911.

If it's any comfort, Byrne said most racers aren't malicious, however reckless they may be.

Roger Bergerson writes about history and community news regularly in the Park Bugle.

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The Birdman of Lauderdale by Clay Christensen

The robin's morning and evening serenades won't last all summer

Listen while you can, they usually end mid-July after breeding season.

We're all familiar with the cheery song of the American robin. For many of us, it's one of the first signs of spring. Donald Kroodsma, in his excellent book, *The Singing Life of Birds: The Art and Science of Listening to Birdsong*, describes the robin's song as clear caroling with a variable "cheerily cheer-up cheerio."

But it's not always such merry themes.

As I headed down the alley early one morning, taking Chance on his morning constitutional, our neighbor George approached me across his back yard.

"Why are those robins complaining at me? Every morning they're out here squawking at me. They're really noisy!"

The robins were doing their "piik, piik, piik."

"Well," I said, "maybe there's a cat nearby. Maybe they're scolding the cat."

We looked around. No cat.

I couldn't come up with any other explanation on the spur of the moment and George went back to his house, grumbling.

Each morning after that, I paid attention to what the robins were doing around George's yard, and I found that they were scolding without George present. Were Chance and I setting them off? No, they were squawking well before we got near them.

I wondered if this was a territorial dispute between birds that didn't involve George, Chance or me at all. Robins do have small breeding territories that they tend to defend fiercely.

It's possible that the alley, with its power lines on which the robins like to sit, is a border between two territories and the robins are in a

squawk-fest, each trying to persuade the other to "get outa town."

In fact, as the week went on, the rivalry ended. There was no more piik-ing at each other. One of them must have backed down and found another territory.

Robins seem to have quite a lot of calls they use for complaint and protestation. Kroodsma describes several of them. There's the low, mellow "tut...tut...tut," the endless "qui-qui-qui" that rises then falls, as well as the sharp, explosive "piik... piik... piik" that George and I heard that morning.

My birding buddy Val had an interesting encounter with a complaining robin. Val maintains a bluebird trail on a local municipal golf course. That involves checking each box regularly to see how nesting is proceeding.

As she approached one of the nest boxes, she noticed a robin in a nearby shrub, right at eye level, giving her a terrific scolding. As she lifted a screwdriver to open the door of the box, a chickadee flew out of the hole!

She wondered if the robin was warning the chickadee and if the chickadee understood the robin's alarm call. Many birds and animals seem to understand the alarm calls of other species. It makes sense and keeps everyone safer.

The robin's hawk alarm is "seeee." If you hear one or more robins doing that, scan the area for a hawk, most likely a Cooper's hawk. That's one that could take a robin.

But back to the robin's singing. A few years ago, early in the spring, we were birding at Long Lake Regional Park in New Brighton. There was a robin sitting in a small tree in the parking lot. It would sing a bit and then seem to be quiet for a

short time.

Our friend Julian told us to listen for the "whisper song" that followed the main song. As we came a little bit closer to the bird, we heard it sing a brief passage and then repeat its song much more quietly, as though it was whispering. This seems to be a spring phenomenon; perhaps the bird is practicing to itself.

All summer long, if you listen to robins singing, you'll often hear a brief, high-pitched, quiet note or two after a bold, main phrase. Kroodsma calls these whispered notes the "hisselly" pattern. I don't quite hear it. I just call them gloss notes.

Robins seem to be the first birds awake and singing in the morning and the ones who get the last word in at the end of the day. A.C. Bent, who wrote life histories of most of the species of North American birds, writes in his volume on thrushes, kinglets and their allies (the American robin is a thrush) that we can expect these morning and evening serenades to end about the middle of July. So listen while you can.

William Brewster did a study on summer robin roosts in 1890. Bent reports that Brewster was "impressed by the element of drama in the great wave of robins' song which sweeps overhead every morning during the breeding season in the darkness before daylight, and continues on, westward, keeping pace with the sun, but beginning far in advance of its light, as it moves across the continent from the Atlantic to the Pacific."

What a gorgeous picture.

Clay Christensen lives and writes in Lauderdale. His book, The Birdman of Lauderdale, is available at local bird stores, bookstores and BirdmanBook.com.

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Take a book. Leave a book. Remake a book.

Little Free Libraries are font of creativity for University of Minnesota design professor.

By Bill Lindeke

Have you ever walked past a Little Free Library, those house-shaped boxes along sidewalks filled with books? If so, did you look inside?

They're often filled with books, and if you look at enough of them, you'll see some of the same kinds of books start to repeat: romance novels, detective fiction, used children's books, an odd cookbook. The libraries seem to fill with surplus. And most people walk right by.

But Steven McCarthy, a graphic design professor at the University of Minnesota who lives in Falcon Heights, rarely lets a Little Free Library go un-inspected.

For the last year, McCarthy has been working on a project of turning miscellaneous Little Free Library books into works of art.

He calls it the Wee Go Library, and it's his mobile collection of bizarre and whimsical books where pages have been turned upside-down or rearranged, bindings unbound and re-bound, and illustrations displaced and replaced into new and fantastical collages.

The project is housed in a beautiful mobile display case, and poring through its drawers and pages you find a "library" of creativity that seems to reveal the potential of the book itself.

Book arts and found art

The concept of the "readymade" has a long history in art, beginning with French surrealist Marcel Duchamp and his (in)famous urinal titled "Fountain." The idea is simple: any object can be a work of art if it is placed in the right context, framed in the right manner. There is beauty, grace and wonder in the things all around us.

The Wee Go Library is a literary variation on the practice, using books found in Little Free Libraries as a medium for creativity. The end result is a collection of unique art books that all came from the same mundane sources, the tiny libraries you see along the street.

"The project is to go to these people's libraries, leave a book, take a book and make it into a more interesting book than the one that I found," McCarthy said. "The books are all remixed, all altered in some way." And each recreated book is mapped to its source.

As a professor and artist, McCarthy has been creating art books for years. His projects range from digital remixing of media classics, such as Marshall McLuhan's *Medium Is the Massage*, to elaborate books that document electronic media. According to McCarthy, these projects explore what it means to make and read books in the 21st century, at a time when communication is rapidly changing. McCarthy's latest project



Steven McCarthy, graphic design professor at the University of Minnesota. Photo by Lori Hamilton



McCarthy's Wee Go Library is a mobile collection of bizarre and whimsical books that he reconstructed from books he harvested out of Little Free Libraries (after leaving a book to replace the book, of course). Photos courtesy of Steven McCarthy

explores the idea of surplus literature, those books that everyone seems to want to give away.

"In general I found few works of literature," McCarthy explained, describing the books he found in the 22 libraries that were part of the project. "There were lots of how-to books, how to get rich or how to lose weight, recipe books, children's books, some evangelical books, pulp fiction like Danielle Steele or Steven King. I didn't see any I'd actually want to read, and in most cases the book I left behind was better than the book I got."

Paging through them, McCarthy's books can make you laugh out loud. One of them, a graphic novel about teenage vampires, features two red ribbons tied through twin holes punched through the entire book to make ribbons of bookish blood. Another, Booker T. Washington's *Up from Slavery*, simply inverts the pages and the binding, so that you're always reading the book upside-down. Many of the books are full of words and captions that have been cut from one page and added into another, to create mash-ups that reward careful attention.

"I destroyed it, but I remade it," McCarthy said, describing one of his Wee Go books. "My rule with each book is that I could only make it

from the book itself. I didn't cross-pollinate. My rule is take it from an LFL and remix it from within itself through collage, tearing, cutting, rearranging."

Each book contains a little map and description of where McCarthy found it. Some were taken from an elementary school in Minneapolis, others from middle-class and affluent neighborhoods, where the Little Free Libraries are typically found in front of people's homes. One of the books even came from the original Little Free Library in Hudson, Wis., where the artsy sidewalk library trend began.

Probably the fanciest of the books is an old art catalog full of Picasso photographs that McCarthy found in a library just off Summit Avenue. The resulting book is like a modern-art kaleidoscope.

"It's an exhibit catalog of a Picasso exhibit at the Museum of Modern Art in 1957," McCarthy said. "It was fun improving on Picasso. Different heads, put them on different bodies, take text from different locations. I think Picasso would approve, actually."

McCarthy hasn't made his Wee Go art books public quite yet. He

hosted a semi-public exhibit at the Minnesota Center for Book Arts in June and invited the people who own the little libraries where he got the books. After that, it's anybody's guess where the mobile book library might end up. McCarthy's other creative book projects have ended up in museums and art libraries around the country, including the Museum of Modern Art in New York City.

In this Kindle-era, when books are becoming little more than pixels, there are deep questions raised by McCarthy's project: What is a book in the first place? What makes it valuable? What are the limits of a book and the things that give it a coherent identity? These are questions McCarthy likes to play with.

"I harvested books from their libraries," he said. "But once I possessed the books I can do whatever I want with them. It's a trade. I left a perfectly good book. I took a book so I can do whatever I want with it. Who's to say what's more valuable?"

Next time you walk past a Little Free Library, take a moment to stop and check out what's inside. Who knows? You might find one of the books that McCarthy has traded for his project. Or you might find the next page-turner for the beach this summer. What you do with it next is entirely up to you.

Bill Lindeke is an urban geographer and writer living in St. Paul.

Readers' picks for summer jaunts

By Kristal Leebrick

Last month, we asked readers to tell us about their favorite close-to-home summer jaunts. We wanted to hear about things to do in the city, or day trips, or places you can get to in a day's drive. We got a few responses, which are printed below, but first, here's mine:

Follow the Red River north, and don't forget to look up

I spent my pre-teen through young adult years in the Red River Valley of eastern North Dakota, thanks to my father's career in the U.S. Air Force. The flat, dark farm fields and incessant wind were a far cry from the green rolling hills of southern Ohio, where my mom was raised, or the Atlantic coast, where my dad

grew up watching dolphins and the tide move in and out.

Me? I watched the sky. People dismiss the North Dakota flatlands because, well, they are flat. There aren't many trees. It seems empty to visitors unaccustomed to so much space.

What they aren't seeing is the sky. The Red River Valley landscape is 75 percent sky.

Meteor showers, the green haze of northern lights bouncing off the horizon, watching a rainstorm move in from miles away while the sun is still shining on the gravel road you're standing on: this was the stuff of my youth.

So every summer, I yearn for a few nights camping on the prairie just so I can look up. I achieve this

each July when my family and I head up to the flatlands and the Winnipeg Folk Festival, a 43-year-old four-day music festival held in lovely Birds Hill Provincial Park just 20 minutes northeast of the city of Winnipeg, Manitoba, 75 miles north of the U.S.-Canadian border.

I began attending that festival as a teen living only 150 miles south. I went for the music and the adventure back then. Now, I just want to spend time in the open air, stay up late around a campfire in hopes of catching the aurora borealis move across the night sky, watch storm clouds roll in from the west. It doesn't hurt that there's an incredible soundtrack of world music happening at eight daytime stages and two nighttime stages on the

festival grounds. If you want to escape the (not-so-large) crowds of music lovers, you can walk out into a field of grass and listen from afar.

You can find out all you need to know about the festival at www.winnipegfolkfestival.ca. It's an eight-hour drive from the Twin Cities. Drive to Fargo, take a right and follow the Red River along I-29 to Winnipeg.

And keep your mind and eyes open as the Minnesota hills and trees end just past Alexandria on I-94. That's my favorite part of the trip: the spot where the land levels out and the only thing to watch is the sky (and the car in front of you).

Lake Como, St. Paul

My favorite summer spot is Lake Como. At Como Dockside in the pavilion just off Lexington Parkway,

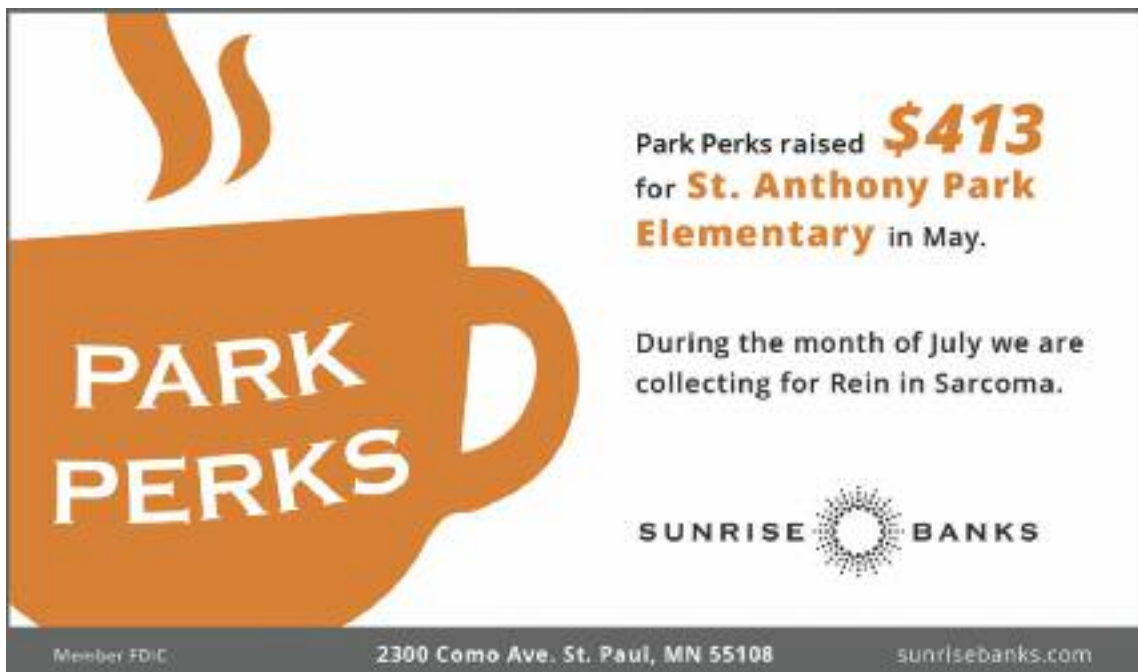
there's a variety of great music, a wonderful view, and there is always something going on. In the evening, after the music is done, the lake becomes a quiet and peaceful place for a stroll.

—Ted Blank, Como Park

The Eloise Butler Wildflower Garden, Golden Valley

I rediscovered the Eloise Butler Wildflower Garden this spring. It's a lovely place for a walk. The wild geraniums were in bloom, and we were able to observe a group of turkeys as they made their way down the path in front of us. Went back two weeks later and it was an entirely different experience. The showy lady slippers were on full display—gorgeous.

—Beth Ellison, St. Anthony Park



Park Perks raised \$413 for St. Anthony Park Elementary in May.

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The pathway along Lake Como is a quiet and peaceful place to stroll on a summer evening. Photo by Stephen D. Parker



A view of the Red River Valley of North Dakota along Interstate 29 heading north. *Photo by Kristal Leebrick*

Decorah, Iowa

I think Decorah, Iowa, makes a good weekend trip or even a one-day turnaround. Places to visit:

Seed Savers Exchange—display gardens, an heirloom apple orchard, a nice gift shop and historic breeds of cattle. If you can manage to hit their tomato-tasting contest in August, even better!

Vesterheim, the Norwegian-American Museum.

Decorah has a very nice downtown with thriving businesses, including at least one historic hotel.

Music performances at Luther College (though maybe not so many in summer).

Oneota Co-op (a food cooperative)—It has an affordable hot buffet for lunch. Decorah also has lots of small locally owned restaurants.

Stop at Burr Oak, Iowa, on the way. It's a town where Laura Ingalls Wilder lived with her family but never made it into one of the books. It was included in her first manuscript, but was edited out by her daughter because it made the settlers look bad.

—*Pat Thompson, St. Anthony Park*

Lake Calhoun, Minneapolis

Accessible by car or bike, one of my favorite places to visit during a summer in the cities is Lake Calhoun. Near a bustling Uptown and with a view of the downtown skyline, once you get onto the Calhoun beaches you feel like you're miles from a busy city. Whether you want to grab a grill and fire it up for

a day of grilling in the sun or simply lay a towel down in the sand and doze off, Calhoun is a gem amongst the bustle of the city.

—*Jonah Van Why, formerly of St. Anthony Park and now Washington, D.C.*

Minnesota Marine Art Museum, Winona

www.mmam.org

On my early spring flight to Paris via Cambodia and Croatia, a perky seatmate off to celebrate her 90th advised me to discover the Minnesota Marine Art Museum (MMAM) in near-to-MSP Winona. The twinkle in her eye telegraphed it would exceed expectations. So I've now visited MMAM while riding from two recent weekend BMW motorcycle rally campouts in the scenic Driftless regions of southwest Wisconsin and southeast Minnesota. If I'd expected rivercraft artifacts at MMAM, it proved to be a Dorothy-not-in-Kansas-anymore delight!

Two standout features (vs. major world museums): each artwork's illumination renders its colors so ever-fresh. Info-placards: MMAM's curator seems inspired to playfully entice and educate the viewer into the context of the art and the artist's life. Examples: "during a happy period of Constable's life, before the death of his wife in 1828"; "Beckmann's paintings show the conflict between freedom and restraint"; "this is Vincent van Gogh's first independently made work"; "coming from a wealthy family, Corot gave other artists much



Photo by Becky Kapell

of the proceeds from the sale of his works"; "Gauguin's still lifes give fruits and vegetables the same degree of sensuousness as that of his human figures"; "the water looks real enough to flow onto the floor. Check your shoes." (Quite refreshing vs. typical gallery small placards noting only artwork title/year, artist lifespan.) Better yet: the MMAM placard texts are in large font, readable from artwork-appreciation distance.

Who's there: Constable, Turner, van Gogh, Corot, Monet, Degas, Gauguin, Renoir, Cezanne, Seurat, Derain, Beckman, Kandinsky, Mondrian, Pissarro, Matisse, Picasso, Cole Church, Cropsey, Tanner and more, including: "Washington Crossing the Delaware" (Leutze 1851), previously 30 years in White House West Wing; MMAM owns it now.

Collections: Traditional Marine Art (150 years), Hudson River School, Impressionism, Post-Impressionism, Realism, Modernism, Contemporary. Also, until Aug. 21, "The Hand of the River: Works by Moira Bateman and Leo Smith III" (fiber, mixed media, found-materials sculptor).

My recommended ever-scenic Mississippi River day-trip to MMAM for friends, family, visitors (one-way is 115 miles, or two hours): Highway 61 from St. Paul, cross over the St. Croix River to Prescott, Wis.,

then take rolling WI 35 through Stockholm, Nelson and Alma; cross over the bridge at Winona (take the first two rights: Huff Street to the riverfront MMAM). Return via Hwy 61 (a fast four-lane from Winona to Wabasha, Red Wing to Hastings to St. Paul). Or take Hwy 61 southward first and return via WI 35—whichever fits lunch preferences.

A quirky option in Nelson: although "everyone" knows Nelson Cheese Factory, one should experience J&J BBQ (look for the red and yellow storefront), not only for its luscious beef brisket sandwich or refrigerator of a dozen root beers, but also for all the peculiar stuff filling shelves and walls (and its sole WC with cheerful perhaps-inappropriate signage).

—*Duane Schriever, St. Anthony Park*

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Joyce Beck

Joyce Rosalie (Bagge) Beck, 81, of Lauderdale, died peacefully May 13. A retiree of Unisys and lifelong Lauderdale resident, Joyce was the ultimate hockey mom, great cook and good neighbor. In addition to her family, which meant the world to her, Joyce loved the North Shore, nature, reading and sports.

Joyce was preceded in death by her parents, Glenn and Leone, and siblings, Lyle and Grace. She is survived by her sons, Michael (Kim), Bradley (Karen) and Gordon; former husband and best friend, Dennis; and five grandsons.

A memorial service was held May 23 at Hillside Chapel.

Her family expresses its special thanks to the caregivers at Lyngblomsten Care Center.



Pastor Hans Florin

World Federation (LWF), and then served for three years as assistant director of the LWF's Department of World Mission.

He served as general secretary to the World Association for Christian Communication for 12 years. The WACC is a nongovernmental organization that builds on communication rights in order to promote social justice. Accepting his position with that group in 1976, Florin said the group should be "theologically open and ideologically neutral," a policy he maintained throughout his long tenure.

He is survived by his wife, Ev Hanson-Florin; her father, Ted Homdrom; her son, Victor (Ann)

Hanson; and grandchildren Adeline, Marcus and Katerina Hanson. All survivors named live in St. Anthony Park.

A memorial service will be held at St. Anthony Park Lutheran Church on Sat., July 16, 9:30 a.m. Florin will be laid to rest in his native Germany.

Hans Florin

Pastor Hans Florin, 88, of St. Anthony Park, died May 30 of pancreatic cancer. He was a pastor, scholar, husband and friend to all.

Born in Germany, Florin studied at Heidelberg and Göttingen before spending three years at Boston University, where he earned a Ph.D. in 1960.

He published a study on "Lutherans in South Africa," the result of two years' research commissioned by the Lutheran

very end, just as she was throughout her amateur athletic career.

Mary, voted the most athletic female in her class, graduated from Highland Park High School in 1969. She then received a B.S. in physical education from Hamline University in 1973 and taught physical education in St. Paul Public Schools for 35 years, retiring in 2009 from Chelsea Heights Elementary School, where she was crowned the Jelly Bean Queen for her annual Jelly Bean Days school competition.

Mary's early years of recognition in softball and broomball gave way to her many award-filled years of bowling and golf, especially after age 50. She bowled a 300 game, an 800 series and ended with a career kegling average of 209. Added to these were a hole-in-one and 18 Keller Women's Club championships.

She was a recent inductee into the Minnesota Senior Sports Hall of Fame. Upon her return from an annual golf hiatus to Palm Desert in March 2015, Mary was diagnosed with lung cancer. By September, after numerous chemo and radiation treatments, she beat that challenge, only to lose her biggest and most costly match to metastatic brain tumors seven months later. Mary never complained and just kept true to her plan to compete to the best of her ability, as she did in life and in her sports.

Mary was preceded in death by her parents, John and Una Hoisser, and is survived by two sisters, Patricia (Howard) Cohen and Jean (Thomas) Fabel; and three brothers, Paul, John and twin brother, Mark. A memorial service was held May 26 at Como Park Lutheran Church. A celebration of Mary's life will be held Friday, July 29, at Keller Golf Course.



Mary Hoisser

Mary Hoisser

Mary Caroline Hoisser, 64, died peacefully at home May 9 after a 13-month battle with lung and metastatic brain cancer. A twin, she was born Dec. 28, 1951.

Mary was an athlete ahead of her time and a competitor until the

battlefield commission and was awarded the Bronze Star. He served stateside during the Korean War and retired from the service as a captain.

He and his wife, Jeanne, lived in St. Anthony Park for many years. They raised their family here and were members of St. Matthew's Episcopal Church for 48 years. Stew served in many leadership positions at St. Matthew's, including senior warden and treasurer. In 1968, the family moved to Park Ridge, Ill.

Stew spent his career at Honeywell before retiring in 1984. He possessed a sharp mind and keen sense of humor. He and Jeanne would have been married 70 years this July. Stew made this world better by his service to family, church and country.

He was preceded in death by his father, mother and sister, Phyllis Mary (Palmer). He leaves behind his wife, Jeanne Killmer Marshall; a brother, Charles (Phyllis); a daughter, Mary Jeanne (Jim Scheider); and sons, Wells Stewart III (Mary Carson) and David Killmer (Dominic Wolocko).

A memorial service was held June 8 in Springfield.

Margot Summitt

Margot Lynne Summitt, 65, died May 24. She was born in Minneapolis and graduated from Murray High School and the University of Minnesota's horticulture program. She remained an avid gardener for the rest of her life.

Margot was diagnosed with ovarian cancer in 2012 and while fighting her own battle with the disease, she fought for others as an advocate for cancer research and awareness.

She was preceded in death by her mother, Emma May Haugan, and sister, Mary Jo. She is survived by her father, Sigurd Haugan; brothers, Sigurd and Kevin; children, Ingrid Fairbanks, Carrie Summitt-Sparks and Clayton Summitt; and five grandchildren.

Her funeral service was held June 7 at St. Anthony Park Lutheran Church, where she had been a lifelong member. Burial was at Sunset Memorial Garden.

Wells Stewart Marshall Jr.

Wells Stewart Marshall Jr. (Stew), 94, died May 30 in Springfield, Ill. Stew was born Jan. 6, 1922, in Minneapolis, the son of Wells Stewart and Phyllis Price Marshall.

Stew graduated from Edison High School in 1939. During World War II, he served with the 34th Infantry Division, 151st Field Artillery Battalion in North America and Italy, where he received a

Spirit of the Park from 5

things done."

All four women brought different strengths to the project, Wynia said. "I was in the Legislature at the time and had worked on policy and legislation relating to the care of the elderly. All of us recognized that most seniors wanted to stay in their own homes. Additionally I was aware that nursing home care was the single largest item in the health and human services budget. Helping people stay at home made good sense for the individual and for the state budget. Providing services that utilized resources within the

community, both professional and volunteer, was a smart strategy."

Within weeks of the initial meetings, Martinson found herself on a plane seated next to a businessman from H.B. Fuller who suggested she talk with former Fuller president Elmer Andersen (who happened to attend her church) about startup funding. The company gave them \$7,000 to begin the project.

Each year, the Spirit of the Park award is presented to a neighbor or neighbors who have demonstrated an extraordinary dedication to the community.

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Business News

Finnish Bistro to expand in September

Dunn Bros. will move out of Como Avenue restaurant in August

By Alex Lodner

After leasing space from Finnish Bistro for five years, Dunn Bros. on Como Avenue will move out of the space at the end of August, leaving behind a slew of expansion possibilities for Finnish Bistro's owner Sandra Weise.

Weise shared her plans for the space, which she says will function much better as one business.

"The sublease has not been an ideal situation for either business, us or Dunn Bros.," she said.

"The customers want one point of sale; it's been a constant complaint for years. The space was awkwardly laid out and was never meant to be divided and to have two businesses operate separately."

Construction is set to begin in

September, when the entire space will be reconfigured for a more efficient flow and a better customer experience. The registers for the cohesive space will be moved to the former Dunn Bros. side, with a retail wall added nearby. In place of the current Finnish Bistro registers, Weise plans to add windows overlooking the spacious patio and additional seating.

"The renovation is massive," she said. "But because we had two points of sale, we can move the registers and we should only be closed for three or four days while the floors are getting done."

In addition to the renovations, Weise will add a full-service coffee bar that will include homemade syrups inspired by some of their

popular baked items like almond kringle and pulla buns. Weise wanted customers to have a voice in which coffee roaster she will use, so she held four coffee tastings at Micawber's Books in early June to let the community vote with their taste buds. Ninety people attended the tastings, which featured five local roasters.

"The community made it clear they wanted a local source," Weise said. "And I wanted the customers to have a say. It was really fun!"

After a careful calculation of the votes, Weise announced the chosen vendor is True Stone Coffee, a St. Paul-based coffee roaster.

Alex Lodner writes about food and community news regularly in the Park Bugle.



Sunrise breaks ground on Wabash

On June 6, Sunrise Banks broke ground for the Sunrise Banks Holding Co. building at 2515 Wabash Ave., which is part of the newly labeled Innovation District in St. Paul. The projected opening of the building, located just east of Highway 280 and north of I-94, is January 2017. The 57,000-square-foot building will house the 100 Holding Co. employees and have room for 100 more. Sunrise has four bank branches in St. Paul—including 2171 University Ave. and 2300 Como Ave.—and two in Minneapolis. Pictured above, from left, are Nate Ryan, RJ Ryan Construction; Scott Kiestling, Finn Daniels Architects; St. Paul planning and economic development director Jonathan Sage Martinson; Melodie Carlson, Sunrise Banks COO; Nichol Beckstrand, Sunrise Banks president; Bill Reiling, Sunrise Banks owner; St. Paul City Council president Russ Stark; and Rick Beeson, executive vice-president for development and government relations, Sunrise Banks.

St. Francis open house is June 26

St. Francis Animal & Bird Hospital will host an open house Sunday, June 26, from 1 to 4 p.m. at St. Francis's new Integrative Services facility located at 1235 W. Larpenteur Ave., Roseville. The building is adjacent to the main practice on the corner of Larpenteur and Fernwood Street.

Attendees can learn about acupuncture, traditional Chinese veterinary medicine, massage therapy, laser therapy, chiropractic care, hospice and palliative care, and meet the clinic's doctors, technicians and staff. In addition, participants can register to win gift certificates and other prizes.

Chiropractic for Every Body and Sarah Beth Photography will also be on hand to discuss their services. Questions? Call 651-645-2808 or email at group@stfrancisabh.com.

Park Bugle

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JULY EVENTS

VENUE INFORMATION IS LISTED AT THE END OF THE CALENDAR. SEND YOUR EVENTS TO calendar@parkbugle.org by Wednesday, July 13, to be included in the August issue.

3 SUNDAY

ST. ANTHONY PARK TRIO SWEET RHUBARB PERFORMS AT FRANK ROG AMPHITHEATRE, ROSEVILLE CENTRAL PARK, 5-6:30 p.m.

4 MONDAY

FOURTH IN THE PARK PARADE AND FESTIVITIES. SEE PAGE 24 FOR DETAILS.

5 TUESDAY

FREE clay workshops for kids AGES 8-16 AT HAMLIN Midway LIBRARY, 3:30-5:30 p.m., July 5 & 26 AND Aug. 9, 23 & 30. REGISTRATION IS REQUIRED. Call 651-642-0293.

6 WEDNESDAY

ENGLISH CONVERSATION CIRCLES, EVERY Wednesday in July, ST. ANTHONY PARK LIBRARY, 4-5:30 p.m.

ST. ANTHONY PARK Book Club, "THE STORIED LIFE of A.J. Fikry" by Gabrielle Zevin, ST. ANTHONY PARK LIBRARY, 6:30-8 p.m.

7 THURSDAY

CAREGIVER SUPPORT GROUP, first Thursday of each month, ST. ANTHONY PARK UNITED CHURCH of CHRIST, 10-11:30 a.m.

BEREAVEMENT SUPPORT GROUP, first Thursday of each month, ST. ANTHONY PARK UNITED CHURCH of CHRIST, 10-11:30 a.m.

PRESCHOOL STORY TIME IN MANDARIN CHINESE, ST. ANTHONY PARK LIBRARY,

10:30-11:30 a.m.

DIALOGGERS TOASTMASTERS MEETS EVERY Thursday of the month, U of M St. Paul Campus, Northern Research Station, 1992 Folwell Ave., 11:30 a.m.-12:30 p.m.

8 FRIDAY

GAME DAY with SAPAS, City Gables, 10 a.m.-noon. FREE AND NO REGISTRATION REQUIRED.

Mini-MAKER STORY TIME in English for preschool to elementary-age children, every Friday in July, ST. ANTHONY PARK LIBRARY, 10:30-11:30 a.m.

9 SATURDAY

SUMMER SPARK SERIES: Magical Mia, ST. ANTHONY PARK LIBRARY, 1 p.m.

10 SUNDAY

GREEN LINE SUNDAY SERIES AT THE DUBLINER, with Como Park musician Miss Becky Kapell, 5-7:30 p.m.

11 MONDAY

ST. ANTHONY PARK AREA SENIORS LUNCH OUTING, Olive Garden, 1525 County Road C, Roseville, 11 a.m. LUNCH EXPENSE IS ON YOUR OWN. Call 651-642-9052 for more information.

ARTful Expression presented by COMPAS, a series of six watercolor classes taught by Pat Owen, ST. ANTHONY PARK LIBRARY, 1-3 p.m. FREE. Classes will be held July 11 & 18 and Aug. 1, 8, 15 & 22. Class is limited to 20. Call 651-642-0411 to register.

12 TUESDAY

SUMMER SPARK SERIES: HALF-PINT HORSES, Reading with HORSE POWER, ST. ANTHONY PARK LIBRARY, 10:30-11:30 a.m. and 2-3 p.m.

14 THURSDAY

LEARN CHINESE FOLK DANCING, AN EXERCISE CLASS FOR ADULTS, ST. ANTHONY PARK LIBRARY, 10:30-11:30 a.m. FREE.

ST. ANTHONY PARK AREA SENIORS CINEMA SERIES, "THE FINEST HOURS," ST. ANTHONY PARK LIBRARY, 2-4 p.m. FREE.

15 FRIDAY

GAME DAY with ST. ANTHONY PARK AREA SENIORS, City Gables, 10 a.m.-noon. FREE.

COMO DISTRICT 10 ICE CREAM SOCIAL, HISTORIC STREETCAR STATION, 5-8 p.m.

18 MONDAY

COMMUNITY SING, OLSON CAMPUS CENTER, LUTHER SEMINARY, 6:30 p.m. GATHERING, 7-8:30 p.m. SING. THE EVENT IS FREE, BUT A HAT WILL BE PASSED FOR OUR MUSIC LEADERS AND TO MAKE THE SINGS POSSIBLE. Co-SPONSORED BY THE DISTRICT 12 COMMUNITY COUNCIL.

19 TUESDAY

SUMMER SPARK: Brodini Comedy Magic Show, ST. ANTHONY PARK LIBRARY, 10:30-11:30 a.m. and 2-3 p.m.

21 THURSDAY

PRESCHOOL STORY TIME IN MANDARIN CHINESE, ST. ANTHONY PARK LIBRARY, 10:30-11:30 a.m.

LAUDERDALE DAY IN THE PARK AND FARMER'S MARKET, COMMUNITY PARK, 1885 Fullham St., 4-7 p.m.

Park B4 Dark: EAT, DRINK AND SHOP ALONG COMO AVENUE IN ST. ANTHONY PARK, 5-8 p.m.

22 FRIDAY

LYNGBLOMSTEN Mid SUMMER FESTIVAL, 1415 Almond Ave., 2-8 p.m. (SEE STORY ON PAGE 3 AND ad ON PAGE 10)

Co-ed DRUM Circle, WOMEN'S DRUM CENTER, 6:30 p.m. \$10 AT THE DOOR. ALL LEVELS OF EXPERIENCE ARE WELCOME.

26 TUESDAY

SUMMER SPARK: Wendy's Wiggle, Jiggle, and Jam, ST. ANTHONY PARK LIBRARY, 10:30-11:30 a.m. and 2-3 p.m.

31 SUNDAY

SUNDAY AFTERNOON Book Club, "EVERYTHING I NEVER TOLD YOU" by Celeste Ng, MICAWBER'S, 1:30 p.m. ALL ARE WELCOME.

SENIOR EXERCISE

St. ANTHONY PARK AREA SENIORS

Mondays and Thursdays, LAUDERDALE City Hall, 2-3 p.m.

Fridays, ST. ANTHONY PARK LIBRARY, 2:30-3:30 p.m.

Como Park/Falcon Heights Block Nurse Program

Tuesdays and Thursdays, FALCON HEIGHTS TOWN SQUARE SENIOR APARTMENTS, 9:30-10:30 a.m. AND ARBOR POINTE SENIOR APARTMENT, 11 a.m.-noon

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Como Park/Falcon Heights Block Nurse Program:

Third Thursdays, ARBOR POINTE SENIOR APARTMENTS, 10-11 a.m.

Fourth Thursdays, FALCON HEIGHTS TOWN SQUARE SENIOR APARTMENTS, 11 a.m.-noon

VENUE INFORMATION

ARBOR POINTE SENIOR APARTMENTS, 635 W. Maryland Ave.

City Gables, 1611 Pleasant St., LAUDERDALE

DUBLINER, 2162 UNIVERSITY AVE., 651-646-5551

FALCON HEIGHTS TOWN SQUARE SENIOR APARTMENTS, 1530 W. LARPEUR AVE.

HAMLIN Midway LIBRARY, 1558 W. MINNEHAHA AVE., 651-642-0293

HISTORIC STREETCAR STATION, CORNER OF LEXINGTON PARKWAY AND HORTON AVE.

LAUDERDALE City Hall, 1891 WALNUT ST., 651-631-0300

MICAWBER'S BOOKS, 2238 CARTER AVE., 651-646-5506

OLSON CAMPUS CENTER, LUTHER SEMINARY, 1490 FULLHAM ST.

ST. ANTHONY PARK LIBRARY, 2245 COMO AVE., 651-642-0411

ST. ANTHONY PARK UNITED CHURCH of CHRIST, 2129 COMMONWEALTH AVE., 651-646-7173

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Everything's coming up Shakespeare. Photo by Kristal Leebrick

Shakespeare blooms

Quotations from Shakespeare have been popping up in planters and gardens along Como Avenue between Carter and Doswell avenues to highlight Shakespeare in St. Anthony Park, a youth theater group that will perform "The Two Gentlemen of Verona" on Thursday, June 23, and Friday, June 24, at 7 p.m. behind Gullixson Hall on the Luther Seminary Campus. The

troupe will also perform at noon Friday, June 24, on the lawn of the St. Anthony Park Library.

Micawber's has copies of the play for sale. Get your own copy and read it before the performance.

Select one of the quotations from the planters as your personal favorite. Memorize it and find opportunities to use it!



Neighbors



Jamie Buckley will begin his 2,300-mile kayak trip at Lake Itasca June 25. Photo courtesy of Jamie Buckley

Paddling to end polio worldwide

In his book *Life on the Mississippi*, Mark Twain writes, "Instead of widening towards its mouth, it grows narrower. It empties 406 million tons of mud. The basin of the Mississippi River is the body of the nation."

This summer Jamie Buckley of Maryland's Eastern Shore plans to explore the "body of the nation," all 2,300 miles of it in his kayak. Buckley is a cousin of St. Anthony Park resident Barry Buckley.

"It's part of my See America Slowly crusade," he says. "I can knock out 10 states plus the fourth-largest river in the world in four months," he adds, having already walked the Appalachian Trail from Georgia to Maine and the Pacific Crest Trail from Mexico to Canada.

This journey will be a little more than just self-indulgent solitude, however. A member of the Rotary Club in Easton, Md., the self-proclaimed goodwill ambassador will be visiting many Rotary Clubs along the Mississippi River raising funds and awareness for Rotary's End Polio Now campaign.

"We're this close," he says, using his index finger and thumb measuring off about an inch, adding, "It's kind of like the mouth of the Mississippi on my map." Rotary International is expecting to declare and certify the world Polio-free in 2019, but \$1.5 billion in new funding is needed.

Every dollar donated to End Polio Now is matched by the Bill and Melinda Gates Foundation two to one. You can contribute at www.ENDPOLIO.org.

Buckley will depart Lake Itasca, Minn., on June 25 and hopes to end in the Gulf of Mexico four months later on World Polio Day, Oct. 24. He will be chronicling his journey on Twitter @tcozee, Instagram @t_co_zee and www.tcozee.com.

For more information, contact Buckley at jtbuckley3@gmail.com or Sharon Ritter-Beall at srbeall2958@gmail.com.

Miss Becky part of Dubliner's Green Line Sunday series

Singer-songwriter Miss Becky Kapell will be playing the second Sundays in July and August at the Dubliner Pub, 2162 University Ave., as part of the

pub's Green Line Sunday series. The Como Park resident and her crew, will play from 5 to 7:30 p.m., July 10 and Aug. 14. The event is free.

Author will present at Underground Music Café

Author and illustrator Dalcyce Elliott Young will play her violin, bring her ragdoll presentation and tell her Moonbeam Book award-winning story of *Ellie and the Golden Cricket*, at the Underground Music Café Tuesday, July 12, at 11 a.m.

The book, published by Beaver's Pond Press in 2015, tells the story of how a young girl learns the secret of playing the violin. Young is a classically trained violinist who played in the Minneapolis Youth Symphony.

Literacy Council gets \$10,000 grant to support adult literacy

The Dollar General Literacy Foundation awarded the Minnesota Literacy Council a \$10,000 grant to support adult literacy in May. This local grant award is part of more than \$7.1 million in grants awarded to more than 900 schools, nonprofits and organizations across the 43 states that Dollar General serves.

The Minnesota Literacy Council serves Minnesotans of all ages through year-round English, GED, citizenship, job-readiness and distance learning classes at its five adult learning centers in Minneapolis and St. Paul. Last year, more than 2,600 learners participated in over 186,000 classroom hours. Additionally, adults across Minnesota can find literacy programs in their area through the literacy council's Adult Literacy Hotline via phone, web or texting service.

The Minnesota Literacy Council, 700 Raymond Ave., St. Anthony Park, provides literacy-rich preschools and summer reading programs and free English, GED preparation and job-readiness classes for adults at more than 400 sites across Minnesota. Find out more at www.mnliteracy.org.

Here are some of the camps, classes at local St. Paul rec centers

Looking for camps or classes at the local St. Paul Park and Recreation

centers? Here's what is happening at Langford, Northwest Como and North Dale Recreation Centers. You can register at stpaul.gov/activityregistration. The activity number is listed with each class:

North Dale, 651-558-2329
Tinker Bell Art and Her Fairy Friends, ages 3-5 (14768)
Marvelously Messy Art Camp, ages 4-9 (14767)
Art camp, ages 6-11 (17936)
Art camp, ages 11-17 (17937)
Basketball camp, ages 7-12 (14272)
Mini Hawk Camp, ages 4-7 (14279)
Baby ballet, ages 3-4 (4181)
Pre-ballet, ages 5-7 (10098)
Ballet 1, ages 8-9 (10097)

Northwest Como, 651-298-5813
Minecraft Game Design, ages 6-10 (9268)
Python Coding, ages 10-15 (16580)
Ultimate Frisbee camp, ages 10-15 (3834)
Wilderness skills, ages 6-12 (10104)
Soccer camp, ages 5-12 (4422)
Forensic Lab, ages 8-12 (16576)
Ballet workshop, ages 7-13 (17943)
Hip Hop workshop, ages 7-13 (14782)
Jazz workshop ages, 7-13 (14783)

Langford, 651-298-5765
Spectacular Splatter Painting, ages 5-12 (16876)
Curious Kids: Nature In Your Backyard, ages 4-6 (17963)
Fort Building, ages 6-12 (16893)
Star Wars Jedi Movie Making, ages 5-10 (16875)
Lacrosse camp, ages 5-8 (17984)
Lacrosse camp, ages 9-12 (17985)
Pickle ball camp, ages 10-15 (17986)
Volleyball camp, ages 9-14 (3577)

Special events

Langford 4th of July celebration, 8 a.m.-4p.m. (see page 24)
North Dale outdoor movie: Friday, July 8, at dusk (see ComoFest story on page 3)
Northwest Como movie night and camp out: Friday, July 29, 6 p.m. (See ComoFest story on page 3.)

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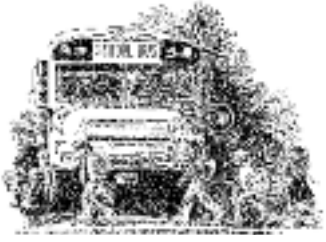
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School News

School news is taking a break for the summer. See you in September.

Avalon School

700 Glendale St., 651-649-5495
www.avalonschool.org

Avalon awarded for its peer orientation and mentor program

Avalon School was honored with a Character Award by Synergy & Leadership Exchange, a nonprofit dedicated to advancing the development of ethical citizens, providing educational resources, and celebrating achievement and best practices in Minnesota schools, businesses and communities.

Avalon was one of nine schools and three community programs to receive awards at a ceremony at the capitol in honor of Gov. Mark Dayton's proclamation that May 26 be Character Recognition Day in Minnesota.

Avalon received a Minnesota Promising Practices Award for "Student-Led Orientation and Peer Mentor Program," a practice where Avalon's 10th- through 12th-graders students organize a student orientation to welcome new students and serve as mentors to them. Avalon is also being honored with a national award from Character.org for this practice.

The Minnesota Promising Practices Award recognizes schools that have developed and implemented a practice promoting character development in their schools.

The practice must be specific, unique and encompass at least one of the 11 Principles of Effective Character Education.

The practices are shared on the Synergy website where other schools can learn about and implement them in their own school. Find out more at www.synergyexchange.org.

Como Park Senior High

740 Rose Ave., 651-293-8800
www.comosr.spps.org

New York, New York

Como Park Concert Choir students traveled to New York City May 25-30 and performed at Carnegie Hall on May 28.

The choir sang the music of Mark Hayes, directed by Hayes, and the *Rutter Gloria*, conducted by Z. Randall Stroope with other singers from around the country accompanied by the New England Symphonic Ensemble. They also participated in the world premiere of *The Field*, by Hayes, in this performance.

Como choir director Carole Whitney and assistant principal and Como parent Patrick Coyne led the students on a sightseeing tour that netted more than 85,000 steps according to pedometers.

The group stayed at a hotel in centrally located Times Square, took the subway and walked miles every



Sen. John Marty (center), Rep. Alice Hausman (above left) and SPPS board of education director Mary Vanderwert (front) help Ecology Immersion Inquiry students plant the new student-designed pollinator garden at Murray Middle School. *Photo by Stephanie Leonard, MN Green Schools Coalition*

day on visits to the Statue of Liberty, Ground Zero 9-11 Memorial, Empire State Building, Metropolitan Museum of Art and American Museum of Natural History.

BEASTbot were beasts

Como Park Robotics (aka BEASTbot Team 2855) had a strong debut in the state robotics tournament at the U of M on May 21. Como placed 13th out of 30 in the competition. The team participated in eight matches, with different combinations of alliances, which required all teams to do advance scouting and create strategies with their rotating playing partners. Teams earned points from both match results and their own individual robot's performance.

Coaches Mike Fischer and Donna Norberg are proud of their team's showing and thankful for the community support that included a school pep fest two days prior to the competition.

The team is already excited for next year and is poised to build a new robot for the yet-to-be-revealed 2017 challenge.

Six of the team's members just graduated, but there is expected to be 18 returning members plus new freshmen from Como's new class of 2020.

Link Crew is ready for September

Ninety sophomores and juniors spent several hours training during the last week of May to become Link Crew leaders for the 2016-2017 school year. Link Crew will lead a freshmen orientation on Thursday, Sept. 1, to welcome new Como students and connect them with mentors before school begins next fall on Tuesday, Sept. 6.

Positively positive

Como Park Future Educators hosted "Positivity Week" from May 23-27 to put a spotlight on the importance of good mental health. The week was filled with affirmative messages on lockers, announcements and posters, a guest speaker from the National Alliance of Mental Illness, a raffle with prizes and fundraising for a nonprofit.

Prom, graduation end school year

The Como Junior-Senior Prom was held at the Science Museum in downtown St. Paul on May 21. The Science Museum served as a wonderful venue for the dance and the well-dressed Como crowd.

A grand march was held at school beforehand, and photos and dinners out on the town were especially enjoyed in the beautiful, warm, sunny weather before the dance which commenced at 7 p.m.

Como's graduation was held at Roy Wilkins Auditorium in the RiverCentre downtown on Thursday, June 9. The Como Park Booster Club sponsored the annual Senior All-Night Party at school after the graduation ceremony. Congratulations to the Como Park graduating class of 2016!

Great River School

1326 Energy Park Drive
www.greatriverschool.org

The ultimate champs

Great River School's Girls Ultimate Frisbee team won the state championship for the second year in a row.

The team played against Apple Valley in Division I finals of the High School State Tournament on June 7 at the Hamline University stadium.

Murray Middle School

2200 Buford Ave., 651-293-8740
www.murray.spps.org

Pilot One-on-One thanks you!

Many thanks for the amazing community support for the Pilot One-on-One Program. Tutors came in regularly week after week throughout the year to support students. This has made a significant difference in students' grades, their improved study skills and pride in their academic achievement. More than 120 volunteers participated this year.

A cuppa joe for Murray

You still have time to stop by Sunrise Bank at Como and Doswell avenues and participate in the Park Perks program. All proceeds from June sales at the bank's coffee bar will go to the Pilot One-on-One tutoring program. Buy a cup of coffee and enjoy a cookie for Murray.

Planting seeds

May 23-27 was Minnesota Schoolyard Gardens Planting Week, as proclaimed by Governor Mark Dayton, and that proclamation was celebrated in Murray Middle School's freshly planted, student-designed pollinator garden, with special guests State Sen. John Marty (District 66), State Rep. Alice Hausman (District 66A), St. Paul City Council member Amy Brendmoen, St. Paul School Board of Education director Mary Vanderwert and assistant superintendent Lisa Sayles-Adams.

Led by their teacher, Tim Chase, students presented their project from concept to execution. Sen. Marty read the proclamation and commended the work of teachers in

providing unique learning experiences. Rep. Hausman and Councilmember Brendmoen focused on the positive impacts of outdoor and experiential learning, Hausman noting the importance of the "how" to the "why."

A key component to promoting the proclamation was asking teachers, garden coordinators and nonprofit partners to register projects as Green Apple Day of Service projects, a charge led by MN Green Schools Coalition (an initiative of U.S. Green Building Council, Minnesota). The data will be used to advocate for more awareness, support and collaboration for hands-on, outdoor learning in the future. From the time of announcing the proclamation (March 3 at the Schoolyard Garden Conference) to the time of celebrating the proclamation during planting week (May 24), more than 40 garden projects had been registered—and the list continues to grow. You can find out more at greenapple.org.

Working with a team of partners and in-kind donors, the MN Green Schools Coalition organized volunteers and garnered donations of compost, plants, tool rental and expertise to support the Green Apple garden projects. Key partners in the proclamation included MN Schoolyard Garden Coalition, Minnesota Landscape Arboretum, University of Minnesota Extension Master Gardener Volunteer Program, Jeffers Foundation and Monarch Lab at University of Minnesota.

In addition, the following companies donated in-kind materials to support planting projects: Full Circle Organics, the Mulch Store, Sunbelt Rentals Minneapolis, SelfEco Garden and St. Paul Bagelry.

Murray boy takes history project to Washington, D.C.

By Kristal Leebrick

When the U.S. Surgeon General report confirmed the health dangers of cigarette smoking in 1964, tobacco manufacturers responded with counter-advertising campaigns: "More doctors smoke Camels than any other cigarette," "20,679 physicians say Luckies are less irritating," "L&M filters are just what the doctor ordered!"

False advertising and misrepresented tobacco research were part of what spurred Minnesota Attorney General Skip Humphrey to launch a lawsuit against tobacco giant Philip Morris in the 1990s.

Murray sixth-grader Sam Skinner's research and resulting website on the state's 1998 landmark lawsuit, *State of Minnesota v. Philip Morris Inc.*, won first place in the Minnesota State History Day competition and fifth place at the national competition at the University of Maryland in June. Skinner also was awarded \$500 from Minnesota's Laws and Courts—Minnesota Supreme Court Historical Society.

The son of Catherine and Matt Skinner of St. Anthony Park, Skinner headed to Washington, D.C., on June 11 with his teacher, Courtney Major. His mom joined him a couple of days later.

He is the third Murray student to go to the national competition since the school began participating in the research competition a decade ago. Page Norman, an eighth-grader at the time, advanced to Washington, D.C., in 2007 and Jillian Brenner, who just finished eighth grade at Murray, competed last year at nationals.

Skinner is also the second in his family to go to the national competition. His sister Miranda competed in the website category when she was a seventh-grader at Capitol Hill Magnet School. Miranda was a big help to him, he said.

Skinner's project, "Encountering the Truth: State of Minnesota v. Philip Morris," explores the rise of the tobacco industry, advertising campaigns, the Minnesota lawsuit and its lasting impact.

"I was surprised to see the conduct of the tobacco industry, all the information they concealed," Skinner said. "They protected their own interests even up to the trial. I was also surprised by the lack of action taken by other states and groups."

The tobacco industry was a politically powered industry, he said. "They did a lot of donations toward political nominees. If you went after the tobacco industry and failed, it could wreck your political career. The Minnesota lawsuit was groundbreaking."

You can see Skinner's website at 12485258.nhd.weebly.com.

National History Day is an



Sam Skinner displays his award-winning website. Photo by Kristal Leebrick

interdisciplinary research project for students in grades 6-12. Students can choose to write a paper or create an exhibit, documentary, performance or website. The Minnesota Historical Society and the University of Minnesota sponsor the competitions in Minnesota.

Students at Murray begin with

a school competition in early spring. Winners there advance to a regional competition, and winners there advance to the state competition held each May at the University of Minnesota. The state competition winners advance to the national one in Washington, held each year in June.



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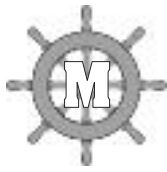
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CPHS Cougar Sports



Murray Pilots Sports

by Eric Erickson

Eric Erickson highlights Como Park Senior High School athletics each month in the Bugle.

Como and Murray end-of-year sports roundup

Como Park Cougars

Baseball—The Cougars finished the regular season of St. Paul City Conference play with a 4-1 record and tied for first place. The conference featured a new format this season with a four-team tournament to conclude conference competition and crown a champion. Como dropped its tournament game against Harding. Highland beat Harding to win the title. Como had defeated Highland 11-9 earlier in the season, proving the conference was well-balanced and competitive. The Cougars were led by seniors Kevin Smith, Patrick Koliias, Jacob Barnard, Alex Ventrelli and Chris Steinhoff.

Boys tennis—The young Cougars had a solid season finishing third in the city with an overall record of 10-8. The team featured seven underclassmen starting in the 10 varsity spots. Riley Eddins, a seventh-grader from Murray Middle School, boldly stepped in to play the No. 1 singles spot. Sophomore Gabe Reynolds played No. 2 singles, and

both players advanced to the second round of the Section 4AA tournament. The doubles teams of senior Tuomas Sivula with junior Eli Freberg, and freshman Antero Sivula with junior Lah Htoo, also both won their Section 4AA first-round matches.

Boys golf—Senior Tom Fritts was the second-place finisher in the St. Paul City, earning all-conference. He was competitive in the section tournament after a sluggish start on the first day. He finished with a strong surge on the second day, shooting a three under par 33 on the back nine of the prestigious Bunker Hills Golf Course.

Senior Eliot Berven was the medalist in a city dual match for the first time in his career and earned all-conference honorable mention. Sophomore Ben Williams steadily improved through the season and consistently held the team's No. 3 spot. The Cougars finished second overall in the conference meet.

Boys Ultimate Frisbee—Como Area Ultimate (CAU) finished their regular season in the Twin Cities Conference with a record of five wins and three losses. Junior Kayode Ajao was selected to the Twin Cities all-conference team, and seniors Vincent Altobell-Velasco and

Phil Moulton were nominated for all-conference. In the season-ending Division II tournament, CAU won five games, lost just one and stood out with their spirited, unique spotted-cow uniforms. The team also participated in a huge regional tournament in Joliet, Ill., this spring. CAU was coached by Como alum Jesus Caballero.

Softball—Coach John Fischbach led the Cougars for a 25th year and the team celebrated the accomplishment with a "homecoming" game. Alumni enjoyed reuniting at the Como softball field and saw the Cougars defeat St. Agnes 7-0.

After an undefeated round of play in the St. Paul City, the Cougars were upset in the championship game by Highland. However, they won the Concordia Academy Tournament, and won two Section 4AAA playoff games to finish in the top three. Seniors Delilah Wolf, Cassie Prescott, Brianna Menssen and Emma Hartmann were all-conference, as was junior pitcher Kathryn Proper.

Badminton—With more than 50 participants, the badminton team had a rewarding and fun season. The varsity team had a conference record of 4-8 (6-10 overall) while competing

in the state's toughest badminton conference. The St. Paul City once again dominated the state tournament with conference members Johnson and Washington finishing first and second, respectively. Como sophomore Tu Lor Eh Paw was the Cougars' top singles player. She advanced to the semi-finals of the city singles tournament. Senior Thi Dah Aye was a great leader for the team and reached the city quarter-finals.

Girls golf—With no returning players, a group of five sophomore girls stepped up to give golf a try under the guidance of Coach Jackie Larson. The season began with a team score of 253 in the first match at Cedarholm. By the end of the season, the team posted a 206 on the same course. The improvement also led to a victory over Harding after losing to the Knights by a large margin earlier in the season.

Team members included Grace Commers, Olivia Mancía-Chavez, Emma Wallisch, Shyann Salverda and Allora Richardson.

Girls ultimate frisbee—Coach Kyle Nelson led the "Aurora Ultimate" girls of Como Park in a groundbreaking season. Eleven of 18 girls on the team were new, and Nelson credited senior captains Katie Myster, Patsy Thayer and Zoe Sblendorio-Giebel for helping guide them. The team beat Cretin for the first time, finished fourth in the eight-team East Metro Conference, and had a 5-1 record in the year-end tournament. Myster earned all-conference along with sophomores Ana Caballero and Claudia Patrín. Freshman Anna Erickson was selected as the conference Rookie of the Year.

Track and field—On the girls side, senior Adrian Wilson was the St. Paul City Champion in the 300M Hurdles. Junior Florence Uwajenza finished second in both the 800M and 1600M races at the St. Paul City Meet. Uwajenza also qualified for the Section 4AA Finals in both events, placing ninth overall in the 800M.

Innocent Murwanashyaka was second in the conference for both the 1600M and 3200M and was on the Section 4AA podium with third-place finishes in the same two events for the boys. Senior Trey Clay added

four more city titles this season and was dominant in Section 4AA, qualifying for state in three events (see story on page 21).

Murray Pilots

Baseball—The Pilots finished with an overall record of 11-1 and completed the St. Paul City regular season undefeated. The team was led by returning eighth-graders Daniel Rougvie, Jared Ruskin, Nick Jacobson and Ephraim Mau. They brought strength to the team as the season progressed through rain delays, rescheduled games and some tough innings. For a second consecutive season, Murray was able to sponsor a B-squad, which allowed all of the interested players to participate and have a positive experience playing baseball. Coaches Bittner, Upton and Andy were extremely proud of all the boys.

Track and field—The boys and girls teams trained together throughout the spring, showing improved times in the track events and increased distances in the field events. The boys team finished third out of four teams in two dual meets and in fourth place out of six teams in the Highland Relays.

The girls team won two quadrangular city meets during the season and finished second in the Highland Relays. In the city meet, the girls finished third overall. Twelve middle schools compete in the St. Paul City Conference.

Softball—Murray softball enjoyed another successful season, recording six wins and two losses. Both losses were closely contested games, while the wins were by large margins.

Eighth-grader Bailey Huepenbecker provided great pitching performances and was very reliable for the Pilots. Carter Brown, Leandra Dahlke, Magdalena March, Jade Sklar and Dinnea Riley were all eighth-grade leaders who provided positive play.

Badminton—The Pilots finished in second place of the city standings, winning 10 consecutive matches after a close season-opening loss to the undefeated Washington Eagles.

The Murray girls' dominant streak was a credit to the technique and talent they developed. The doubles team played intelligently with good positioning, and the singles players provided good competition for each other in practice. Seventh-grader Nag Poe reached the quarter-finals of the city singles tournament. The seventh-grade doubles team of Kendall Ross and Rachel Erickson reached the quarter-finals of the city doubles tournament.

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Como track star completes high school career at state

Trevon Clay crossed the stage at Roy Wilkins Auditorium on the night of June 9 with his fellow graduates from Como's class of 2016. The next morning Clay was back on the track at Hamline University, competing in the state track and field meet.

Clay was competing in three events at the state meet. The preliminary heats in both of the hurdling events were held early Friday morning. Clay, the defending state champion in the 110M hurdles, harnessed his energy and plowed through fatigue to qualify for the finals Saturday. He had a tough race an hour later in the 300M hurdles and did not qualify for the finals.

Saturday morning at 9 a.m., Clay was at the long jump pit for his preliminary jumps. He nailed his third jump at 9:40 a.m., posting 21 feet 9 inches, which qualified him for the finals at 10:25 a.m. Sandwiched in between was the final race for the 110M hurdles.

Clay rushed to check in, go through his warm-up routines and then get to the starting block. Out of the blocks, Clay's lane was cluttered with the swinging arms of other runners and he endured multiple contacts. It was not a clean race, and while very frustrating, Clay powered through to finish in third with a time of 14:37, just a shade off the winning time of 14:06.

Clearly disappointed, Clay had to run back for the long jump finals. State medals are awarded to the top nine finishers of an event. To end his career, Clay earned an eighth-place medal in the long jump. Medaling in a field event at state was something Clay had never done before.

It concluded a phenomenal high school track and field career for Clay, who finished with four state medals: two in the 110M hurdles, one in the 300M hurdles as a junior, and the long jump.

Add the seven medals from Section 4AA (six firsts and one second), and the absolute dominance of his events in the St. Paul City Conference (12 city titles over his four years), and it's easy to see how much Clay has contributed to the Cougars' track and field program.

Clay was also an exceptional football player for the Cougars. In August, he'll join a new football team at Iowa Central Community College in Fort Dodge, where he'll study and also run track.

Eric Erickson is a social studies teacher at Como Park High School and a longtime coach of school and youth sports in St. Paul.



Como Senior Trevon Clay won the Section 4AA championship in the 110 and 300 meter hurdles and took second in the long jump, qualifying for a third consecutive State Track Meet.

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The patriotic essay contest winners: Cathal Mee (first), Pia Banat (second) and Caitlyn Coyle (third). Photo by Kristal Leebrick

Would America be America without the public libraries?

St. Anthony Park Library Association's annual patriotic essay contest winners take a look at the impact our public libraries have on this country.

In 1978, Robert Hahnen Sr., a member of St. Anthony Park American Legion Post No. 34, started a patriotic-essay contest for sixth-graders at St. Anthony Park Elementary School to coincide with the neighborhood's annual Fourth of July parade and festivities. The three winners of the annual contest have been invited each year since then to read their essays at the opening ceremonies of the July 4 celebration in Langford Park.

In 1984, the American Legion post disbanded and handed the contest sponsorship to the St. Anthony Park Library Association.

Now, 38 years after the contest began, it continues with just a few changes: fifth-graders now write the essays as sixth grade has moved to middle schools in St. Paul Public Schools and the school has added a Memorial Day ceremony where the three essay winners also read their essays.

This year's topic was "How public libraries make America stronger." The essays are printed below.

Cathal Mee, first place

Public libraries are very important in our lives. They have a big impact on America. Without them, we would not read as much or we might not even know how to read. Public libraries also provide a safe place for kids when they need help. Here are a few ways that I think public libraries make America stronger.

First, they have books on the past so we can change the future. You can read about Adolf Hitler and the holocaust, about our wars, about segregation. You can learn about slavery and terrorists and all the other bad things that have happened in the past. We can learn from this information and in the future we can do the opposite and make America a better place.

Next, public libraries have books that could inspire people to do great things. Some books just entertain you for a while and others can change your life. You could go into a library with your goal being to read a book and you could come out with your goal being to become president. For example, *The Alchemist* by Paulo Coelho showed [actor] Will Smith that the impossible is possible if you try.

Last but not least, the story times and programs at libraries help mix people of different racial or cultural backgrounds. My mom leads story time at the local library and out of her weekly average of 112 people, about 30 to 40 percent are immigrants or English language learners. The library also has different programs that encourage Chinese, Hmong and other groups of people to come to the library.

In conclusion, I think that public libraries make America stronger in many ways. They have books that can inspire people. They also have programs that help people of different cultures and races come together. That is why I think that public libraries make America stronger.

Pia Banat, second place

Public libraries have made America stronger over the years. Did you ever wonder how many library items are checked out each year? Well, here is the answer: over 2 billion items are checked out at libraries each year.

My first reason why libraries have made America stronger and smarter is by giving a good education to kids by providing necessary books for them that teach people math, reading and spelling for no price at all. Public libraries provide study spots that help children and adults get work done. My final reason

public libraries make the U.S. a lot stronger is they provide interesting books to people that aren't able to afford to just go out and buy books. These are three reasons why public libraries make America stronger.

My first reason why public libraries make America stronger is by giving a good education to kids by providing necessary books and by having certain rooms in the library just for children and having all reading levels from pre-K to college. Schools also bring kids to the library to check out books.

My next reason of why public libraries make America stronger is by providing books like math, reading and spelling to people that need more help on a subject for no price at all. They also help by giving space for tutoring. Libraries get donated money for special materials and people to tutor kids and adults there.

My third and final reason why public libraries make America stronger is a lot of people in the world cannot afford to just go out and buy interesting books for a good price. But public libraries help these people by providing educational and interesting books for free so we can all become stronger readers. And public libraries provide a space to sit and just read if you do not have a card yet.

Those are three reasons public libraries make America stronger, giving good education to children with necessary books, books such as math, reading and spelling for people who need extra help on a subject, and a lot of people cannot just go out and buy interesting books for a good price but libraries provide free books for those people. Public libraries make the U.S. extremely smart and

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Patriotic essays from 22

extremely strong providing the right books for all people and helping the lives of those who need free books. That is how public libraries make America stronger.

Caitlyn Coyle, third place

Why do libraries make America stronger? Libraries are one reason America is a strong country. Without libraries we would have no strong leaders and be considered one of the weaker countries. There are many reasons America is stronger with libraries and here are a few.

First, without libraries many children would not get as good of an education. Poorer countries have more uneducated children. According to List Top Ten the third most uneducated country is Afghanistan, with Niger as the first, and Qayoom Suroush says that their libraries are poor and have untrained staff. In America we have great libraries and a higher education rate. Libraries are a place where students can go to increase their ability to read and write and in America we have great libraries and well-trained staff. That is one reason we have good education in America and countries like Afghanistan don't. Countries with a higher education rate are looked as stronger countries to other places.

Second, libraries have many books on America's history and other countries' history. If our leaders read about our history they will less likely

to make the mistakes that other great leaders before us made. Also if we read about other countries' histories we might know the reason for what they might be doing today. If we know the reason they are doing something we would probably be less willing to go into war and solve this more peacefully instead. Dr. Martin Luther King Jr. said that “Love is the only force capable of transforming an enemy into a friend.” If we read books we can learn about our history so we don't make enemies and so we keep wars from starting. That would make America stronger.

Finally, libraries are a good place for poorer people and people who don't speak English to get books for free and at any level. According to Statistic Brain, 14 percent of adults in America cannot read. Some of those people are probably immigrants who emigrated from places only knowing how to read and write in their native language or not at all. Some other people might not have enough money to buy books. Libraries are places where you can get books for free as long as you bring them back on time. Libraries also have books ranging different levels of reading. That would be useful to people just learning how to read. Libraries also have books in different languages or books with English to another language translation. This would be useful to immigrants. If we have more people that can read we will have more future businessmen or women and greater leaders in our society, which will make America

stronger.

How can libraries make the world stronger? There are many reasons America is stronger with libraries. If every country just used one reason libraries make America stronger the world would be stronger. We would have higher education rates and more strong leaders and entrepreneurs. That is why America is stronger with libraries.

Frattallone's, Little Wine Shoppe, Speedy, Healing Elements, restaurants open on Fourth of July

Many of the Como Avenue businesses will be open July 4, but with abbreviated hours.

Healing Elements will celebrate the holiday with \$2 cups of herbal iced tea and free bubbles and popsicles for kids.

The new wellness center at 2290 Como Ave. will host a yoga class at 8:30 a.m. for all who need to stretch before the long day of activities.

The Little Wine Shoppe will be open 10 a.m.-6 p.m. Tim and Tom's Speedy Market will open at 7 a.m. Closing time wasn't decided at press time (either 4 or 7 p.m., they said). Frattallone's Hardware will be open 8 a.m.-4 p.m. Finnish Bistro will be open 6:30 a.m.-2 p.m. Colossal will be open 7 a.m.-noon. Muffuletta will be open 11 a.m.-2 p.m.

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4th OF JULY
THE FOURTH IN THE PARK

It's time to pull out your flag, grab your lawn chair and put on that red, white and blue. **The annual St. Anthony Park Fourth of July Parade and Picnic is nearly here!**

This year is the 69th anniversary of St. Paul's only Independence Day parade! We're adding several new, exciting elements to the day including: a DJ, improved sound system, additional classic cars, photo booth, more bands in the parade, and new kid activities—face painting, a bouncy castle and obstacle course.

SCHEDULE OF EVENTS:

8 a.m.	LANGFORD PARK RACES Registration at the recreation building (the event includes a small registration fee). Races start at 8:30. <i>4-mile race:</i> Divisions for men, women & masters (40 & over). <i>2-mile race:</i> Joggers & juniors (15 & younger).	1 p.m. – 2:30 p.m. PIG'S EYE JASS BAND AT THE BANDSTAND
10:30 a.m.	GRAND PARADE ASSEMBLY Children's bikes, trikes, wagons, etc. assemble at Ned's Park Service. Bands, vehicles and marching units assemble at Luther Place. Get your free American flag and t-shirt!	1 p.m. – 4 p.m. PONY RIDES & KID'S ACTIVITIES Kids can get their faces painted or take a turn on the bouncy obstacle course!
11 a.m.	GRAND PARADE BEGINS Proceeds from Luther Place, down Como Avenue to Langford Park via Knapp St. Parade includes a color guard, neighborhood units, bands, floats, VIPs, music, kids and much more!	2:30 p.m. – 4 p.m. RACES & CONTESTS Family fun events for kids of all ages! Ribbons for all participants.
12 p.m.	BANDSTAND PROGRAM Following the parade, a program, including the patriotic essay winners and music from the St. Anthony Park Community Band will take place at the bandstand in Langford Park.	DJ PERFORMS AT BANDSTAND

REFRESHMENT STAND OPENS
Purchase pulled-pork sandwiches, hot dogs, ice cream, veggie burgers & more vegetarian options by the tennis courts.
Sponsored by the St. Anthony Park Booster Club.

HORSESHOE, VOLLEYBALL, TENNIS & SANDBAG TOURNAMENTS
Registration and check in noon to 1 p.m. Preregister by calling Langford Recreation Center at 651-298-5765 or sign up online using the links below. Tournaments begin sharply at 1 p.m.

Horseshoes: apm.activecommunities.com/saintpaul/Activity_Search/36606
Volleyball (Beginners): apm.activecommunities.com/saintpaul/Activity_Search/38303
Volleyball (Advanced): apm.activecommunities.com/saintpaul/Activity_Search/38304
Tennis: apm.activecommunities.com/saintpaul/Activity_Search/38302

4 p.m. **INSTAGRAM PHOTO CONTEST WINNERS ANNOUNCED**
(Must be present to win.)

As always, we need YOU to put this event on! The Fourth in the Park would not exist without the support of our generous neighbors, along with our local businesses and organizations. With insurance, mailing costs, music and parade permits, the estimated costs of the day's activities totals around \$16,000. We sincerely appreciate any donation you are able to make.

There are several ways to donate:
Online at: 4thinthepark.org/donate-now
Mail in donation to: 4th in the Park Committee, P.O. Box 8062, St. Paul, MN 55108
Drop off donation at the information desk at Sunrise Bank.

Join hundreds of your neighbors and local businesses in supporting this community-building event!

We always need volunteers! We would love to have YOUR help for this fun community event!
Sign up at: <http://vols.pt/XWioV> and see what duties are available or contact us at 4thinthepark@gmail.com.

If you want to march in the parade or help plan, contact Marie Lister, parade coordinator, at list0019@umn.edu or 612-270-3984.

So plan on a great Fourth! Run a race. Decorate the bike. Shake a politician's hand. Visit with old friends. Relax with family. Eat a popsicle or three. Play some horseshoes. Listen to great music. We hope to see you there!

Like 4th in the Park on Facebook & check out our website, 4thinthepark.org for updates & more information.

The 4th in the Park is put on by the Fourth in the Park Committee & sponsored by the Saint Anthony Park Community Foundation, St. Paul Parks & Recreation & YOU!