



## Nature's Carpet of Health

Front Avenue was once home to early 20th-century grass carpet factory.

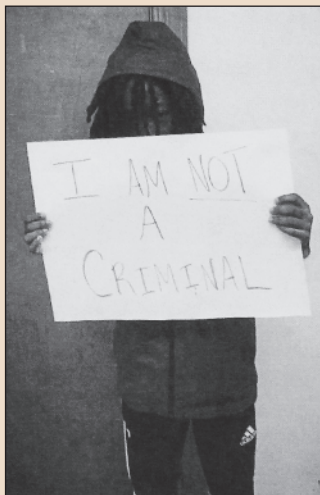
Page 7



## Young and promising

Meet Como Park Senior High's boys swim team.

Page 17



## Daring to be real

Murray kids work to eliminate racism.

Page 20

*Your award-winning, nonprofit community resource*

# Bugle

St. Anthony Park / Falcon Heights  
Lauderdale / Como Park

www.parkbugle.org  
March 2016

## First signs of spring?

*Road projects will shut down Hwy. 280 and Raymond Ave. (again)*

By Roger Bergerson

Two major north-south thoroughfares in the Park Bugle readership area will be affected during the upcoming road construction season, Raymond Avenue and Highway 280. Here's a rundown of both projects.

### Raymond Avenue

The third and final phase of rebuilding Raymond Avenue—from Energy Park Drive north to Como Avenue—will begin in May and finish in late November, with a break during the Minnesota State Fair, according to Barb Mundahl, project engineer with the City of St. Paul's Street Engineering Department.

Besides new pavement, the project will include new concrete curb, gutter and driveway aprons, new street lighting, sodded boulevards, tree planting and utility upgrades. There will also be Americans with Disabilities Act-compliant pedestrian ramps and sidewalk repairs as needed.

From Blake Avenue to Brewster Street, the street will remain 42 feet wide, with one vehicle lane and one bike lane in each direction and parking allowed on the west side of the street.

From Energy Park Drive to Blake, the street width will vary to accommodate turn lanes at Energy Park Drive, then narrow under the railroad and University of Minnesota Transitway bridges. The pedestrian walkways under the bridges, currently elevated, will be lowered to street level.

The grass medians at Gordon Avenue will be removed, and bump-outs and a flashing pedestrian beacon will be installed at the school crossing.

The Raymond and Como intersection is not included in the upcoming work, but will be reconstructed as part of Como repaving in 2017.

Once the project begins, updates can be obtained on the city's



## Peace Train, HOLY MOLY!

The folks at Peace Lutheran Church of Lauderdale took a train to White Bear Lake in February to participate in the 2016 Art Shanty Project. Congregants spent January building their Peace Train Shanty in the church sanctuary and moved the structure to White Bear Lake for the project's opening day Feb. 6.

The Art Shanty Project is a biannual month-long "artist-driven temporary community in the tradition of ice-fishing communities but with arts-based programming," according to the project's website. It's a sculpture park, art gallery and community on ice. Each shanty has a theme and involves a lot of audience participation.

This is the second year Peace Lutheran has participated. Congregants built Noah's Art Shanty for the 2014 Art Shanty Project. Above, Joe Stinar of St. Anthony Park plays conductor and guides visitors through making their own train tickets using stamps depicting flowers, peace signs and various other "peace" symbols. The event's last weekend is Feb. 27 and 28. You can find out more at [artshantyprojects.org](http://artshantyprojects.org). Train photo by Becky Kapell; interior photo by Kristal Leebrick.



## Want a voice in the upcoming election?

*Attend your precinct caucus on Tuesday March 1.*

By Roger Bergerson

The precinct caucuses to be held Tuesday, March 1, at 7 p.m. will present voters with the opportunity to gather with members of their respective political parties to discuss and debate issues, pass resolutions and select delegates to the upcoming state conventions.

You can determine your caucus location by going to the Minnesota Secretary of State's website, [mnvotesinfo.sos.state.mn.us](http://mnvotesinfo.sos.state.mn.us). Click on the "precinct caucuses" box and then use the online caucus finder.

If you aren't sure which legislative district you are in, you can find a map at the Minnesota Legislature website, [www.gis.leg.mn/hsemadata.htm](http://www.gis.leg.mn/hsemadata.htm).

Here are the caucuses relating to the Park Bugle readership area:

### Legislative District 66A

(Falcon Heights, Lauderdale, portions of Roseville, St. Anthony Park and Como Park)

- Democrats will convene at the Roseville Area High School, 1261 W. County Road B2.
- Republicans will meet at the Roseville Area Middle School, 15 E. County Road B2.

### Legislative District 66B

(Portions of Wards 1, 4, 5 and 6, St. Paul)

- Democrats will convene at Como Park Senior High School, 740 W. Rose Ave.
- Republicans will gather at Como Park Elementary School, 780 W. Wheelock Parkway.

### Legislative District 64A

(The area of St. Anthony Park south of Como Avenue is in this district.)

- Democrats meet at St. Paul Central High School, Room 2307, 275 N. Lexington Parkway.
- Republicans convene at Cretin-Derham Hall High School, 550 S. Albert St.

C I T Y F I L E S

**Como Park**

The District 10 Como Community Council meets at 7 p.m. on the third Tuesday of each month at the Historic Streetcar Station, 1224 N. Lexington Parkway. Contact 651-644-3889 or [www.district10comopark.org](http://www.district10comopark.org).

**Sunday Series answers questions you didn't even know you had**

Interested in learning how come, how to, what if or what's next? Finding you these kinds of answers is one reason behind the 2016 Sunday Series, sponsored by the District 10 Como Community Council. The free presentations and discussions tackle different topics—some fun, some serious, some a little of both. Here's the Sunday Series schedule:

*Gardening for the Birds and the Bees* Twin Cities authors Heather Holm and Clay Christensen give us the dirt on how our yards can attract and nourish birds, bees, butterflies and other beneficial beasts. They'll share specific advice about which trees, shrubs, flowers, grasses and other plantings work best. They'll also make sure we understand which gardening and yard practices are beneficial and which are not.

**Details:** Sunday, Feb. 28, 1 p.m., Historic Streetcar Station.

*The Como Park You Never Knew*

What do H.W.S. Cleveland, a prison workhouse, Cozy Lake, Warrendale, Frederick Nussbaumer, the St. Paul City Railway, a buffalo park, Friedrich von Schiller, the Sons of Norway, hotel fires, dogsled races, the Longfellow Zoo, a gravel pit, a poem as lovely as a tree, the Oliver Crosby Stonebridge mansion, Hamm's beer and Henrik Ibsen have in common? They're all part of the history of Como Park. Author Timothy Gadban will tell you the stories long forgotten and the stories behind the park's most beloved landmarks.

**Details:** Sunday, March 6, 1 p.m., Como Park Pavilion. Co-sponsored by Como Dockside.

*What the Birds Are Telling Us*

The trumpeter swan. The American white pelican. The common loon.

The mallard duck. The bald eagle. The Baltimore oriole. These are just six of the 166 bird species in Minnesota whose survival is threatened by climate change. Photographer and birder Monica Bryand of St. Paul will share photos and stories of these birds as part of the special project she is working on through the National and Minnesota Audubon Societies. Co-sponsored by Como Park Zoo and Conservatory.

**Details:** Sunday, March 13, 1 p.m., Como Park Visitors Center auditorium.

*Building a Rain Garden*

Master Gardener Frank Dolejsi and Nate Zwonitzer from the Capitol Region Watershed District will share the big picture on the benefits of rain gardens, then give us the nitty-gritty on how to create one that works. They'll cover planning, construction, specific plants to include and how the Watershed District can provide technical expertise, even grant money to help offset costs.

**Details:** Sunday, March 20, 1 p.m., Newman-Benson Chapel at Lyngblomsten, 1415 Almond Ave.

*Later in the Sunday Series*

- The Truth About St. Paul's Bike Plan, Sunday April 10, 1 p.m., Historic Streetcar Station.
- Garbage 101, Sunday April 17, 1 p.m., Como Park Lutheran Church, 1376 W. Hoyt Ave.

**Interested in joining the District 10 Como Community Council?**

Nine seats on the Como Community Council Board of Directors will be up for election at District 10's Annual Meeting on Tuesday, April 19. Elections will be held this year for vice chair, treasurer, one director from each of the neighborhood's four sub-districts and three at-large directors.

Any resident of District 10 who is age 18 or older is eligible to run for the board. So are authorized representatives from a business or nonprofit organization located in District 10.

Board members elected this year will serve from April 26, 2016, until

April 24, 2018. They are required to attend the monthly Community Council meeting, to serve on at least one committee and to share other duties.

Candidates interested in running for a board position must submit their name and a brief biography by Tuesday, April 5. If interested, submit your information or send your questions to [district10@district10comopark.org](mailto:district10@district10comopark.org).

**Working to make tomorrow better**

The city is accepting nominations for the 2016 Sustainable St. Paul Awards, which honor work being done to protect and restore the environment in St. Paul. Nominations are due by Tuesday, March 1. Submit them online at [bit.ly/1Ka9gfu](http://bit.ly/1Ka9gfu).

**Falcon Heights and Lauderdale**

The Falcon Heights City Council meets the second and fourth Wednesdays of each month at 7 p.m. in Falcon Heights City Hall, 2077 W. Larpeur Ave. Contact 651-792-7600 or [www.falconheights.org](http://www.falconheights.org).

The Lauderdale City Council meets on the second and fourth Tuesday of each month at 7:30 p.m. in Lauderdale City Hall, 1891 Walnut St. Contact [www.ci.lauderdale.mn.us](http://www.ci.lauderdale.mn.us) or 651-792-7650.

**Lions Club offers scholarships**

The Falcon Heights/Lauderdale Lions Club is sponsoring two \$1,000 college scholarships for one female and one male 2016 graduating senior from Roseville Area High School. The only selection criterion is that the recipients be residents of either Lauderdale or Falcon Heights. The scholarship application can be found on Naviance or by contacting a Roseville guidance counselor.

**St. Anthony Park**

The District 12 Community Council meets on the second Thursday of each month at 7 p.m. at Jennings Community Learning Center, 2455 University Ave. To find when council committees meet, go to [www.sapcc.org](http://www.sapcc.org) or call 651-649-5992. The council offices are now located at 2395 W. University Ave., Suite 300 E.

**Community garden plots open**

Every year plots open up in the St. Anthony Park Community Garden. Run by Sherm Eagles and Sue Connor, the garden offers a way to plant your own food and meet your neighbors. Applications are at [sapcc.org](http://sapcc.org).

**Remember: District 12 moved**

The District 12 office moved in

February to 2395 W. University Ave., Suite 300 E. A huge thank you to Jooy of the People for moving the heaviest items and Langford Park for moving and storing many of the community council's storage items.

**Committee news**

The Land Use Committee appointed Bob Straughn and Fred Foster to be liaisons from the Land Use Committee to the Prospect North Innovation District, a coalition of community groups seeking to boost economic development in the

Prospect Park neighborhood to Highway 280.

The Transportation Committee is engaging in pedestrian safety issues.

The Environment Committee (thanks to Betty Wheeler) got an air quality-monitoring station in south St. Anthony Park. The station will monitor the air in the neighborhood for a year and the Environment Committee will report the results when they come in.

The Equity Committee is working on cultural competency training for the organization.

**Hausman named 'Housing Champ'**

State Rep. Alice Hausman, DFL, has been named the "Homes for All" 2015 Housing Champion. Homes for All is a statewide campaign of more than 150 organizations that work to increase resources for affordable housing and supportive services.

As the chair of the House Capital Investment committee in 2014, Hausman secured \$100 million in bonds for affordable housing. In 2015, serving as the committee's minority lead, she successfully advocated for \$10 million. Hausman has been instrumental in helping Homes for All secure nearly \$200 million for housing and services since 2012.

Hausman said she was honored to receive the award. "The most significant component of a productive life is to have access to stable housing," she said. "The state has been able to help thousands of Minnesotans, including many children, know the security of having a roof over their heads."

Previous investments have helped to make progress in ending homelessness, according to Homes for All.

In the 2015 HUD Point-in-Time Count, Minnesota saw a 10 percent decline in homelessness, the



Rep. Alice Hausman

first decline since 2011.

The largest declines were in families with children and veterans. The state is on pace to end veteran homelessness by the end of 2016.

Since 2011, Minnesota Housing has awarded \$425 million to finance the construction or preservation of nearly 15,000 units of housing across the state.

Hausman will author the 2016 Homes for All bonding bill, which includes \$130 million in bonding and expands eligible uses for senior housing.

**State Fair to expand north end of grounds**

By Alex Lodner

It may be a couple of years away, but Minnesota State Fair general manager Jerry Hammer recently revealed preliminary plans for a new entertainment venue on the north end of the fairgrounds.

At the annual meeting of the Minnesota State Agricultural Society, the fair's governing body, Hammer gave a sneak peek of the expansion, which may include new attractions like an interactive Future of Agriculture exhibit hall and a hall for traveling exhibits. An outdoor amphitheater for performing arts is also a possibility, although it will likely not be as expansive, or

expensive, as the highly successful West End Market's venue.

The Hoyt Avenue entrance is often less congested than the main entrance on Snelling Avenue or the south entrance off Como Avenue. Hammer says the new attractions shouldn't change that.

"The facility on the north end should have very little effect on traffic flow of the fairgrounds," he said in an email to the Bugle. "During the fair, the gate is busy until the north parking lots fill, then slows down to people who either park in the neighborhood or who take a Snelling Avenue bus. The new facility won't change any of that."

*Our work speaks for itself*

**EMIL GUSTAFSON JEWELERS**  
DISTINCTIVE JEWELRY AND DESIGN SINCE 1911

TUES.-FRI. 10-6 SAT. 10-5 ♦ 2278 COMO AVENUE ♦ 651.645.6774

**When you need advice**

**CARTER AVE. FRAME SHOP**

[www.carteravenueframeshop.com](http://www.carteravenueframeshop.com) hours: weekdays 10:00 a.m. - 5:30 p.m. / saturday 10:00 a.m. - 4:00 p.m.



Guardian ad litem Sunny Comstock with her dogs Bo (left) and Smidge. Photo by Kristal Leebrick

## ‘The eyes and ears of the court’

*Guardians ad litem advocate for maltreated children who come under the authority of child protection services.*

By Judy Woodward

It didn't take St. Anthony Park resident Sunny Comstock long to figure out what she might encounter as a volunteer guardian ad litem, a court-appointed advocate for children who come under the authority of child protection services because of allegations of abuse or neglect.

"As part of the training, they have you listen to a recording of child's 9-1-1 call [made] while the father is on a drunken rampage, beating on the mother," Comstock says. "You can hear the mother scream, 'Oh, God. He's got the baby!'"

Comstock, 35, describes herself as someone who spent an "ideal childhood" in a St. Anthony Park home that's been in her family for three generations. She is not hesitant about acknowledging that she has been "pretty sheltered" and "is

sensitive in real life." The contrast with the situations she may encounter as a guardian ad litem is striking. She has been a volunteer for just a few months, but she will put her training to use in assessing and reporting to the court on the situations of children who may have been failed by every other adult in their lives.

The phrase "guardian ad litem" has the Latin meaning of "guardian for the [legal] proceedings." Or, as Comstock says, "We're observers, the eyes and ears of the court. For some of these kids, the only constant in his life is the guardian ad litem." Some of the cases she encounters may be horrific. She can't discuss the specifics, but she knows she might encounter children who have been sexually trafficked by their own parents or "kids raised in flop houses where people are doing drugs all around them."

Comstock is expected to meet at least once a month with the child, in addition to investigating allegations of abuse and interviewing persons connected to case. In the most wrenching cases, she may have to recommend that children be removed from their homes.

Comstock, the mother of two school-age children, is determined not to let her emotions overpower her effectiveness. "This is the kids' reality," she says. "If they can handle it, I can find some way to do the job [of assisting them]."

It's this kind of resolute spirit, among other characteristics, that makes guardians ad litem so highly valued by the courts systems they serve. Dana Ahlness, manager for the Guardian ad Litem Program of the Second District Court in Ramsey County, says volunteers like

*Guardians ad litem to 8*

## Latest buzz: St. Paul is 'bee-friendly'

By Roger Bergerson

It's official, St. Paul cares about pollinators, those bees and other insects so important to a healthy ecosystem and food production.

The City Council recently passed a resolution encouraging city departments to adopt practices that will benefit pollinators, such as increasing the use of native plants in landscaping and limiting the application of pesticides.

In the process, city leaders hope that private property owners are inspired to do the same.

Chris Cowen, a beekeeper and Como resident, and Margot Monson, a beekeeper who lives in St. Anthony Park, spoke in support of the resolution at the council meeting.

"It's certainly a step in the right direction and quite helpful, I think," said Monson afterward. She and Cowen provided input during the

process of drafting the resolution.

It is generally accepted that native bees, honeybees and other pollinators are in decline across the country, most likely because of loss of native plant habitat and pesticide use.

"It's hard to be a bee today," observed Erin Rupp of Pollinate Minnesota, an organization supporting the resolution.

Cy Kosel, natural resources manager, Parks and Recreation Department, told the council that he's seen a change in attitude toward the management of public green space. "We've come to understand that not everything has to be groomed like a golf course," he said. "And not everything we've thought of as a pest was a pest."

In many respects, the council action builds on what is already being done to restore and enhance public

natural areas across the city, said Russ Stark, 4th Ward council member and council president.

The resolution directs that all city departments develop or update an "Integrated Pest Management" program that requires site inspections and an evaluation of the need for pest control. If needed, nonchemical methods will be tried first.

Although pesticide use is to be eliminated as much as possible, the resolution provided exceptions for the tropical gardens in the Como Park Conservatory, some areas of golf courses and certain athletic fields.


Stark authored the resolution, while Amy Brendmoen (Ward 5) and Dai Thao (Ward 1) were co-sponsors.

St. Paul is the ninth city in Minnesota to pass such a measure.

Treating your house like a home.  
  
 • Interior & Exterior Painting  
 • Wallpapering & Paper Stripping  
 • Wood Stripping & Refinishing  
 • Plaster/Sheetrock Repair  
 • Ceiling Texturing/Repair  
 • Wood Floor Sanding & Refinishing

VISA 651-699-6140 or WWW.PAINTINGBYJERRYWIND.COM

**"Lawyers who earn your trust"**  
 Wills & Estates & Probate / Real Estate & Leases  
 Divorces & Family / Criminal Defense / Business Start-ups  
**Ferdinand Peters Esq. Law Firm**  
**In St. Anthony Park**  
 842 Raymond Ave., Lakes & Plains Building 651-647-6250  
[www.ferdlaw.com](http://www.ferdlaw.com) / [ferdpeters@ferdlaw.com](mailto:ferdpeters@ferdlaw.com)


 **Park Dental**  
 Como Avenue

**With you every smile of the way.**

Formerly St. Anthony Park Dental Arts.  
 New name, same great team.

Dental care for the entire family, including:

- Preventive dentistry
- Cosmetic dentistry
- Dental implants
- ClearCorrect orthodontic aligners

  
 William H. Harrison, DDS

Preferred provider for most insurance companies.  
 Call or request your appointment online.  
 2282 Como Avenue, St. Paul, MN 55108  
 651-646-1123 | [parkdental.com](http://parkdental.com)



Please join us for Holy Week

**Palm Sunday**  
 March 20, 8:30 & 11:00 a.m.

**Maundy Thursday**  
 March 24, 7:00 p.m.

**Good Friday**  
 March 25, 7:00 p.m.

**Easter Day**  
 March 27, 8:30 & 11:00 a.m.  
 (Easter Breakfast served 9:30 - 11:00 a.m.)

---

**St. Anthony Park Lutheran Church**  
 2323 Como Avenue W  
 St. Paul, MN 55108  
 Staffed nursery available Sunday mornings  
 Church office: (651) 645-0371  
 Visit us on the web at [www.sapl.org](http://www.sapl.org)



# Park Bugle

www.parkbugle.org

P.O. Box 8126  
St. Paul, MN 55108  
www.parkbugle.org  
651-646-5369

## Editor

Kristal Leebrick  
651-646-5369  
editor@parkbugle.org

## Production Manager

Stephen D. Parker  
612-839-8397

## Obituaries Editor

Mary Mergenthal  
651-644-1650  
mary.mergenthal@gmail.com

## Delivery problems?

editor@parkbugle.org  
651-646-5369

## Subscriptions & billing

Fariba Sanikhatam  
651-239-0321  
fariba@parkbugle.org  
Subscriptions are \$30 for one year.  
Send payment to P.O. Box 8126,  
St. Paul, MN 55108

## Calendar submissions

calendar@parkbugle.org

## Copyeditor

Ruth Weleczki

## Proofreader

Christine Elsing

## Display advertising

Clare Caffrey  
651-270-5988  
clare.caffrey@parkbugle.org

Bradley Max Wolfe  
952-393-6814  
bradley.wolfe@parkbugle.org

## Classified advertising

651-239-0321  
classifieds@parkbugle.org

## Next deadline:

**March 9. The paper will be published March 22.**

The Park Bugle is a nonprofit community newspaper serving St. Anthony Park, Lauderdale, Falcon Heights and Como Park. The Bugle reports and analyzes community news and promotes the exchange of ideas and opinions in these communities. The Bugle strives to promote freedom of expression, enhance the quality of life in the readership communities and encourage community participation.

Opinions expressed in the Bugle by the editor, writers and contributors do not necessarily represent the opinions of the board of directors, Park Press, Inc. Copyright 2016, Park Press, Inc. All rights reserved.

The Park Bugle is published by Park Press, Inc., a 501(c)3 nonprofit organization guided by an elected board of directors.

Currently serving on the board are Grant Abbott, Ted Blank, Emily Blodgett, Betsy Currie, Deborah Cushman, Elizabeth Danielson, Michael Griffin, John Landree, Gabrielle Lawrence, Bob Milligan, P.J. Pofahl, Amy Schoch, Glen Skovholt, Matt Vierling and Kathy Wellington.



## EDITORIAL

# Humor us: Enter the Bugle poetry contest

In 2011, the Park Bugle launched its first-ever poetry contest. It came at the heels of a particularly trying winter with a relentless amount of snow. When we went to press for our March issue five years ago, the Twin Cities had recorded 74.5 inches of snow and we knew it wasn't over yet.

So, stealing from the playbook of a local daily news columnist (who ran a poetry contest asking people to write about ice dams), we asked readers to send poems that explored

the subject of surviving that particularly harsh winter.

It's 2016 and the winter hasn't been that bad, but April is National Poetry Month and it's looming.

Once again, dear readers (and writers), we ask that you sharpen your pencils and get writing. This year, we are throwing in a \$50 prize for first place. The prompt is *privilege*.

Here's the skinny:

- Poems can take any form you

choose.

- The word *privilege* does not have to appear in your poem. Use the word as inspiration to go in any direction it takes you.
- The contest is limited to one submission per person and it must be received by Friday, March 4.

The top three winning entrees will be published in the April issue of the Bugle.

All submissions will be posted

on the Bugle website.

The contest is open to all Bugle readers. Current Bugle employees and Park Press board members and their families are not eligible to enter.

Send poems to Editor, P.O. Box 8126, St. Paul, MN 55108, or to editor@parkbugle.org.

The poems will be judged anonymously by a local poet.

Get out those pens (or pencils or laptops). On your mark, get set, compose!

## COMMENTARY

*Welcome to the Bugle editorial pages, the place where we exchange ideas and opinions.*

*The views reflected in the commentaries and letters printed here each month are the opinions of the individual writers.*

*We encourage community participation on this page. Bugle contact information is in the box at left.*

# Bernie Sanders: A teen's perspective

*By Jackson Kerr*

The American political system is a perverted, fickle mess. An era of profound and perfunctory greed has only emboldened the rich and their political clientele to gaze further into the swirling kaleidoscope of money and power that first captivated them an age ago.

American people, whose collective voice once commanded the Democratic process, elect to remain quiet, not their public officials. Yet the ears of the people remain acute, and they eagerly train toward a raspy clarion call of vindication from the depths of a worn throat, tinged with that wonderful piece of Jewish-Brooklyn.

Bernie Sanders has arrived.

Such a glamorous introduction to the senator from Vermont who would be president is not unfounded, as local campaign supporters resoundingly attest. That Minnesotans, long considered steadfast in their commitment to the respected yet antiquated DFL, would so much as bash an eyebrow Sanders' way acknowledges not only a flirtatious way with populist candidates, but to an impermissible state of affairs gripping the Land of 10,000 Lakes.

- Minnesota handily caters a sampling of corporate America's "finest," having assembled a burgeoning platter of 17 Fortune 500 companies, all of whom report revenue in excess of \$5 billion. Yet a smattering of these institutions—3M, General Mills and St. Jude Medical among them—skip past the IRS to haunts overseas, pockets bulging with profits. Sanders has pledged to end this exercise in tax deferral, demanding that "large corporations pay their fair share in taxes," and invigorate the market with the capital investment Minnesotans so des-

perately need.

- When an "esteemed" columnist for the Pioneer Press opines against the credibility of the climate crisis with a nonchalance befitting only Joe Southeray, one questions the integrity with which Minnesota can conduct itself. Sanders, meanwhile, is not complacent with a deteriorating planet, harping the necessity of moving "our energy system away from fossil fuels, toward energy efficiency" and providing an explicit plan to reference while president.

- As criticism fervently mounts over the Minneapolis police shooting of Jamar Clark, one cannot discount the prickly details of race relations in this state. Those who blithely deny this new paradigm, speeding down I-94 away from a racial-equality impasse, take care to avoid those Black Lives Matter protesters bottlenecking your exit. Sanders is unapologetic in his decree that, yes, Black lives *do* matter and advocates for measures such as demilitarization of the police force, an end to for-profit prisons and the War on Drugs and policies that promote the economic betterment of minorities.

- In the 2014 election cycle, Minnesota renewed its corroboration with a corrupt campaign financing system, parties and politicians accepting itemized Super PAC donations totaling \$8.6 million and \$29.8 million from individual contributions exceeding \$200. Sanders is the only Democratic contender for the presidency not subservient to such practices. He does not have a Super PAC. Rather, he accepts only apropos contribu-

tions from supporters and not wealthy figureheads.

- Minnesota's commitment to higher education is sufficiently apt, with \$467.5 million appropriated from our state budget to the Office of Higher Education for the coming two fiscal years. Within that same allocation, however, an increase of \$7 million for "need-based financial aid to Minnesota resident undergraduate students" was provided to accommodate the crushing costs of attending university. Sanders' plan for tuition-free public colleges, paid for by Wall Street, seems befitting the "65 percent of Minnesota-raised students ... enrolled at Minnesota state colleges." And it would place many Bugle readers within blocks of a world-class education at no cost to them.

I have engaged a great many people who gush praise when it comes to Sanders' positions on the issues, but that same reliability seemingly evaporates as discussion shifts to the candidate himself and his perceived lack of "electability." My rebuttal is this: Such negativity is strategically unbecoming of any grassroots campaign.

The establishment has rather lazily asterisked the senator's electability chances at zero. But such doctoring of the situation may alternatively imbue the candidate with that mystical "Why not?" quality. A tired American people with nothing much to lose may cast their lot with the underdog. We saw a similarly impassioned run in 1990 from Paul Wellstone that bore luscious fruits. Undoubtedly, 2016 could prove much the same.

Perhaps voters concede to these yearnings, inaugurating themselves into an era of real, liberal possibility, siccing a bullish President Sanders

onto Capitol Hill to yap at lawmakers' haunches. What then? Perhaps his agenda would encounter complete refute, seeing him idling back to his white doghouse, tail-between-legs. But at least he'll have tried, which is more than can be said for his opponents, retroactive as willed by domineering special interest groups.

I challenge any Hillary Clinton supporter to espouse the potential for "comprehensive industrial reform" under her administration, knowing that her largest campaign donors consist of those same gluttonous corporations she seeks to "regulate." I guffaw at the notion that she'll be "tough on Wall Street" when her outstanding donors remain some of America's largest banks. Folks, let's be real: Hillary Clinton is bought.

Similarly, our friends in Washington love to canvass their work beneath a greasy veneer. But suppose Bernie's agenda were to run the legislative gamut, achieving great enthusiasm and success. As illustrated, the Sanders way draws from an array of policy as a rogue painter might draw from his palette, and as with any work of art, beauty is constituted not by the singular elements, but an amalgam of artistic entities in cooperation. If a "political revolution" of the scope the senator proposes were to truly occur, picture the harmonic balance of the outcome. His presidency would posit to be a masterpiece.

Test your allegiances at the caucuses on March 1. And take care to heed the words of Theodore Roosevelt: "The American people are slow to wrath, but when wrath is once kindled it burns like a consuming flame."

*Jackson Kerr is a sophomore at Como Park Senior High School.*

## LETTERS

### The death of a St. Anthony Park/Langford tradition

For 55 years our little rec center down in Langford Park has hosted a Winter Classic weekend filled with winter sports tournaments and memories.

I grew up in [St. Anthony Park] and fondly remember playing in the annual basketball tournament and spending basically the entire weekend at the park eating nothing but hot dogs and chili while searching with my friends for the winter medallion. Most of the kids who grew up playing either hockey or basketball remember this weekend for the ultimate feeling of community that occurred when hundreds of families converged on the rec center for the dual basketball and hockey tournaments.

Half my friends played basketball, half played hockey, and we all spent the weekend together sharing our stories of our tournament experiences. I now coach basketball down at Langford and loved being able to see my players experience the excitement and pride in their rec center for hosting an amazing weekend of sports and community.

All of that, in the blink of an eye, was wiped out this year. There were still basketball and hockey tournaments, they were just held on separate weekends. There was no interaction between hockey and basketball players and families. The weekend of the basketball tournament Langford Rec Center was mostly quiet. The 12U boys played an amazingly exciting matchup between the two Langford teams for first place, but they played

those games over at Merriam Park. Most of my kids did not even get to step foot in Langford, their home court, all weekend long. There were no girls' basketball tournaments at all.

My team did not get to see their friends and siblings play in games, they did not get to search for a medallion, they did not get to eat those Slapshot Combos that we all love.

As someone who grew up here and loves the traditions that we celebrate, I can honestly and very sadly say that these kids have been robbed of a glorious experience. Whatever the word is for the opposite of community building, this is its definition.

To the people who made this decision and executed it with the callousness I never thought existed here in our neighborhood, I hope that this year was only an experiment and that next year all the young athletes we are raising down at Langford Park get to experience the Winter Classic in the park together.

*Todd Nakanishi  
Langford 12U boys  
basketball coach*

### Let's divert organic waste with curbside composting in St. Paul

Over 30 percent of the waste we generate in each household throughout the City of St. Paul is organic material like fruit, vegetables, meat, dairy products and even non-recyclable paper products such as pizza boxes. Our landfills are overflowing and the decomposing

trash is creating greenhouse gases. If we divert the waste by composting, it would make less of an impact on the environment. Curbside composting could drastically help reduce St. Paul's environmental footprint.

Curbside composting, or collection of organic waste, is a program where city residents could receive a bucket or tub to be filled with organic materials. It would be left on the curbside for pick up on a regular basis, much like we already do with trash and recycling. According to the "Recycle It Forward" survey taken in 2013, three-quarters of St. Paul residents want curbside composting. If that organic material is not sorted out, then it is piling up in our landfills and increasing our environmental impact.

Minneapolis has already begun its curbside composting program in August 2015 on a sign-up basis. There are several sources online that have stated different timelines of when it could foreseeably come to St. Paul, the "Como Composts" website claims that we could see it mid-2017, and the "Recycle It Forward" survey says that our current contract with Eureka is finished in 2024, but there is not a set plan of action yet. We need to act as soon as possible to try and control our carbon footprint. St. Paul is a progressive and open city; our neighborhoods are ready for this. Let's make our city a better place while we still can.

*Caty Rent  
Como Park*

## The Bugle seeks board candidates

The Park Bugle is seeking candidates to fill openings on its board of directors. The board consists of residents and business owners from the communities served by the newspaper.

Skills and background desired include organizational or management skills, especially with nonprofits, including board service; fundraising and grant-writing experience; a strong connection to the community and the ability to comfortably approach potential donors; advertising experience, specifically sales, to support our sales representatives; and legal expertise.

If you want to help shape the strategic direction of your local, award-winning, nonprofit newspaper, send a short note and biography to [editor@parkbugle.org](mailto:editor@parkbugle.org), with DIRECTORS in the subject line. Or send a letter to Park Bugle, P.O. Box 8126, St. Paul, MN 55108, Attn: Directors.

### Thanks again, and again, Bugle readers

We are so grateful to our supporters. You've helped us raise \$40,512 for the Park Bugle's 2015-16 fund drive. We thank all of you who have contributed, including the following people and businesses who gave between Jan. 13 and Feb. 10.

The nonprofit Bugle would not be here without your contributions. We rely on tax-deductible donations to help defray the newspaper's annual operating costs. We've reached our fundraising goal, but we are always happy to accept more contributions. If you would like to contribute, you can do it online at [www.parkbugle.org](http://www.parkbugle.org). Click the green DONATE NOW button on the right side of the page. Or send a check to Park Bugle, P.O. Box 8126, St. Paul, MN 55108.

Thank you!

Coreen Blau  
Gary & Mary Nelsestuen  
Gary & Sally Cagle  
George & Jean Albrecht  
Granger Family

Henry & Betty Ernst  
Jerry Fjerkenstad  
John & Laura Oyen  
Robert Holloway  
Sherman Eagles & Sue Connors



Imagination.  
It's the Western way.

WESTERN BANK  
western-bank.com



*Photo: Julien Mignot*

THE SCHUBERT CLUB | Music in the Park Series

Ébène String Quartet

Sunday, March 13, 2016 • 4 PM  
Saint Anthony Park United Church of Christ  
Pre-concert talk at 3 PM • Music of Haydn, Debussy,  
and Jazz pieces to be announced from the stage  
[schubert.org](http://schubert.org) • 651.292.3268

Family Concert reminder: Copper Street Brass  
Friday, March 4, 2016 • 6:15 & 7:30 PM • St Matthew's Episcopal Church  
For children of all ages and their families • FREE



### 1666 Coffman • Unit 108

Rare Opportunity  
Active University Community for Independent Living  
CONDO 108 - NOW OPEN TO NON-UNIVERSITY  
EDUCATORS 55+

2 bedroom, 2 bath, ensuite master bath and dressing area  
Private garden plots, pet friendly, underground parking  
Surrounded by nature, walk or bus to everything!



### University Grove • 2165 Hoyt Ave.

Dramatic stairway and center hall are the anchors that will make this a house that you will want to make your home.  
Designed for entertaining and active family life.  
4-bedroom, screen porch, 4-season glass atrium,  
professionally designed established gardens,  
super-sized attached garage, plus much more



**Barbara Swadburg**



Mobile: 651-271-8919  
Email: [barb@lyndenrealty.com](mailto:barb@lyndenrealty.com)



# Dubliner's pub quiz may be the Twin Cities' most unique

By **Bill Lindeke**

Each week, a recording of an old-fashioned brass processional announces the beginning of Tom Mays' pub quiz. The fanfare is an often futile attempt to quiet the bubbling chatter at the Dubliner bar at the corner of University Avenue and Vandalia Street. It's usually full of live-music fans who have come for the Sunday show.

But then the trivia audience settles in, groups of three to five people clumped around the low wooden tables, quietly chatting. And Mays gets right down to business, shouting out the rules to his unique trivia night, where all the answers are organized alphabetically and the questions are displayed with an intricate PowerPoint presentation full of hidden and visible themes that have included BBC TV shows,

World War II tanks, movie special effects, Martian science fiction, glam rock and synonyms for the word "money."

These days, Twin Cities pub quizzes are typically of two schools. The new school is dominated by the Trivia Mafia, a Minneapolis bar trivia operation that has spread far and wide across the bars of the Twin Cities. With the Mafia format, there's always an "image round" and a variety of other rounds often ripped from news headlines or the internet. Some of the rounds are repeated at different bars, as the hosts float between Pizzas Lucé or other joints like St. Paul's Amsterdam Bar or Minneapolis' 331 Club, where the Mafia began.

But there remains an old school of Twin Cities' Euro-style pub quizzes scattered around, dominated by the area's traditional British Isles

pubs like Brits and Merlins Rest in Minneapolis and the Dubliner. Some of the differences reflect generational knowledge, much like the "genus" editions of Trivial Pursuit. For example, while Trivia Mafia games often emphasize events from the '90s to the present, quizzes like Mays are aimed at a slightly older generation, and more of the cultural lore is from the '70s or '80s.

"I've been a big fan of trivia for a long time," said Mays, the trivia host who works his day job doing lighting design for the Guthrie. "I seem to have a mind that captures details and holds on to them, usually things that are not relevant to normally functioning life."

Mays began his trivia half-accidentally. There had been a pub quiz hosted at the Dubliner for years, he said, a repeat of the UK-themed trivia from Merlins Rest (run by a Brit named Bill Watkins). But around five years ago, when the quiz fell through, a vacancy opened up at the Dubliner and Mays agreed to give it a try. The rest is history.

"The way I do the quiz is that I sit around and wait," Mays told me. "Usually inspiration hits me during the week. I pick a theme and deconstruct it, a theme and a subtopic of the theme that makes sense, and I add one with a twist on the theme for people with different knowledge and skill sets."

Tips for beginners: Pay attention to the themes. Mays announces them at the beginning of the quiz. There are almost always clues embedded in the PowerPoint slides, little subtitles to give you hints at the answer. Bring a team of folks with diverse interests, for example, people who like history, literature and pop music. And keep track of the "alphabet" using the letters on the side of the score sheet; you can cross them off as you go. Each answer will begin with a unique letter of the alphabet.

"I always try and give at least one or two ins and put a clue into



Tom Mays runs a pub quiz Sunday nights at the Dubliner. Photo by Kristal Leebrick

something that's difficult," Mays told me. Each quiz takes him about four hours to put together, though it might take longer if there's a lot of multi-media.

"There are some questions that, unless you are an absolute fanatic about the topic, you won't know the answer. I try and limit this, but I occasionally get people who get perfect scores," Mays explained.

The Dubliner itself mirrors the old-school approach. The big neon sign from the old days when this place was known as the "Ace Box Bar" hangs over the popcorn machine, and the wooden floors, old wooden chairs (salvaged from a defunct Ponderosa Steakhouse) and smell of Heggie's Pizza create a cozy atmosphere in which to ponder the trivial. And there are no TVs at the Dubliner. The only screen you'll find here is Mays' PowerPoint presentation, full of music videos and photos of obscure vehicles, everything from tanks to '70s British cars.

"It's a great dive bar," Mays told me. "You can go in there and see people you know, hang out or be by yourself if you want, have a quick drink and head home. It's got a lot going on, always interesting people.

And free live music; you can't beat that. There's no cover charge and they get pretty good bands."

Mays admits to being bribable—explicit in the rules is that you can trade answers for a shot of single-malt scotch, and win the whole game by purchasing a bottle. But nobody does that. The spirit of friendly fun remains intact.

The last time I was there, one of the teams had brought along their knitting to pass the time, which seemed like a good idea in the January chill. When Mays brought back the completed trivia sheet, he told my partner and me, "You did very very well!" For a brief moment we got our hopes up, thinking our score (24 points) might carry the day.

But a few moments later, the winning table cheered and began divvying up their free drinks.

It happens almost every week: Sundays at 8 p.m. at the Dubliner, 2162 University Ave.

*Bill Lindeke is an urban geographer and writer living in St. Paul.*

## 2 In The Park

2095 Commonwealth Ave. - \$499,500



3++ Bedrooms - 3 Bath, Master Suite  
Walk-In Closet, Main Floor Office or Bedroom

## 2203 Scudder St. - \$799,900



Magnificent Home! 4 Bedrooms, 6 Baths, 2 Sunrooms  
Attached 3 Car Garage, Large Patio



**The Sparrs** www.mnhouses.com  
Peggy: 651-639-6383 peggysparr@edinarealty.com  
Gary: 651-639-6304 garysparr@edinarealty.com  
Peter: 651-639-6368 petersparr@edinarealty.com  
Lindsey: 651-639-6432 lindseyenaola@edinarealty.com

Edina Realty



### Family Law Mediation



Fair  
Strong  
Experienced  
**651-789-7799**  
www.kjellberglaw.com

Mediation \$150 per hour  
Saturday hours available

Translation available at additional charge



**Carla C. Kjellberg**  
Attorney at Law

## HEALTHCARE PROFESSIONALS

**St. Anthony Park Dental Care**, 2278 Como Avenue

**Todd Grossmann, DDS** 651-644-3685

tag2278@comcast.net

tagdds.com

**Paul Kirkegaard, DDS** 651-644-9216

www.pkdds.com

**Nate Cogswell, DDS**

To add your business to this listing, contact  
Bradley Wolfe at 952-393-6814 or bradley.wolfe@parkebugle.org.

## Workshops to address end-of-life planning

Honoring Choices MN, an initiative of the Twin Cities Medical Society working to support community-based conversations regarding end-of-life care planning, is collaborating with groups in the City of Roseville to promote advanced care planning (ACP) and host a informational activities in the community during the month of April.

A list of trained healthcare providers that can help with ACP can be found at the Roseville website, cityofroseville.com/ACP\_Assist.

Many of these services are free.

A schedule of the April ACP events is available online at www.cityofroseville.com/ACP\_Events. Residents of surrounding communities are welcome to attend these events.

# Front Ave. was home to 'grass' carpet factory

By Roger Bergerson

St. Paul is not particularly known as a manufacturing center today. But in the late 19th and early 20th centuries, the city was home to factories that turned out a wide range of products, including cigars, brooms, shirts, furniture and, in at least one case, rugs.

From about 1905 to 1930, a factory located on Front Avenue at Mackubin Street, just east of Lake Como, produced floor coverings that adorned porches and verandas across America.

The plant's owner, a New York City-based firm initially called the American Grass Twine Co., was formed in the 1890s to supply binding twine for grain harvested by the new mechanical reapers. The twine was constructed of wire grass, a species of sedge that grew abundantly in the bogs of central Minnesota and Wisconsin.

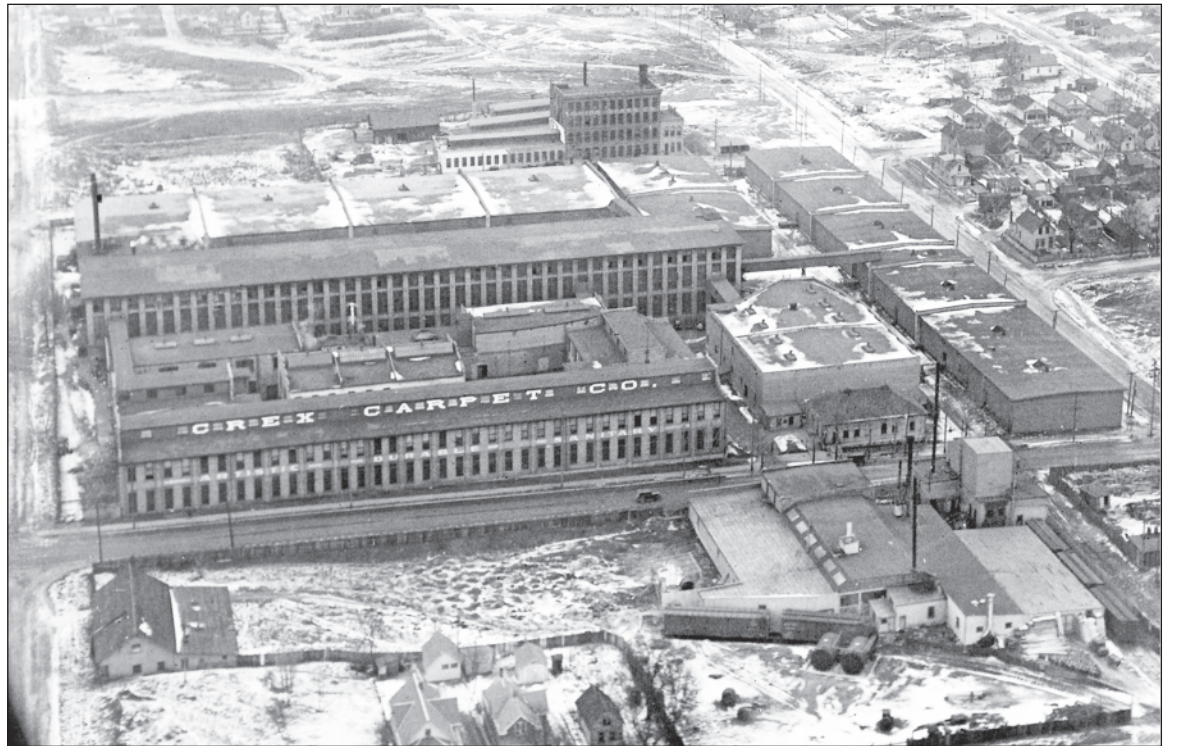
American Grass Twine acquired thousands of acres of that marshland and set up a dozen harvest camps that operated from midsummer well into the fall. St. Paul was chosen as the principal manufacturing site for the twine because it was a railroad hub in close proximity to both the wheat-growing region and the bogs.

The grass was cut and dried in the fields before being bailed and shipped to St. Paul. There it was combed, spun and twisted into rope or twine.

Nearly 900 workers were employed in the Front Avenue plant at the peak of business, more than half of them women, many living within walking distance of the plant.

There was, however, a sharp decline in demand for grass twine starting in 1903, and it dried up completely within a couple of years.

To survive, the company pursued several new business



The Crex plant in 1928, looking north across Front Avenue. The pond at the top of the photo is likely the one in today's Marydale Park. Photo courtesy of the Minnesota Historical Society

CRAFTSMAN ADVERTISING DEPARTMENT

**CREX GRASS RUGS**  
TRADE MARK REG. U.S. PAT. OFF.

**Economy and CREX Are Synonymous**

This is the time, after housecleaning, when rugs worn out or badly soiled are replaced by new ones. Why not buy CREX rugs? They're inexpensive, artistic, sanitary, durable and easy to keep clean. Made in every desirable pattern and color. Use CREX rugs while your expensive ones are cleaned or put away for summer.

Insist on getting the satisfaction, value and wearing qualities that CREX symbolizes. You can instantly identify the genuine by the name C-R-E-X woven in the side binding. Unscrupulous dealers may offer inferior substitutes for the sake of larger profit.

To protect ourselves and the public CREX is patented under U. S. Govt. Copyright. Dealers detected of fraudulent substitution or wilful misrepresentation will be vigorously prosecuted.

Write for our beautiful 32-page catalog No. 25 in natural colors. Free on request.

**CREX CARPET CO.**  
212 Fifth Avenue, New York  
Originators of wire-grass products

Kindly mention The Craftsman 13 a

Courtesy of the University of Wisconsin Digital Collections

avenues, one of which was the manufacture of wicker furniture using fiber from the Front Avenue plant. And it put renewed emphasis on marketing its grass floor coverings—rugs that were lighter and less expensive than conventional ones.

"Nature's Carpet of Health—from the fragrant green fields to your home," was the fanciful imagery of one advertisement.

A Minneapolis furniture and carpet store advertised a sale on Crex carpets with a loom operator on the premises to show how they were made.

"All interested in the development of our Minnesota industries, as well as those looking for a most meritorious floor covering, should attend this demonstration," the ad suggested.

American Grass Twine was renamed the Crex Carpet Company in 1908, "Crex" being derived from *carex stricta*, the botanical name for wire grass, which the company sometimes referred to as "prairie grass."

The company enjoyed nearly 20 profitable years, but once again competitive forces began working to its disadvantage.

The wicker business had gone bust by 1920 and by mid-decade cheap Japanese imports were taking more and more of the Crex carpet

market share. The last wire grass harvest took place in 1931; the St. Paul factory closed in 1934. The company filed for bankruptcy the following year.

Today, the Front Avenue plant site is home to Crossroads Elementary, a St. Paul public school.

While all traces of the company vanished long ago, the name lives on at the Crex Meadows Wildlife Area

near Grantsburg, Wis. There, 23,000 acres of habitat were once owned by the carpet company, as were 8,000 acres of the Carlos Avery State Wildlife Management Area near Forest Lake.

Roger Bergerson writes about history and community news regularly in the Park Bugle.

## Chinese fine arts sale coming in May

China Service Ventures will mount a show and sale of stunning Chinese fine arts in early May. The show will be held May 4-7 at 1407 N. Cleveland Ave., St. Paul. Hours will be 10 a.m.-5 p.m., Wednesday, May 4; 10 a.m.-8 p.m., Thursday, May 5; 10 a.m.-5 p.m., Friday, May 6; and 10 a.m.-3 p.m., Saturday, May 7.

All items have been donated to support and strengthen the mission of China Service Ventures (CSV).

CSV works mainly in southeastern Henan Province of China, providing scholarships, clothes and food to rural poor, including the stay-behind children whose parents have gone to distant cities to work.

The sale will include more than 90 paintings, photographs and fine prints. Additionally, decorative arts and antiques will be represented with 25 pieces, including FoShan pottery, a Korean chest with distinguished

metalwork and special textiles from the artist He Qi.

China, Australia and Europe will be represented in this international exhibit and sale. Chinese tea and refreshments will be served. Educational material on CSV will be available.

If you are unable to come, please go to [www.chinaserviceventures.org](http://www.chinaserviceventures.org) for information.

**RE/MAX Results**

**HOMES FOR SALE**

*Both in Wonderful North St. Anthony Park!*

**New Listing!** **2408 Doswell Ave. - \$224,900**

2408 Doswell Avenue in Wonderful North St. Anthony Park is waiting for you to move right in. All in excellent condition! Gorgeous hardwood floors and energy efficient "tilt-in" windows! Updated, fully equipped "dine-in" kitchen. Low maintenance stucco exterior, fenced-in back yard and LARGE one car garage. Professionally finished basement with gas stove. *Cozy!*

**New Listing!** **1269 Cleveland #2B - \$129,900**

Here's a wonderful opportunity to own an affordable home in **North St. Anthony Park!** This lovely 2 bedroom home is in "move-right-in" condition. Located just across the street from the U's St. Paul campus, there are no stairs when entered from garages. The home features exceptional closet space, and free laundry facilities! The Association is well-managed, fiscally sound with reasonable monthly dues.

**Steve Townley & Chris Deming**  
Experienced, Professional Real Estate Service

**651-644-3557**

2190 Como Avenue [www.SteveTownley.com](http://www.SteveTownley.com)

# Who's clearing the sidewalk along the Les Bolstad Golf Course?

By Bill Lindeke

For many folks in Lauderdale and surrounding communities, the sidewalk along Larpenteur Avenue's Les Bolstad Golf Course, owned by the University of Minnesota, is the only way to get around. It's a key east-west connection for anyone on foot or bicycle trying to navigate the neighborhood.

But this winter it's often been an icy mess, as the rules about who's responsible for the sidewalk have recently changed.

"Larpenteur is the way through the neighborhood," said Steven Lang, an artist and photographer who lives in Lauderdale and rides his bike on Larpenteur to get around in the winter. The ice has made it extremely difficult.

"Trying to get back and forth from St. Paul, there's only one

sidewalk on one side of the street and that's the one. Earlier this winter, it was so much worse than it is right now. It was ridiculous."

In an email to the Bugle, Brent Belanger, the superintendent for the golf course, explained the situation: "The City of Falcon Heights took care of the sidewalk until this year. They told us right before Thanksgiving that we would now be in charge of the task. We did not have it in our budget to buy the proper equipment to perform the task at hand. I was told by the university to hold off in the hopes of having them take care of it for one more year."

That didn't happen, and now the U of M's Grounds Department is clearing the walkways along Larpenteur, Belanger said.

Just before the Feb. 2 snow storm that dumped nearly 10 inches

of snow here, the U put down brine and began clearing the walk to prepare for the snow. And next year, Bolstad officials insist they'll have their own sidewalk-maintenance equipment on site to improve the situation.

"The road is used often enough by pedestrians, runners and bikers that it should be cleared," Lang said. "I saw people struggling to get through there. They have no choice but to walk on the street."

At right, it took a good part of the winter for the U of M Grounds Department to take over clearing the walkways on Larpenteur Avenue adjacent to the U of M golf course.  
Photo by Steven Lang



## Gaurdians ad litem from 3

Comstock are "well-respected by judges because they have no interest except the best interest of the child. They're not swayed by political influences, and they're unbiased and neutral."

There is a "never-ending demand" for volunteers for the guardian ad litem program, Ahlness says, especially since case numbers have spiked in recent months. Successful volunteer applicants can expect to put in 5 to 10 hours a month after undergoing rigorous screening and training, including a criminal background investigation.

"We want to make sure they can handle the stress," Ahlness explains. "It's an emotionally charged and demanding volunteer commitment."

"We talk about the intense emotions [that a volunteer may feel]," she says. "You might find yourself in a situation where you're going to recommend that a parent's rights be terminated. Are you going to be able to do this?"

Despite the potential stressors of the job, Ahlness says, "It never ceases to astound me how many people step forward to volunteer. I get a call a day. They really want to make a difference." Or, as Comstock puts it, "I always feel that there are easier ways to volunteer, but none as satisfying."

Ahlness estimates that about 30 percent of volunteers are retired.

Younger volunteers may be interested in investigating careers in the criminal justice system. "We have a lot of law students," says Ahlness, since guardian ad litem service is "a great résumé builder."

For Comstock, the path to becoming a guardian ad litem probably began the year she graduated from college in 2007 just ahead of the biggest economic downturn since the Great Depression. With a degree in Spanish and Global Studies she had to shelve her original plan for working for a nongovernmental organization, but she quickly discovered that working "in the corporate world is just not for me." As her family grew to two children and her husband returned to school, Comstock hit on a neat economic solution. She became a bartender, working evening shifts.

"I can make really good money [bartending]," she says, "but it's not satisfying." Volunteering as a guardian ad litem allows Comstock to "use my time and skill set to create the most impact."

Comstock believes that her college-level academic studies equipped her well for her new role. Her fluency in Spanish allows her to work with families who may struggle with English, but she's equally aware of the importance of understanding issues of poverty and cultural diversity in the lives of the families she will work with.

"My degree [taught me] to overcome my personal point of view," she says.

Ahlness underscores the importance of attracting guardian ad litem volunteers of diverse cultural and economic backgrounds, even as she acknowledges that making an unpaid commitment of up to 10 hours a month may not be possible for those working full-time at the lower end of the economic scale.

"It's a challenge to recruit a diverse community pool," she says, saying that part of the strategy includes targeting ethnic and minority media outlets to advertise the positions. She's also striving to correct a gender imbalance in a volunteer force that skews heavily female. And she explains, "We have cultural specialist employees and translators who can advise volunteers" how to understand community attitudes and issues with which the volunteer may be unfamiliar. "But, in the end, the volunteers are responsible for making the recommendations [about the child's future]."

Comstock says that the most critical—as well as the most difficult—part of her work involves weighing and evaluating conflicting accounts of the basic facts of the cases she handles. "You are listening to multiple sides—it's a really big skill of being a guardian ad litem."

Her commitment remains strong. Pointing out that the children

she serves now will one day be adults with the capacity to contribute to their communities, she says, "When we help them, we help ourselves. That's why it's worth doing this hard work."

The next training session for the Ramsey County volunteer Guardian ad Litem Program is expected to

begin in early April.

For more information, visit [www.casamn.org](http://www.casamn.org) or call Dana Ahlness at 651-266-5270.

*When she's not writing about community news, Judy Woodward spends her time as a reference librarian at the Roseville Library.*

## Road projects from 1

website, [www.stpaul.gov/index.aspx?NID=3973](http://www.stpaul.gov/index.aspx?NID=3973), by clicking on Raymond Avenue.

Mundahl will discuss the construction work at the meeting of the St. Anthony Park Community Council's Transportation Committee at 6:30 p.m. on March 7, in the council's new quarters at 2395 University Ave., Suite 300 E. (This is the Security Building at the corner of University and Raymond.)

### Highway 280

To the west, major repair and resurfacing work on Highway 280 will take place from early May through July, according to the Minnesota Department of Transportation (DOT).

During the first phase of the project, Highway 280 will be closed from Broadway Street north to the I-35W interchange while the ramps

there are rebuilt. Traffic will be detoured and Highway 280 south of Broadway will remain open.

Once the ramp work at I-35W is completed, all lanes of Highway 280 will reopen north of Broadway, and resurfacing will begin between Broadway and Como Avenue to the south. Traffic will be restricted to one lane at times during this period and there will be ramp closures.

The \$3.3 million project includes the construction of additional concrete median barriers, guardrail replacement and improvements to the storm sewer system and ponds along Highway 280.

The work is expected to improve safety, provide motorists with a smoother ride, improve drainage and extend the service life of the roadway, bridges and drainage system, according to the DOT.

For more information or to sign up for e-mail updates, visit [www.mndot.gov/metro/projects/hw280](http://www.mndot.gov/metro/projects/hw280).

Highway 280, built in the mid-1950s, was last repaired and resurfaced in 2009. It is estimated that up to 69,000 cars use the roadway daily.

*Roger Bergerson writes about history and community news regularly in the Park Bugle.*

**SPRING SPECIAL!!!**  
**20 CLEAN WINDOWS FOR ONLY \$199.00** (+tax)  
 Your Spring Window Cleaning, Gutter Cleaning, Pressure Washing Experts  
**Wren Windows**  
 WORRY FREE WINDOW CLEANING  
**STORM WINDOW SPECIAL**  
 10 Combination Storms for ONLY \$199.00  
**OR**  
**EARLY BIRD SPECIAL!!!**  
 15% OFF Complete Window Cleaning  
 20% OFF Complete Window & Gutter Cleaning Package  
 Valid through April 15, 2016  
 Free Estimates **612.387.7055** [www.wrenwindows.com](http://www.wrenwindows.com)  
**CALL TODAY TO SCHEDULE YOUR SPRING CLEANING!**  
 Your Local, Family Owned & Operated Window Cleaning Company Serving the Twin Cities Since 2002.

**ST. FRANCIS ANIMAL & BIRD HOSPITAL**  
*For those who demand the very best of veterinary care for their dogs, cats and exotic pets*  
 1227 Larpenteur Avenue West, Roseville  
 651-645-2808  
[www.stfrancisanimalandbird.com](http://www.stfrancisanimalandbird.com)  
 Hrs: M-F 8-6:30, Sat 8-12:30



**The Birdman of Lauderdale** by Clay Christensen

# How to identify wintering sparrows

On my first birding field trip, years ago, the leader pointed toward the waving grasses and said, "There's a sparrow over there." My first reaction was a bit of disdain. "A sparrow? I've seen sparrows. What's the big deal?"

He then identified it as a field sparrow and pointed out some distinguishing features to look for: pink beak, rusty cap, narrow white eye ring, and a weak song that rises in pitch. How could there be so many things to look for in a sparrow?

Later, I went through my field guide and realized how many different sparrows we could see in Minnesota. In fact, the Minnesota Ornithologists' Union has a checklist that lists 19 sparrow species that occur with some regularity in Minnesota.

I'd like to describe some of the wintering sparrows you might see in your yard, at your feeders, or when you're out in "birdy" habitat. These sparrows range in length from 5 to 7 inches.

The American tree sparrow is a winter visitor from the Arctic tundra. It takes a little concentration to identify but usually can be spotted by its rather twitchy behavior. It's a ground feeder and seems to flick its tail and wings with every step it takes. When I see that, I get the binocs and look a little more closely.

The tree sparrow has a rusty cap, known in the bird-biz as a rufous crown. But perhaps most distinctive is the black dot in the middle of its otherwise unstreaked breast. I call that a tie tack, for those of us who remember neckties. You can usually see that dot without binoculars.

As a clincher for identification, it has a bi-colored beak: dark upper mandible, yellow lower mandible.

I've seen tree sparrows jump up

on weed stalks and then drop down to the snow to pick up the seeds they've knocked off. Very resourceful.

The white-throated sparrow is most often seen during spring and fall migration, but there seem to be a few rugged individuals that stick around well into winter.

There are two morphs of the white-throated sparrow: one has a black crown with a white central stripe and white eyebrows; the other has a brown crown with a tan central stripe and eyebrows. Both versions have brown streaked backs, white wingbars and a distinctive yellow spot between the eye and the beak.

They often scratch at the ground with both feet at once, causing them to hop backward a bit with each stroke. Their song is "Poor Sam Peabody, Peabody, Peabody." At least that's how I learned it. I have no idea what they're actually singing.

By far the most easily recognized wintering sparrow is the **dark-eyed junco**, a bird that's dark gray on the top and white underneath. It shows white outer tail feathers in flight. This sparrow breeds in Canada and seems to come south just as winter is on our doorstep.

Many folks call it the "Snowbird," since the snow seems to follow close behind the juncos. One of our birding buddies, Ben, asks us not to tell him if we see a junco on our fall bird walks. He's in denial about the approach of winter.

Another less common wintering sparrow, at least in our yard, is the **song sparrow**. This bird has a heavily streaked breast that often aggregates into a central breast spot. Its sides also have thick brown streaks. I find one or two song sparrows hanging

around into December but seldom beyond that.

The song sparrow has a long, rounded tail that it pumps in flight. It seems to use it to help navigate its way through the cattail marshes it favors.

Now to the villain. When you mention sparrows to most people, they think of the ubiquitous **English house sparrow**. That's the one we see nesting in our eaves, in traffic light poles, any cavity they can find and claim.

The English house sparrow is not a native North American bird. It was imported to the United States in the 19th century by some misguided guy who thought it would be great to bring to America all the birds mentioned in Shakespeare's plays.

The English house sparrow is aggressive, brutally attacking native birds to take over their nest cavities. They've been known to kill blue birds as they sit on their nest, puncture eggs of rivals and peck nestlings to death. Real gang-like behavior. We refer to non-natives as "exotic," but there's nothing exotic about these villains.

Most of the **wintering sparrows** are ground feeders and are drawn to millet and shelled sunflower seed. They come to my platform feeder, too.

I encourage you to watch for our true native sparrows and learn to identify these hardy wintering survivors. For me, they brighten a winter day.

*Clay Christensen lives and writes in Lauderdale. His book, The Birdman of Lauderdale, is available at local bird stores, bookstores and BirdmanBook.com.*

# Ébène String Quartet, Copper Street Brass to perform in March

The Schubert Club's Music in the Park Series will present the Copper Street Brass as part of the series' Family Concerts and the Ébène String Quartet in March in St. Anthony Park.

Music in the Park Series will open its 26th season of Family Concerts on Friday, March 4, with Twin Cities-based brass quintet Copper Street Brass. Created for children of all ages and their families, the interactive concerts are held at St. Matthew's Episcopal Church, 2136 Carter Ave., at 6 p.m. and 7:15 p.m. Admission is free, but a \$5 donation is suggested.

The Ébène String Quartet will play on Sunday, March 13, at 4 p.m. at St. Anthony Park United Church of Christ, 2129 Commonwealth Ave.

This promising young

ensemble—Pierre Colombet and Gabriel Le Magadure, violin; Adrien Boisseau, viola; and Raphaël Merlin, violoncello—has grown to become one of today's foremost quartets on the international chamber music scene. Making their Minnesota debut on Music in the Park Series, the Ébène will perform quartets by Haydn, Debussy and their own

arrangements of works.

Tickets are \$30 for adults and \$12 for student rush. Buy tickets at schubert.org/musicinthepark or by calling 651-292-3268.

You can find out more about the Family Concerts and Copper Street Brass schubert.org/family or call 651-292-3268 for more information.



Design at home in the neighborhood

New Homes Additions Alterations Transformations

651.485.9277 www.timothyfullerarchitects.com

MADE FROM SCRATCH

## COLOSSAL CAFE

SERVING BREAKFAST AND LUNCH Monday-Sunday 7am-3pm  
2315 Como Ave. St. Paul 651-797-4027 www.colossalcafe.com  
"Like" us on Facebook or Follow us on Twitter!



Fresh Sandwiches, Soups, Salads, Fresh Produce, and lots of Delicious Local Options!

### Hampden Park Co-op and Delicatessen

928 Raymond Avenue, Saint Paul  
Phone: 651-646-6686, Fax 651-646-8511  
www.hampdenparkcoop.com  
Monday-Friday 9-9, Saturday 9-7, Sunday 10-7

Your Locally Rooted Home Remodeler

Remodelers & Cabinetmakers

## The Transformed Tree

ESTABLISHED 1973

651-646-3996 • www.transformedtree.com

ALL STAR

# Water Heaters

- Kitchen & Bath Remodeling
- Replace/Repair • Faucets
- Toilets • Disposals
- Water Piping
- Plumbing Repairs
- Water Heaters

**FREE ESTIMATES & NO CHARGE FOR OVERTIME!**

- Angie List since 2001 • Satisfaction guaranteed
- 1 Year warranty on work
- Serving the Roseville, Como Park, Falcon Heights, Shoreview, Macalester/Groveland & Highland Park areas for over 35 years.

**ALL STAR PLUMBING • REPAIR • REMODELING** Jack Stodola Cell: 612-865-2369

Just 10 minutes away at 2190 Como Avenue

**No overtime charge for nights and weekends**

## Stuff your wallet.

Jim Roehrenbach, Agent  
2190 Como Avenue  
St Paul, MN 55108  
Bus: 651-644-3740  
jim.roehrenbach.b5dr@statefarm.com

I can help you get all the discounts you deserve. Talk to me about a FREE Discount Double Check® today. **Get to a better State®. Get State Farm.** CALL ME TODAY.

**State Farm™**

1201127 State Farm Mutual Automobile Insurance Company  
State Farm Indemnity Company, Bloomington, IL

# Summer Camp Guide

## ACADEMICS

### Camp Invention

Students take apart appliances, design a magnet-powered city and explore the intersection of science, art and math during the four- to five-day session at St. Anthony Park Elementary School.

**Who:** Entering grades 1-6

**When:** July 11-15

**Cost:** \$215-\$255

**Contact:** 800-968-4332 or [campinvention@invent.org](mailto:campinvention@invent.org)

**Website:** [www.campinvention.org](http://www.campinvention.org)

### School Chess Association

Four-day sessions include all levels of chess instruction. Other activities include swimming, soccer, fishing and tennis. Half- or all-day options. St. Louis Park Recreation Center, 3700 Monterey Drive.

**Who:** Grades K-12

**When:** June 27-Aug. 18

**Cost:** \$255-\$260

**Contact:** 763-593-1168

**Website:** [www.schoolchess.org](http://www.schoolchess.org)

## ANIMALS

### Animal Humane Society: Unleashed

Full-day weeklong sessions, including educational activities, animal interaction, "guest" visits, field trips and community-service projects. Locations vary.

**Who:** Grades 3-10

**When:** June 13-Aug. 19

**Cost:** \$300

**Contact:** 763-489-2220

**Website:** [animalhumanesociety.org/services/youth/unleashed](http://animalhumanesociety.org/services/youth/unleashed)

### Bunker Park Horse Day Camp

Learn grooming, tacking and riding in half-day to five-day sessions. Located in Andover.

**Who:** Ages 5-12+

**When:** June-August

**Cost:** \$95-\$455

**Contact:** 763-757-9445

**Website:** [bunkerparkstable.com](http://bunkerparkstable.com)

## ARTS

### Adventures in Cardboard

Build castles and costumes, role-play and more. Three locations, including Arden Hills.

**Who:** Ages 7-14

**When:** June 13-Sept. 2

**Cost:** \$320 a week

**Contact:** 612-370-4960

**Website:**

<http://julianmcfaul.com/castle-adventure-camp-summer-2015>

### Articulture Art Day Camp

Explore various art disciplines and diverse media, ranging from claymation to theater to food as art. Full- and half-day options. Located at 2613 E. Franklin Ave., Minneapolis.

**Who:** Pre-K-grade 6

**When:** June-August

**Contact:** 612-729-5151 or [info@articulture.org](mailto:info@articulture.org)

**Website:** [www.articulture.org](http://www.articulture.org)

### Artstart Passport to Places Less Traveled

Join ArtStart artists for a dynamic, fun-filled exploration of the Galapagos Islands and Patagonia July 11-15. Then explore the exciting and vibrant culture of Cuba the week of July 18-22. Located at 1459 St. Clair Ave., St. Paul.

**Who:** Ages 4-12

**When:** July 11-15 & July 18-22

**Cost:** \$145-\$270

**Contact:** 651-698-2787

**Website:** [artstart.org/signatures](http://artstart.org/signatures)

### IFP Film & Photography Camps

Weeklong film and photography summer camps for youth ages 11-17 are offered June through August. Subjects include screenwriting, music video, narrative and documentary film production, animation, fashion photography and more! Located at 550 Vandalia St., Suite 120, St. Paul.

**Who:** Ages 11-17

**When:** June-August

**Contact:** 651-644-1912

**Website:** [www.ifpmn.org](http://www.ifpmn.org)

### Northern Clay: Summer Clay

Half-day and full-day camps in a variety of themes with plenty of room for exploration and decoration. Located at 2424 E. Franklin Ave., Minneapolis.

**Who:** Ages 6 and older

**When:** June-August

**Cost:** \$170-\$305 (discounts for members)

**Contact:** 612-339-8007

**Website:** [northernclaycenter.org](http://northernclaycenter.org)

### Sewing Lounge

Learn to stitch fearlessly, beginning with the basics and progressing to understanding patterns, choosing fabrics and mastering seamstress skills. Located at 987 Selby Ave., St. Paul.

**Who:** Ages 8-14

**When:** June 20-Aug. 19

**Contact:** 651-645-7645

**Website:** [www.sewinglounge.com](http://www.sewinglounge.com)

### Simply Jane Art Camps

Half- or full-day weekly camps, including batik, mosaics, clay, storybook writing and illustration, plein air drawing and painting, and more. Located at 5411 Nicollet Ave. S., Minneapolis.

**Who:** Ages 4-18

**When:** June-August

**Cost:** Starting at \$140 + supply fee

**Contact:** 612-354-3961

**Website:** [simplyjanestudio.com](http://simplyjanestudio.com)

### Textile Center Camps: Sewing, Knitting, Felting, Dyes & More

A variety of weeklong summer camps to choose from. Textile Center, 3000 S.E. University Ave., Minneapolis.

**Who:** Ages 6-16

**When:** June 26-Aug. 27

**Cost:** \$165 (\$145 members)

**Contact:** 612-436-0464

**Website:** [www.textilecentermn.org](http://www.textilecentermn.org)

## 5 CENTERS CAMPS

*The Textile Center, Highpoint Center for Printmaking, IFP MN Center for Media Arts, Minnesota Center for Book Arts and Northern Clay Center team up for two weeklong camps.*

### Great Power and Great Responsibility

Launch into alternative universes with your favorite super hero—or create your own being or extraordinary power. Tell his or her story—from origins to special tools and abilities—in different ways at the 5 Centers for Art in Minneapolis and St. Paul.

**Who:** Ages 9+

**When:** June 20-24

**Contact:** [northernclaycenter.org](http://northernclaycenter.org) or 612-339-8007.

### The Truth Is Out There

Take intergalactic adventures in five different materials at the 5 Centers for Art in Minneapolis and St. Paul. Whether you're inspired by constellations and myths or science fiction and fantasy, let our teaching artists awaken the force in you during this all-day camp.

**Who:** Ages 9+

**When:** July 18-22

**Cost:** \$305 (\$285 for members of any of the five participating organizations)

**Contact:** [northernclaycenter.org](http://northernclaycenter.org) or 612-339-8007.

## HISTORY

### Gibbs Museum of Pioneer and Dakota Life

Gibbs has created the perfect mix of camps. Family-friendly pricing, fun for kids ages 3-13. Choose Pioneer PeeWees for ages 4-5, or one of a number of three-day camps for ages 6-13. Gibbs is located at 2097 W. Larpenteur Ave., Falcon Heights.

**Who:** Ages 4-13

**When:** June 21-Sept. 14

**Contact:** 651-646-8629

**Website:** [www.rchs.com](http://www.rchs.com)

## MUSIC

### String Orchestra Camp

Budding young string students play in a string orchestra during this fun, week-long day camp where they'll learn through energizing rehearsals, sectionals with professional coaches, fun social opportunities, field trips, and special music activities.

**Who:** ages 8-13 with two years of playing and reading music experience

**When:** July 11-15

**Cost:** \$395 plus \$20 registration fee (scholarships available)

**Contact:** 612-371-5656 or [mail@gtcys.org](mailto:mail@gtcys.org)

**Website:** [www.gtcys.org](http://www.gtcys.org)

## NATURE

### Bell Museum Science Discovery Summer Camps

**Location:** Bell Museum of Natural History, University of Minnesota

**Address:** 10 Church Street SE, Minneapolis, MN 55455

**Who:** Grades pre-K-6th

**When:** June 13-Sept. 2

**Contact:** 612-624-2345

**Website:** [z.umn.edu/bellcamp](http://z.umn.edu/bellcamp)

## OUTDOOR

### Camp Voyageur

Wilderness camping, hiking, and land and water sports, including archery, basketball and more. Two-, four-, six- and eight-week overnight camps in the Boundary Waters Canoe Area Wilderness.

**Who:** Boys 9-18

**When:** Starting in June

**Contact:** 800-950-7291

**Website:** [www.campvoyageur.com](http://www.campvoyageur.com)

## SPECIALTY

### Autism Society of Minnesota Summer Camps

Day camps and residential camps specifically for children with autism. Day camps are at Lake Butwin in Eagan; residential camps are held at Camp Knutson, Crosslake, and True Friends/Courage North, Lake George.

**Who:** Ages 6-12

**When:** June 26-Aug. 19

**Cost:** \$725-\$1,540 (scholarships available)

**Contact:** 651-647-1083

**Website:** [www.ausm.org](http://www.ausm.org)

### Facing Cancer Together Summer Kids Kamp

The Angel Foundation will host Camp Angel, two three-day camps of therapeutic activities for children and teens (k-18) with a parent or caregiver living with cancer. Camp provides a unique opportunity for children and teens to have fun, enjoy camp activities, along with intentional and meaningful activities led by trained volunteers and staff. Teens (13-18) stay overnight and challenge themselves to foster camaraderie and a willingness to work together. Held at Eden Wood Center in Eden Prairie.

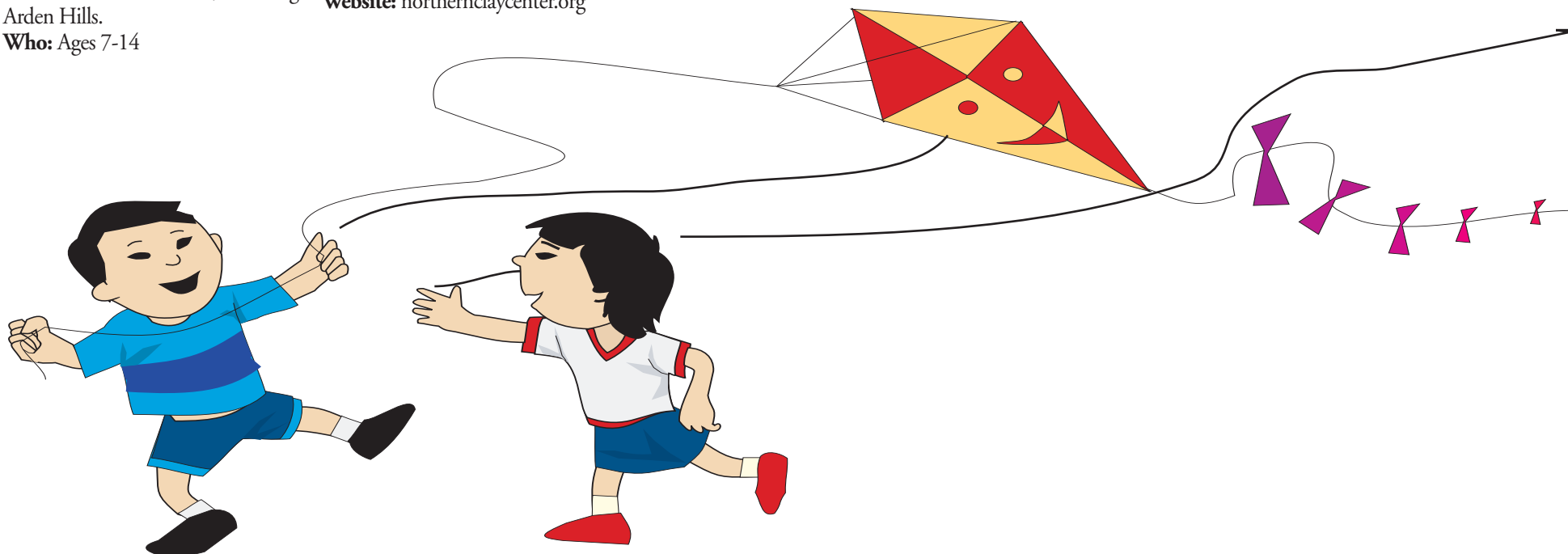
**Who:** Ages 5-18

**When:** June 16-18 & Aug. 16-18

**Cost:** Free

**Contact:** 612-627-9000 or [info@mngangel.org](mailto:info@mngangel.org)

**Website:** [www.mngangel.org](http://www.mngangel.org)



**SPORTS**

**Joy of the People Soccer Camps**

Fun, happiness and Joy. JOTP camps build the love of the game playing with friends, understanding the joy of play, social connections and health. Joy of the People offers a one of a kind, safe and fun learning and play environment. All skill levels welcome; 890 Cromwell Ave., St. Paul.

**Who:** Ages 5-15  
**When:** June-August  
**Cost:** \$110-\$139 per week  
**Contact:** admin@joyofthepeople.org  
**Website:** www.joyofthepeople.org

**Minnesota Sword Club**

Beginners will learn basic concepts of fencing; veterans will partake in intensive training sessions, emphasizing technique and strategy. Equipment provided. Located at 4744 Chicago Ave., Minneapolis.

**Who:** Ages 8-16  
**When:** June-August  
**Cost:** \$139 (\$119 for members)  
**Contact:** 612-825-9935  
**Website:** mnsword.com/summer-camps.html

**WRITING**

**Young Writers' Program at the Loft**

Summer at the Loft means an all-new slate of creative writing classes and camps ready to launch—or relaunch—your literary aspirations. Yeah, we know you've been hitting the books all year and working incredibly hard. So, how about taking time this summer to have some fun and explore your yearning for self-expression?

**Who:** Ages 6-17  
**When:** June-August  
**Cost:** Varies according to class. Discounts are offered for members and low-income families.  
**Contact:** 612-379-8999  
**Website:** www.loft.org (download a PDF of summer classes)

**Do YOU Want to be a Writer?**

In this class, instructor Peter Blau will give you the tools to shake your creativity loose and let that writer out to play. If you write, you are a writer. If you want to be a better writer, you should write more, and that's exactly

what this class will be about. Class will be at the Loft Literary Center, 1011 S. Washington Ave., Minneapolis.

**Who:** Ages 9-11  
**When:** Aug. 1-5  
**Contact:** 612-379-8999  
**Website:** www.loft.org

**Words Can Create Magic**

Writers create magic with words and spin stories from their imaginations. Beginning in your journal, you will find your writing voice and watch your words bloom into stories and poems. Instructor Peter Blau, Loft Literary Center, 1011 S. Washington Ave., Minneapolis.

**Who:** Ages 12-14  
**When:** Aug. 8-12  
**Contact:** 612-379-8999  
**Website:** www.loft.org

**MISCELLANEOUS**

**Kinderberry Hill's Summer Kladders Program**

Kinderberry Hill's Summer Kladders Program includes field trips (Crystal Cave, boat cruises, Camponi Art Park and more) plus fun, onsite opportunities for exploration and personal growth including ceramics, science experiments, dramatic productions, sports clinics and more. Optional academic tutoring is available. Enroll for the entire summer or for just a few select weeks. Kladders is designed for children entering first through fifth grade. Full-time, part-time and flexible schedules. Kinderberry Hill is located at 2360 Lexington (Highway 36 and Lexington) in Roseville.

**Who:** First-fifth grade  
**When:** June-August  
**Cost:** Inquire for prices

**Contact:** 651-481-8069  
**Website:** www.kinderberryhill.com

**Como Park Language & Arts Preschool and Childcare Center**

From "We Love to Plant" to "Zoo Animals" to "Dinosaur Dig" to "Fairy Tales," Como Park Language Arts & Preschool offers one- and two-week programs for little ones to pre-kindergartners. Located at 1503 N. Hamline Ave.

**Who:** 33 month-5 years  
**When:** May 31-Aug. 19  
**Cost:** \$364-\$480  
**Contact:** 651-646-0310 or cplapcc@gmail.com  
**Website:** comoparklanguageandarts.com

**St. Rose of Lima Catholic School**

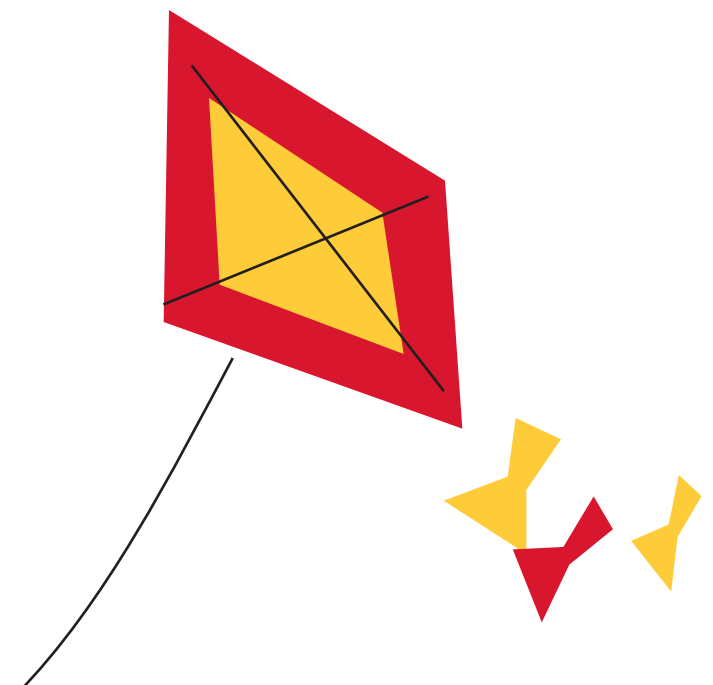
From the classroom to Power Play care, our kids learn faith, respect, discipline and balance it with fun. Full-day and summer-care options available.

**Who:** Pre-K through grade 8  
**When:** June-August  
**Contact:** 651-646-3832

**Camp Pillsbury**

A sleep-away camp near Owatonna, Minn., that features more than 140 activities, including circus, theater, dance, music, sports, digital arts, water sports and more.

**Who:** Boys and girls, ages 6-17  
**When:** All summer  
**Contact:** 507-214-2200, www.camp-pillsbury.com.



**School Chess Association**  
 ALL LEVELS OF INSTRUCTION BY PROFESSIONAL EDUCATORS

*Fun Activities!*  
 Swimming, Tubing  
 Soccer, Fishing  
 Roller Skating  
 Tennis, Bowling  
 Sign Language  
 Role-Playing Games  
 Drama

*Programs June - August!*  
**June 27-30, July 11-14, July 18-21, July 25-28**  
**August 1-4, August 8-11, August 15-18**

Camp Hours: Monday - Thursday 8 a.m. to 5 p.m.  
 Includes lunch and snacks!

**GO TO WWW.SCHOOLCHESS.ORG / CALL LORENE 763-593-1168**

St. Louis Park Recreation Center / 3700 Monterey Dr / St. Louis Park

**32 NEW students have enrolled this year – tour now!**

Kindergarten Round-Up: **April 5, 6:30 p.m.**  
 Middle School Info Night: **April 5, 7:00 p.m.**  
 PreKindergarten Info Night: **April 7, 6:30 p.m.**

Summer care available to registered Kindergartners!

**Call 651-646-3832**

**SAINT ROSE OF LIMA CATHOLIC SCHOOL**  
 SAINT ROSE OF LIMA CATHOLIC SCHOOL & COMMUNITY  
 2072 Hamline Ave. N., Roseville, MN 55113  
 www.mysaintrose.net

**Camp Pillsbury**  
 Performing Arts, Music, Sports, Technology and More!

**Over 100 Activities!**  
**Premier Sleep Away Camp**  
 Circus, Theater, Dance, Music, Sports, Digital Arts, Water Sports, & more! Boys and Girls Ages 6-17.

**507-214-2200**  
 Owatonna MN

**CampPillsbury.com**

*Young Writers at The Loft*

**Do You Want to be a Writer?**  
 August 1-5 (Ages 9-11)

\*\*\*\*

**Words Can Create Magic**  
 August 8-12 (Ages 12-14)

*With instructor Peter Blau*

**CONTACT THE LOFT**  
 www.loft.org / 612.379.8999

**COMO PARK LANGUAGE AND ARTS PRESCHOOL AND CHILDCARE CENTER**

**2016 SUMMER CAMP PROGRAMS**

Session 1 - May 31st-June 10th (No School May 30th) (WE LOVE TO PLANT!)

Session 2 - June 13th-June 24th (ZOO ANIMALS!)

Session 3 - June 27th-July 8th (No School July 4th) (DINOSAUR DIG!)

Session 4 - July 11th-July 22nd (WACKY WATER WEEK!)

Session 5 - July 25th-August 5th (FAIRY TALES!)

Session 6 - August 8th-August 19th (SUMMER OLYMPICS!)

**FEEES FOR TWO WEEK CAMPS (2-6)**  
 3 days: \$364.00 / 4 days: \$436.00 / 5 days: \$480.00

cplapcc@gmail.com / www.comoparklanguageandarts.com  
 1503 Hamline Ave. N. / St. Paul, MN 55108 / 651-646-0310

**JOY OF THE PEOPLE Summer Programs!**

**INNOVATIVE! FUN! UNIQUE!**

SKILLS CAMPS!  
 MORNING TRAINING!  
 AFTERNOON FREE PLAY!  
 INCLUDES LUNCH & SNACK!

*Enjoy our* SPLASH COURT!  
 SAND COURT!  
 INFLATABLE FIELDS!

*Now in two locations! St. Paul and New this summer in Edina and St. Louis Park!*

**POWERED BY JOY OF THE PEOPLE**

*Discover* THE JOY OF PLAY, THE JOY OF FRIENDSHIP, THE JOY OF CREATIVITY AND THE JOY OF THE PEOPLE!

*Hurry!* Sign up for JOTP summer programs TODAY!  
 Starts in April

www.JOYofthePEOPLE.org

**MARCH**

*Events*

VENUE INFORMATION IS LISTED AT THE END OF THE CALENDAR. SEND YOUR EVENTS TO [calendar@parkbugle.org](mailto:calendar@parkbugle.org) BY Wednesday, March 9, TO BE INCLUDED IN THE NEXT ISSUE.

**1 TUESDAY**

Baby/toddler story time, Tuesdays in March, St. Anthony Park Library, 10:30-11 a.m. and 11:30-noon.

**2 WEDNESDAY**

SAPAS Nutrition Group, St. Anthony Park United Methodist Church, 12:45-1:30 p.m., No charge or registration required.

English Conversation Circles, every Wednesday in March, St. Anthony Park Library, 4-5:30 p.m.

St. Anthony Park Book Club, "Euphoria," by Lily King, St. Anthony Park Library, 6:30-8 p.m.

**3 THURSDAY**

Caregiver Support Group, first Thursday of each month, St. Anthony Park United Church of Christ, 10-11:30 a.m.

Bereavement Support Group, first Thursday of each month, St. Anthony Park United Church of Christ, 10-11:30 a.m.

Preschool story time in Mandarin Chinese, St. Anthony Park Library, 10:30-11:30 a.m.

Dialoggers Toastmasters Meets Every Thursday, U of M St. Paul Campus, Northern Research Station, 1992 Folwell Ave., 11:30 a.m.-12:30 p.m.

**4 FRIDAY**

Preschool story time, every Friday in March, St. Anthony Park Library, 10:30-11:30 a.m.

World Day of Prayer Observance—Cuba, St. Anthony Park Lutheran Church, 1:30 p.m.

**7 MONDAY**

SAPAS Arts and Crafts, St. Anthony Park United Methodist Church, 10 a.m.-noon, \$5. Call 651-642-9052 to register.

A Thousand Years of Spinning Every Monday in March, St. Anthony Park Library, 6:30-7:45 p.m. Spinners are encouraged to bring wheels and spindles. Extra spindles available for beginners.

**8 TUESDAY**

Essential Computer Skills, Part 1, St. Anthony Park Library, 10:30 a.m.-12:30 p.m.

**9 WEDNESDAY**

SAPAS Spring and Easter Card-making, St. Anthony Park United Methodist Church, 9:30-11 a.m. No charge or registration required.

**10 THURSDAY**

Holy Childhood Church Rummage Sale, 9 a.m.-7 p.m.

Essential Computer Skills, Part 2, St. Anthony Park Library, 10:30 a.m.-12:30 p.m.

SAPAS Cinema Series, "Everest," St. Anthony Park Library, 2-4 p.m. All welcome. Free.

**11 FRIDAY**

Holy Childhood Church Rummage Sale, 9 a.m.-5 p.m.

SAPAS Game Day, St. Anthony Park United Methodist Church, 10 a.m.-noon. Free.

**12 SATURDAY**

Holy Childhood Church Rummage Sale, 9 a.m.-1 p.m.

**14 MONDAY**

SAPAS Arts & Crafts, St. Anthony Park United Methodist Church, 10 AM-noon, Cost is \$5. Call 651-642-9052 to register.

Community Sing, Olson Campus Center, Luther Seminary, 6:30 p.m. gathering, 7-8:30 p.m. sing. Free, but a hat will be passed for the music leaders and to make the sings possible.

Tom Vetter will discuss labyrinths and lead the group in a labyrinth walk inside Spirit United Church, 7-9 p.m.

**15 TUESDAY**

Hamline Student Music Recital, St. Anthony Park United Methodist Church, 1-2 p.m. Free-will donation.

**17 THURSDAY**

Preschool story time in Mandarin Chinese, St. Anthony Park Library, 10:30-11:30 a.m.

**18 FRIDAY**

SAPAS Game Day, St. Anthony Park United Methodist Church, 10 a.m.-noon. Free.

**20 SUNDAY**

Sunday Afternoon Book Club, "The Children Act" by Ian McEwan, Micawber's, 2:30 p.m.

**24 THURSDAY**

Learn Chinese Folk Dancing, free and open for adults, St. Anthony Park Library, 10:30-11:30 a.m.

**25 FRIDAY**

Tablet/Smartphone Help Clinic, St. Anthony Park Library, noon-2 p.m. No registration required.

**26 SATURDAY**

Russell FourEagles will discuss his book "The Making of A Healer" and the use of original medicines, Spirit United Church, 2-6 p.m.; \$35, adults; \$55 couples or families; \$30 students, seniors or Theosophical Society members. Registration and cards accepted at the door. Call 651-235-6645 for more information.

**28 MONDAY**

AARP Refresher Driver Course, 9 AM-1 p.m., St. Anthony Park United Methodist Church. Paid reservation required. Call 651-642-9052 for more information.

The Rev. Ron Moor of Spirit United Church will review Easter Mysteries through the ages, Spirit United Church, 7-9 p.m.

**31 THURSDAY**

Preschool story time in Mandarin Chinese, St. Anthony Park Library, 10:30-11:30 a.m.

**SENIOR EXERCISE**

**St. Anthony Park Area Seniors**  
Tuesdays and Fridays, St. Anthony Park Library, 2:30-3:30 p.m.

**Wednesdays**, St. Anthony Park United Methodist Church, 10:30-11:30 a.m.

**Mondays and Thursdays**, Lauderdale City Hall, 2-3 p.m.

**Como Park/Falcon Heights Block Nurse Program**

**Tuesdays and Thursdays**, Falcon Heights Town Square Senior Apartments, 9:30-10:30 a.m. and Arbor Pointe Senior Apartment, 11 a.m.-noon

**FREE SENIOR BLOOD PRESSURE CLINICS**

**St. Anthony Park Area Seniors:**

**Wednesdays**, St. Anthony Park United Methodist Church, 11:30 a.m.-noon

**Como Park/Falcon Heights Block Nurse Program:**

**Third Thursdays**, Arbor Pointe Senior Apartments, 10-11 a.m.

**Fourth Thursdays**, Falcon Heights Town Square Senior Apartments, 11 a.m.-noon

**VENUE INFORMATION**

Arbor Pointe Senior Apartments, 635 Maryland Ave. W.

Falcon Heights Town Square Senior Apartments, 1530 W. Larpenteur Ave.

Holy Childhood Church, 1435 Midway Parkway, St. Paul

Lauderdale City Hall, 1891 Walnut St., 651-631-0300

Micawber's Books, 2230 Carter Ave., 651-646-5506

Olson Campus Center, Luther Seminary, 1490 Fulham St.

Spirit United Church, 3204 S.E. Como Ave., Minneapolis, 612-378-3602

St. Anthony Park Library, 2245 Como Ave., 651-642-0411

St. Anthony Park Lutheran Church, 2323 Como Ave., 651-645-0371

St. Anthony Park United Church of Christ, 2129 Commonwealth Ave., 651-646-7173

St. Anthony Park United Methodist Church, 2200 Hillside Ave., 651-603-8946

St. Matthew's Episcopal Church, 2136 Carter Ave., 651-645-3058

Your friendly neighborhood salon  
convenient . cozy . experienced  
for an appointment call  
651-645-2666

**Salon in the Park**  
2311 Como Ave., St. Anthony Park

**LOCALLY FOCUSED | CREATIVE OPPORTUNITIES  
DEDICATED CUSTOMER SERVICE**



**WELLINGTON MANAGEMENT**  
Commercial Real Estate


1625 Energy Park Drive #100 | St. Paul, MN  
651-292-9844 DIRECT [www.wellingtonmgt.com](http://www.wellingtonmgt.com)

f t in

*St. Anthony Park Area Seniors' Senior Cinema Series*

**"Everest" 2 p.m.**  
**Thursday, March 10th, at SAP Library**

A climbing expedition on Mt. Everest is devastated by a severe snow storm. Starring Jason Clarke, Ang Phula Sherpa and Thomas Wright. PG-13. 121 min.



St. Anthony Park Library, 2245 Como Ave.  
651-642-0411 / [www.sppl.org](http://www.sppl.org)

651-642-9052 [www.sapaseniors.org](http://www.sapaseniors.org)

the little wine shoppe

**Wine Beer Spirits**

"The best little wine shop you've never heard of..."  
—Twin Cities Metro magazine,

2236 Carter Ave., St. Paul 55108  
651.645.5178  
M-Th 10 a.m.- 8 p.m., F-Sat. 10 a.m.-10 p.m.  
[www.thelittlewineshoppe.com](http://www.thelittlewineshoppe.com)



## Neighbors

### Learn about neonics and bees at next SAP Garden Club meeting

Learn what you can do to help bees in your backyard and promote bee-awareness in all landscapes at the St. Anthony Park Garden Club meeting Tuesday, March 8, when Dr. Vera Krischik of the University of Minnesota's Department of Entomology presents "Neonics and Bees: What's the Truth About Systemics?"

The meeting will be held at St. Matthew's Episcopal Church Fellowship Hall, 2136 Carter Ave. Please enter at the entrance on Chelmsford St.

A social time will begin at 7 p.m. before the presentation.

Beginning in 2006 a yearly die-off of honey bee colonies occurred throughout the U.S. The cause of this mortality is still unknown but was coined "colony collapse disorder."

Most researchers now agree that honeybee decline is due to multiple, interacting causes, including the effects of bee-specific diseases and parasites, lack of floral resources that provide good bee nutrition, and lethal and sub-lethal effects of pesticides.

Systemic neonicotinyl insecticides (imidacloprid, clothianidin, dinotefuran and thiamethoxam) are widely used due to low toxicity to humans, but they are very toxic to bees.

You can follow the garden club at [facebook.com/SAPGarden Club](http://facebook.com/SAPGardenClub), or learn more on the club's website, [stanthonyparkgardenclub.com](http://stanthonyparkgardenclub.com).

### Falcon Heights man to present 'elder tales' at Roseville Library

Seventy-six-year-old Falcon Heights resident Duke Addicks will begin a historic series of elder tales on Tuesday, March 22, at 10:30 a.m. at the Roseville Library, 2180 N. Hamline Ave. His stories are about real people who, in their elder years, made a difference in Minnesota's pre-statehood fur trade era.

On March 22, he will present tales of Pig's Eye Parrant and his life in the fur trade, Grey Cloud and her Scottish-born husband, James Aird, and daughter, Margaret, and Pig's Eye's foray into the whiskey business.

Addicks will present more tales at Ramsey County Libraries in April, May and June. Learn more at [www.mentordukeaddicks.com](http://www.mentordukeaddicks.com).

### Play bingo at St. Rose of Lima

Come to St. Rose of Lima Catholic School, 2072 N. Hamline Ave., Roseville, on Sunday, Feb. 28, for a fun afternoon of playing bingo. Enjoy complimentary popcorn or purchase other snacks and beverages at the concession stand.

You will have a chance to win a ham for your Easter dinner along with other great prizes. Doors open at 2:30 p.m. and bingo runs 3-5 p.m.

Proceeds from this fundraiser will support the educational mission of St. Rose of Lima School.

### Annual tree sale benefits parks

Friends of the Parks and Trails of Ramsey County and St. Paul's annual tree sale is under way. Purchase a tree for your own yard or give one to a local park. Ramsey County and more

than 20 cities in the metropolitan area accept donations through the Friends' tree sale.

Orders must be received by April 22 and picked up on May 7, 9 a.m. to 1 p.m. You choose the location where you'd like to pick up your order, either the Highland Park Pavilion, 1200 Montreal Ave., St. Paul, or the Ramsey County Parks building at 2015 N. Van Dyke, Maplewood. All donations to parks will be taken care of by park staff.

You can find out more and place an online order at [www.FriendsoftheParks.org](http://www.FriendsoftheParks.org). Printed sale brochures are available at city and county libraries and can be requested by sending a note to Friends of the Parks, 1660 Laurel Ave., St. Paul, MN 55104. All donations are fully tax-deductible.

### Donate baby carriers and winter clothing for refugees in Greece

California-based Carry the Future collects donated soft-structured carriers like Baby Bjorn, Snuggli, Infantino, Ergo and Tula and personally distributes them to refugees arriving in Greece from war-torn countries like Syria and Iraq.

More than a million refugees from these areas have now entered Europe, often making much of their journey on foot. Baby carriers can help keep infants and toddlers physically and emotionally safe, and free up parents' and siblings' arms to carry possessions or help other family members.

The group also welcomes donations that can fit inside the pockets of baby carriers: toddler- and

baby-sized winter hats, mittens and socks; small plush toys and protein bars.

Donations in the Twin Cities are packaged by volunteers, then routed through Madison, Wis., and Chicago before more volunteers take them abroad.

To donate a carrier or other item, please contact a volunteer at [carrythefuture.mn@gmail.com](mailto:carrythefuture.mn@gmail.com) to arrange drop-off or pick-up.

Carry the Future cannot accept wrap-style, sling or ring carriers, or hard-structured backpack carriers. Find more information at [carrythefuture.org](http://carrythefuture.org).

### Railroad museum moves

The Twin City Model Railroad Museum is relocating to 652 Transfer Road, near the former Amtrak Depot just north of University Avenue. The building is also home to Buttercream Cakes and Chocolat Céleste.

For the past 31 years the museum has been located at 1021 E. Bandana Blvd. in Bandana Square. The last day at the Bandana Square facility will be Sunday, Feb. 28.

The Twin City Model Railroad Museum has been a St. Paul attraction since 1934. The museum is an all-volunteer nonprofit whose mission is to celebrate toy trains, the model railroading hobby and the railroad history of the Twin Cities. For more information, go to the museum's website, [www.tcmrm.org](http://www.tcmrm.org). You can also follow them on Facebook and Twitter for more details.

### 'Music of the Levant' at Hamline

The Minnesota Global Arts Institute, in collaboration with Hamline University, will host a series of events with world-class composer, lyricist and songwriter Issa Boulos, along with special appearances by fellow composer and musician Wanees Zarour. Their concert, Music of the Levant: Old & New, with Duo Pulse, will be held at Sundin Hall on Friday, March 11, at 7:30 p.m.

Issa Boulos is an international award-winning Palestinian-American composer, lyricist and songwriter.

Wanees Zarour was born in Ramallah, Palestine, and is the director of the Middle East Music Ensemble at the University of Chicago.

Sundin Music Hall is located at 1531 Hewitt Ave., St. Paul. Seating is limited, and advance tickets are available at <http://levant.bpt.me> or by calling 651-523-2459.

### Spaghetti dinner at St. Stephanus

The Men's Club of St. Stephanus will host its annual spaghetti dinner on Saturday, April 2, 5-7 p.m. at St. Stephanus Lutheran Church, 739 Lafond Ave., St. Paul. Tickets are \$10 for adults, \$5 for children 5-12 and free for children under 5. Take out will be available. The event will include a bake sale.

For tickets, call the church at 651-228-1486 or Dennis at 651-644-9432. Tickets will also available at the door.

# Local author gives new view of the Beowulf story

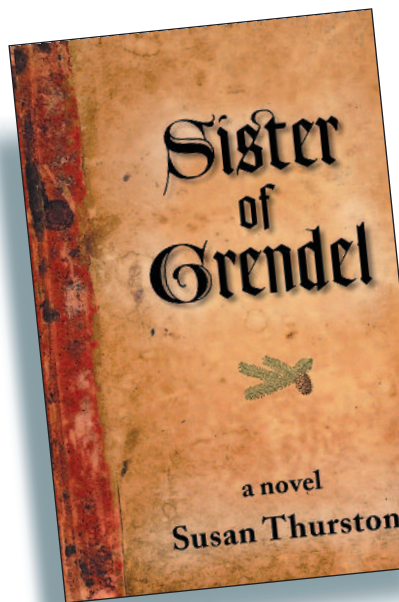
By Kristal Leebrick

When Falcon Heights resident Susan Thurston read the epic poem of Beowulf in her college medieval literature class years ago, she connected more to Grendel, the envious and resentful ogre, than to the story's hero, Beowulf, who defeats Grendel (and his mother) when Grendel attacks the hall of the Danish king who has moved into the monster's Scandinavian homeland.

"If a bunch of Danes moved into my country I'd be angry too," she says. That reaction to the ancient story is something that stayed with Thurston for years.

Seventeen years ago, when Thurston's son, Sam Hamerski, was a newborn, she recalls a sleepless night when the idea for her new book, *Sister of Grendel*, came to her. As the title suggests, Thurston reimagines the tale through the viewpoint of Grendel's sister, Rehsotis, who is not a monster, but the last of a highly intelligent and strong race of beings who live close to the natural and spiritual world.

"I know this sounds really 'woo woo' and strange, but I was thinking about that story and then had this



Susan Thurston

voice in my head and the voice said to me, 'I was there too,'" Thurston says. After her short maternity leave, Thurston found herself back at work and spending her lunchtimes sketching out ideas for the book.

"That's how long I've been working on it," she says.

Thurston will launch *Sister of Grendel*, published by Black Hat Press, on Sunday, March 20, at 4:30

p.m. at the Illusion Theater, 528 Hennepin Ave., Minneapolis. Actress Carolyn Pool will perform a reading from the book as the main character.

Thurston says her book can fit into the fantasy genre. She created a world with a race of individuals who could live between 900 and 1,000 years, would hibernate for extended periods of time and "could enter other people's dreams and have an

influence on humans. That's the fantastical aspect of the book. Otherwise, it's a story of a woman trying to find her tribe, her family, her community. She has a number of experiences with us, humankind. Her race is more superior, smarter, more intelligent and strong. We are the race that keeps destroying everything."

Rehsotis is at the end of her life and the book is her tale. "She's writing out her chronicle," Thurston says.

Thurston is a copywriter at CRC Marketing Solutions in Eden Prairie and co-author of the book *Cooking Up the Good Life: Creative Recipes for the Family Table* (University of Minnesota Press 2011). Her background includes administrating adult programming at the University of Minnesota, working in corporate and foundation relations at Carleton College, and directing continuing education programming at St. Olaf College. She also spent time as a desk editor at the Red Wing Republican Eagle. In 2013, she added "publisher" to her resume when she took over the role at Black Hat Press from its founder,

Beverly Voldseth Allers.

Thurston hadn't planned to publish her own book, but after an editor at Macmillan Publishers offered to publish *Sister of Grendel* as an eBook to see if it would do well enough to subsequently print, she decided "to try it on our own."

Black Hat Press was founded in the late 1980s and published books by poets, including Lynn Hume Burgess, Pierre Garnier, Diane Glancy, Tom Hennen, Ellen Kort Longstreet, Patrick McKinnon, Judith Mattison, Frances May, Laurel Mills, Martha Moore, Ervin Schumacher, Lori Stolz, Myra Longstreet Sullivan, Marcella Taylor and Karen Herseeth Wee. It also produced the Minnesota Poetry Calendar from 1997 to 2001.

The calendar included the work of notable writers Michael Dennis Browne, Sharon Chmielarz, Margaret Hasse, Kathryn Kysar, Mary Kay Rummel, Joyce Sutphen and Mark Vinz.

*Sister of Grendel* can be ordered through any retail bookstore. It's also on [lulu.com](http://lulu.com).

L I V E S L I V E D

The Park Bugle prints obituaries free of charge as a service to our communities. Send information about area deaths to Mary Mergenthal at [mary.mergenthal@gmail.com](mailto:mary.mergenthal@gmail.com) or call 651-644-1650.

**Enid Griffin**

Enid Frances Larson Griffin, 86, a lifelong resident of St. Anthony Park, died Jan. 16.

Enid was proud to reside at the 1928 home built by her parents, growing up and living the majority of her life in St. Anthony Park. She was a student at Gutterson Elementary School and graduated from Murray High School in 1947. Enid attended Yankton College in South Dakota and spent time in Germany working to help rebuild the country's infrastructure damage suffered during World War II.

Politically active, Enid championed the fight for the disenfranchised, working women, home midwifery and much more. Enid extensively worked within local county and state social services, taking great pride in her brief service

as a prison chaplain for the Ramsey County Jail. She was active in the National Active and Retired Federal Employees Association, Sons of Norway and St. David's Society.

She was preceded in death by her most loving and patient husband of more than 60 years, Russell.

Enid is survived by four daughters, Fran (Dan) Bebernes, Bonnie (Rick) Shoebottom, Millie (Brian) Webb and Lu Griffin (Mike Hesano); four sons, Al (Nancy), Glenn (Cheryl), Jim (Jenna) and Ben (Stephanie Hughes); 20 grandchildren; eight great-grandchildren; and two great-great-grandchildren.

A memorial service will be held Saturday, April 9, at 1 p.m. at First Christian Church, 610 W 28th St., Minneapolis.

**F. Eileen Hagel**

F. Eileen Hagel, 78, longtime resident of Como Park, died Jan. 29.

Eileen was actively involved in her church and children's elementary school, Holy Childhood, where she worked as the church bingo hall manager and school secretary.

She was preceded in death by her children Mary Ellen and Baby Boy; grandchild, Christian; parents, Bert and Eleanor Thoennes; and sisters, Mary Ellen Thoennes, Margaret Ablor and Kathy Swanson. She is survived by her husband, Romie; children, Mark (Diane), John, Bob (Samantha), Anne (Tom Martino) and Deb (Heidi Johnson); eight grandchildren; two great-grandchildren; and siblings, John (Vicki) Thoennes, Joanne (Stuart) MacDonald and Barb Gobon.

Mass of Christian Burial was celebrated Feb. 6 at Holy Childhood Catholic Church, with interment at Fort Snelling.

**Robin Lindquist**

Marie R. "Robin" Lindquist, "The Book Lady," 90, died Dec. 21. She lived in St. Anthony Park for many years, greeted neighborhood customers at the front desk at St. Anthony Park Bank and served on the Park Press Board of Directors. She moved to Albuquerque, N.M., from here and was living in Portland Ore., at the time of her death.

She was preceded in death by her husband, Arnold. She is survived by her children, Joy Bartlett, Marc Bartlett (Veronica) and Craig Bartlett (Beverly), and three grandchildren.

Interment will be held in the spring at Immanuel Lutheran Church, Almelund, Minn.

**John Pearson**

John Gille Pearson, 86, of St. Anthony Park, died Jan. 25 from myelodysplasia.

Jack graduated from Murray High School, Gustavus Adolphus College and St. Mary's grad school. He was a teacher at Murray and Como Park Senior High School for more than 30 years and high school hockey coach for Murray High School.

He is survived by his wife of 58 years, Beverly; sons, Joe, Jon and James; daughter, Amy Peterson; seven grandchildren; and sisters, Bonnie Burns, Margaret Lundberg and Judy Palmquist.

A memorial service was held Feb. 1 at Holcomb-Henry-Boom-Purcell in Shoreview, with interment at Fort Snelling.

**Leon Rosenthal**

Leon L. Rosenthal, 97, of Como Park, died Jan. 18.

He was preceded in death by his wife of 73 years, Melita; daughters, Kathleen Clemen and Mary Leigh; and sons, Dennis, Patrick and Leon Girard. He is survived by sons, Peter (Peggy Doeksen), Noel (JoEd) and Kevin (Beth); 21 grandchildren; many great-grandchildren; sisters-in-law, Marge Rosenthal and Mildred (Robert) Moder; and daughters-in-law, Kathy McHale (Dennis) and Patsy Gleaton (Patrick).

Mass of Christian Burial was celebrated Jan. 21 at Holy Childhood Catholic Church, with interment Calvary Cemetery.

**Alice Rowell**

Alice Elizabeth Rowell, 94, of Lauderdale, died in her home on Feb. 15.

She is survived by her husband of 72 years, John; brother, Harry (Beverly) Hunt; sons, Bartlett (Jan), Bruce (Sharon) and Brian (Susan); five grandsons; four granddaughters; and 7 great grandsons.

A celebration of life open house will be held at Midland Hills Country Club 2001 Fulham St., Roseville, on Sunday, March 6, noon-3 p.m.



Paul Savage

**Paul Savage**

Paul Patrick Savage, 94, a 50-year St. Anthony Park resident, died peacefully at the Minnesota Veteran's Home Jan. 20. He was born July 18, 1921, in Fort Dodge, Iowa.

Paul lived a rich and fulfilling life that included many interests. He was an active and respected St. Paul community leader. He was instrumental in forming district councils, served with distinction in District 12, and completed seven three-year terms on the St. Paul Capital Improvement Budget Committee under five mayors. He was an early member and past president of the St. Anthony Park Association, serving as president

when women were first admitted to that organization. In addition, he was treasurer of the Block Nurse Program and a dedicated volunteer driver for the American Red Cross.

A proud World War II veteran, Paul served in the 98th Bomb Group in North Africa and Italy and recounted his experiences in his memoir *The Big One*.

After graduating from the University of Iowa, he began his career as a corporate executive and ultimately retired from Medtronic.

Paul was also known for his creative interests, which ranged from photography and fine woodworking to his love of opera and foreign cars.

He is survived by his wife, Arla; daughter, Anne (Gary) LeDuc; son, Jim (Laura) Savage; three grandchildren; and four great-grandchildren.

Beloved by many, Paul Savage was a source of joy to all who knew him, and he will be missed.

A memorial service was held Feb. 1 at St. Matthew's Episcopal Church in St. Anthony Park.

**Doris Vance**

Doris Esther (Harter) Vance, 92, died Jan. 13.

She was born on March 7, 1923, in Greenville, Ohio. She married John E. Vance in 1946. Doris worked for the Minnesota Telephone Association for 17 years.

Doris is survived by her children, David, Jim, Diana Klisch and; five grandchildren; and five great-grandchildren.

She was preceded in death by her husband and her sister and brother-in-law Donna and Ralph Plessinger and their son, Ron.

A memorial service was held at Falcon Heights United Church of Christ Jan. 23.

**Karen Westhausen**

Karen Jane (Cook) Westhausen, 83, died peacefully Dec. 13, surrounded by family and friends.

Born in Sauk Center, Minn., she graduated from St. Paul's Wilson High School in 1950 and received a bachelor's degree from American International College in 1970. She taught primary and secondary school for more than 30 years in Cincinnati, Ohio, and at St. Bernard's and St. Rose in St. Paul.

She was a prolific reader, gardener, birder, hiker, world traveler and patron of the arts. An avid daily walker, she filled her pockets with dog treats for the dog residents of south St. Anthony. All that knew her were better for it.

She was preceded in death by her brother George Cook. She is survived by her brother James Cook; her children, David and Sue (Lane), Deborah Tennant, Dennis and Cheryl (Moran); five grandchildren; four great-grandchildren and her longtime friend Raymond Zeller.

A memorial service was held Jan. 30 at St. Cecilia Catholic Church.

**DAN BANE CPA, LLC**  
**Certified Public Accountant**



Providing Individual & Business Tax Service.

Conveniently located in the Baker Ct Bldg (1 Blk East of 280 at corner of Territorial & Raymond) at 821 Raymond Ave – Ste 310, St Paul 55114.

Call for an appointment **651-999-0123** or visit my website at: [www.danbanecpa.com](http://www.danbanecpa.com)

Announcing...

**The Saint Anthony Park Community Foundation 2016 Grants Program**

**Deadline:** Applications must be submitted by Thursday, March 31, 2016 to PO Box 8038, St. Paul, MN 55108

**Grantmaking Priorities:** Improving our environment, Strengthening learning opportunities, Enhancing livability, Supporting aging-in-place solutions, Promoting business vitality, Cultivating life-long appreciation for the arts

**Eligible Organizations:** Not-for-profit organizations, neighborhood, and community-based groups serving the needs of the St. Anthony Park/District 12 area

**Grant Application Forms:** Available on-line at [sapfoundation.org](http://sapfoundation.org) or contact the Foundation

**Grant size:** \$5,000 maximum

**Questions:** Contact Jon Schumacher at 651/641-1455 or on-line at [jon@sapfoundation.org](mailto:jon@sapfoundation.org)




**Gentle chiropractic care and DOT exams.**

**Skon Chiropractic**  
William H. Skon, D.C.

856 Raymond Ave., Unit C  
 Phone: 651-644-3900 Fax: 651-644-8969  
 Office hours by appointment

[skonchiro@gmail.com](mailto:skonchiro@gmail.com) [www.skonchiro.com](http://www.skonchiro.com)

# St. Anthony Park UMC to merge with Roseville church

*The church will close in June and reopen in September as Centennial United Methodist Church's St. Anthony Park campus*

By Michelle Christianson

On Jan. 24, the congregation at St. Anthony Park United Methodist Church voted to merge with Centennial United Methodist Church in Roseville.

St. Anthony Park United Methodist Church (UMC), located at 2200 Hillside Ave., has been in existence since 1889 and has gone through periods of growth and decline in the following years. Because current church membership has fallen below 100 members, congregational leaders have been trying to find a way to energize and grow the church, as well as meet financial needs with a smaller membership.

There is need for an elevator and improvements to the office and Sunday school rooms. The church considered selling the parking lot, but that would have meant a huge investment of money and time and would have taken away valuable parking space for the church as well as for the neighborhood. They have an endowment fund from the sale of the parsonage, but that could not be used for operating expenses. The congregation was not growing and was running out of enthusiasm (and

options).

Centennial UMC has been facing its own challenges and looking for a way to grow its contemporary service. They have well-established traditional services in the morning, but struggled to find the right time and location within the church to hold the contemporary service, which has been in existence for nine years. Setting everything up and then taking it down every Sunday was a chore, and alternate spaces were cramped and dark. Centennial looked at many options and even explored renting a space outside the building.

In April 2015 both congregations consulted with UMC district superintendent Judy Zabel, and she suggested that they consider a merger. Last summer the churches convened task forces to explore the option. Instead of installing a new pastor at St. Anthony Park when the previous pastor left, the district assigned an interim pastor, Pat Hinker, who was experienced at coaching churches through the merger process.

The proposal to merge was presented to the church councils in December and a vote was held in

both churches on Jan. 24. The vote was successful and the St. Anthony Park campus most likely will be called Centennial United Methodist Church: St. Anthony Park. The merged church will have two campuses with a combined membership, a single church council and a single unified budget. There will continue to be two traditional services at 9 and 10:30 a.m. at the Roseville location, with the educational program offered at 10:30 a.m. One contemporary service and an educational program will be held at the St. Anthony Park site, with details to be worked out.

Programs such as the senior Leisure Center and SAP UMC Community Nursery School will continue to be housed in the St. Anthony Park building, but other organizations with membership from one or both of the congregations may rotate between the two campuses.

The combined church will have to work on business planning (how to use the St. Anthony Park church's endowment and a proposed capital campaign), immediate plans for sanctuary improvements for the St. Paul site to enhance contemporary worship (including new seating and

screen installation), multi-site coaching for leaders and open houses to introduce members to both sites. Because some members from St. Anthony Park will change to worshiping in Roseville, there are plans to make the experience more welcoming—an enhanced website, better signage inside and outside the building, and better explanatory materials for transfers, visitors and new members.

St. Anthony Park UMC will close in June and will reopen as Centennial in September. Whitney Sheridan, who has been an associate pastor at Centennial for four years, will be the new pastor in St. Anthony Park. She says she is very excited to get to know the neighborhood and about the possibilities for outreach.

Demographics from Mission Insight (a demographics tool meant to help churches get to know the areas in which they minister) show that there are more young families moving into the area, and 60 percent of the population here does not belong to a church. She thinks having the only contemporary service in St. Anthony Park, as well as the church's "radical hospitality and passionate desire to help the

people of St. Anthony Park find a home among a family of faith that cannot wait to meet them," will draw young families in.

Because St. Anthony Park United Methodist Church helped found Centennial United Methodist Church in 1953, there is a natural connection between the two. In some ways, this is really a reuniting of two entities that separated long ago, and church leaders hope and pray that it is a new beginning rather than an ending.

*Michelle Christianson is a longtime contributor to the Park Bugle.*



## You want to change the world? Shop local, says new co-op manager

By Kristal Leebrick

Christina Nicholson stepped in as Hampden Park Co-op's general manager late last fall, just after phase two of the Raymond Avenue reconstruction project ended.

Road and sewer-repair projects virtually shut down Raymond Avenue outside the co-op (located at 2382 Hampden Ave.) through the summer. Consequently, sales at the 44-year-old natural foods store were down 10 percent in 2015.

Raymond Avenue will be closed from Como Avenue to Energy Park Drive for several months starting this spring for the third phase of the Raymond Avenue Traffic Calming Project, which began in 2013. Facing another spring and summer of road construction hindering traffic near the co-op has the new manager thinking strategically about how to get more people into the store.

"We are working to make the store more inviting," she said, "and we continue to expand our prepared foods. Our lunches are amazing."

Lunch is a bustling time at the co-op, as many area workers come in to grab soup and deli items and local musicians play several days a week. "It's good energy," Nicholson said, adding that she plans "to expand it into other parts of the day."

"A fun secret we have is our breakfast burritos, (house-made) scones and croissants from Solomon's Bakery."

Nicholson has been in the natural-food business for 21 years. "I

have co-op in my blood," she said. She spent the last eight years as a project manager and operations manager at Mississippi Market Food Co-op on Selby Avenue before coming to Hampden and worked at the Wedge Community Co-op in Minneapolis for 13 years before that.

Many of the competing food cooperatives have gotten bigger with more offerings, so Hampden Park is looking to increase the items on its store shelves. A store reset began in late February to make the flow of the store "more shopper-friendly" and create more space for a deli expansion. The co-op is also "renewing our efforts to connect with our members," Nicholson said. To that end, the co-op reinstated mailing its newsletter to its members in February.

Shopping close to home is a good way to put your mark on making the world a better place, Nicholson said.

"There are some scary big things in the world," Nicholson said. "For me, I ask how can you find the place



Christina Nicholson, general manager at Hampden Park Co-op Photo by Kristal Leebrick

where you can be the one to change the world? Shopping at a place like the Hampden Park Co-op is how you manifest that change, and I believe that's why we're here."

## Micawber's has moved—but not far

After 44 years at 2238 Carter Ave. in Milton Square, Micawber's is relocating, from the street level to the garden level.

Milton Square's ownership is renovating the space Micawber's has occupied, and rent for the renovated space will be considerably higher. Micawber's owner Tom Bielenberg has accepted an offer to lease the space formerly occupied by Bungalow Pottery. The new store, at 2300 Carter Ave., can be entered inside the courtyard.

salongearge  
salonspa artgallery



pureology • morroccanoil  
label m • dermalogica • opi  
hand-crafted jewelry  
local artwork


hair • nails • skin • massage


651.379.1414  
856 raymond ave.  
st. paul, mn 55114  
www.salongeargestpaul.com

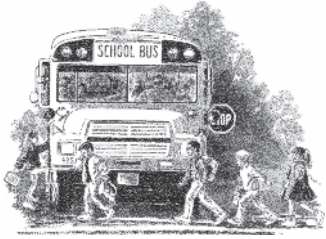
**Come home to St. Anthony Park...**

has been my bi-line for 26 years of selling real estate in this wonderful community. One of the pleasures of being a realtor is that I've been able to help hundreds of families find a home that suits them. In the coming year I look forward to talking with you about your housing needs.

**Nancy Meeden**  
Coldwell Banker Burnet  
Office: 651-282-9650  
Mobile: 612-790-5053  
nmeeden@cbburnet.com







## School News

The Bugle welcomes news about students and schools in the area. The deadline for the April issue is Wednesday, March 9. Send your news to editor@parkbugle.org.

### Avalon School

700 Glendale St., 651-649-5495  
www.avalonschool.org

### Chili Night open to all

Avalon School invites the public to Chili Night, an evening of homemade chili, silent and live auctions, and live music., on Friday, March 4, 6-8:30 p.m.

This year, students made bowls to serve the chili in that will also be for sale, along with other student- and staff-created artwork. For more information, contact David Ball at david@avalonschool.org.

### Chelsea Heights Elementary

1557 Huron St., 651-293-8790  
www.chelsea.spps.org

### Destination ImagiNation tourney

Chelsea Heights' Destination ImagiNation teams will compete in the DI East Metro Regional Tournament on Saturday, March 12, at Harding High School. The teams will compete in the Fine Arts team challenge, Get A Clue, which asks kids to write and present a mystery story set on Earth in a time period before 1990.

### Como Park Senior High

740 Rose Ave., 651-293-8800  
www.comosr.spps.org

### Debate due shines

Sophomore Stephen Boler and freshman Peter Schik shined on the Como Park Debate Team, finishing the season as Como's top duo and qualifying for the MSHSL State Tournament, held Jan. 15-16, at the University of Minnesota. They competed in the Public Policy category, placing 15th overall in the state.

### Iowa caucuses up close

Forty-seven AP Government and Politics students took a road trip to Iowa and back on Feb. 1 to be political observers of the Iowa Caucus. With all the media attention on Iowa's first-in-the-nation caucus, and with previous studies of presidential politics and campaigns, students were eager to be a part of the action and see how democracy works at a grassroots level.

The whirlwind political adventure was featured on several local newscasts, including KARE, KSTP and WCCO. The Pioneer Press and Star Tribune each wrote a story previewing the trip, and MPR conducted an interview with AP Government teacher Eric Erickson and senior AP Government student Maddie Post upon return from Iowa.

### FAFSA Night is March 10

Como counselors and representatives from College Possible and Upward Bound will be available to help students and families complete the FAFSA forms to apply for college financial aid on Thursday, March 10. Hands-on assistance and guidance will be available in the library 5-7 p.m. on the "FAFSA Nights."

### Como students compete at annual Academic WorldQuest

Two Como teams participated in the annual Academic WorldQuest competition at the University of Minnesota on Feb. 3. Both teams tied for 15th place out of 40 teams from across the state.

### 'FUN'raiser at Urban Growler

The Como Park High School Booster Club is sponsoring a family friendly 'FUN'raiser at the Urban Growler Brewing Co. on Sunday, March 6, 4-8 p.m. Tickets are \$20 for adults and \$15 for children. The price includes one meal and one beverage, plus a chance to win some high-quality prizes. Funds raised will go to support extracurricular activities offered to Como students. Call 651-744-3997, email comoparkboosterclub@gmail.com or visit the club's website, comosr.spps.org/booster\_club.

### Crossroads Elementary

543 Front Ave., 651-767-8540

www.crossroads.spps.org

### Vendor and Craft Fair April 29

Crossroads Elementary School PTA will host a Vendor and Craft Fair on Friday, April 29, 5-8 p.m. The PTA-fundraiser will be held at the school, 543 Front Ave, St. Paul. Vendors and crafters will include Usborne Books, Scentsy, Young Living Essential Oils, Pampered Chef, Avon, Thirty-One Bags, Jamberry Nails, Paparazzi Jewelry and Norwex.

There is also space available for local crafters. Contact PTA president Cindy Windau if you are interested: xroadspta@gmail.com

### Falcon Heights Elementary

1393 Garden Ave. 651-646-0021  
www.isd623.org/school/falcon-heights-elementary

### Kids' Stuff Sale

Falcon Heights Elementary will hold its annual Kids' Stuff Sale at the school on Saturday April 9, 8:30 a.m.-12:30 p.m. The sale will include gently used kids clothing, toys, sporting equipment, furniture and more. Half off on marked items begins at 11 a.m. Admission is free, but please no strollers or outside bags. For more information or to donate kids items (donations will be accepted through Monday, April 4) find us on Facebook: Falcon Heights Elementary Kids Stuff Sale.

### Murray Middle School

2200 Buford Ave., 651-293-8740  
www.murray.spps.org

### Lion King Jr. to be performed in March

Murray Middle School will present Lion King Jr. March 11-13 in the school auditorium. Performances will be at 7 p.m. Friday and Saturday, and 2 p.m. Sunday. Tickets at the door will be \$10 adults, \$5 for children under 10. Advance tickets, at a reduced price, will be available online at pay.spps.org through March 8.

### Murray Showcase

Murray's February Showcase and Open House was a great success. Current students, families and educators created a welcoming environment where future Pilots got to interact and experience the opportunities available at Murray. They traveled through the school, stopping at various interactive stations where they received a passport stamp.

### Pilot One-on-One needs tutors

Murray Middle School needs tutors to provide support to students in English, math, science or social studies.

Tutoring is offered Monday through Friday from 11:25 a.m.-12:14 p.m., 12:18-1:07 p.m. and 1:11-2 p.m. Tutors choose the day(s) and time(s) that work best with their schedule. Training and orientation are provided. For more information, contact Cindy Thrasher, 651-744-5232 or cindy.thrasher@spps.org.

### Roseville Area High School

1251 County Road B2  
651-635-1600 / www.isd623.org

### 'Legally Blonde' at RAHS

"Legally Blonde: The Musical," will be performed March 16-20 at Roseville Area High School. Ticket information and details about the production are available at www.RAHSdrama.net and on the RAHS Drama Facebook page. The musical will be performed at a free matinee for area senior citizens, Wednesday, March 16, at 1 p.m.

### St. Anthony Park Elementary

2180 Knapp St., 651-293-8735  
www.stanthony.spps.org

### Learn about SPPS's plan to redesign SAP Elementary School

An informational meeting about a proposed program and school expansion at St. Anthony Park Elementary will be held Wednesday, Feb. 24, 6-7:30 p.m., at the school. The district is proposing to increase the size of the building and number of students who attend the school. District officials will be present to share information, gather input and answer questions.

# Community Worship Directory



### ❖ LYDIA PLACE COLLABORATIVE COMMUNITIES ELCA

Rev. Scott Simmons, pastor, 612-859-1134, lydiaplace.com  
Hymntap beer and hymns, first Monday of each month  
7 p.m. Dubliner Pub, 2162 W. University Ave. 55114  
Sunday Worship, 7 p.m., Dow Art Gallery,  
2242 University Ave. W., St. Paul

### ❖ MOUNT OLIVE LUTHERAN CHURCH—WELS

A Caring Family of Christ-Centered Believers  
www.mount-olive-lutheran-church.org  
Find us on Facebook  
1460 Almond Ave., Saint Paul, MN 55108  
651-645-2575  
Sunday Worship 9 a.m.  
Bible Study and Sunday School 10:30 a.m.  
Pastor Al Schleusener

### ❖ PEACE LUTHERAN CHURCH—ELCA

1744 Walnut St. (at Ione), Lauderdale, 651-644-5440  
www.peacelauderdale.com  
Sunday worship: 10 a.m.  
Reconciling in Christ Congregation  
All are welcome. Come as you are.

### ❖ SPIRIT UNITED CHURCH

3204 S.E. Como Ave., Minneapolis, 612-378-3602, www.spiritunited.com  
Sundays: 10:30 a.m. Message and Music. Kids With Spirit Sunday School.  
Come as you are. Handicapped accessible. All are welcome.  
A leading-edge spiritual community emphasizing the Unity of Spirit—one Source in all.

### ❖ ST. CECILIA'S CATHOLIC CHURCH

2357 Bayless Place, 651-644-4502  
Website: www.stceciliasp.org  
Handicapped accessible  
Saturday Mass: 5 p.m. at the church  
Sunday Masses: 8:15 a.m. and 10 a.m. at the church

### ❖ ST. ANTHONY PARK UNITED CHURCH OF CHRIST

2129 Commonwealth Ave. (corner of Commonwealth and Chelmsford)  
651-646-7173 www.sapucc.org  
9:15 a.m. Christian education for all ages; 10:30 a.m. worship  
Holy Week Services: Maundy Thursday 7:00 p.m., Good Friday 12:00 Noon  
Pastor: Victoria Wilgocki  
Christian tradition ♦ Progressive faith ♦ All are welcome

### ❖ ST. ANTHONY PARK UNITED METHODIST CHURCH

A Reconciling Congregation. All are welcome!  
www.sapumc.org, 2200 Hillside Ave. (at Como), 651-646-4859  
Pastor: Rev. Pat Hinker  
Sundays: 10 a.m. Worship celebration and Sunday School  
11 a.m. Fellowship and refreshments  
6:30 p.m. Free young adult dinner in parlor  
Mondays: 7 p.m. Community Bible study in parlor

### ❖ ST. ANTHONY PARK LUTHERAN CHURCH

2323 Como Avenue W. (651) 645-0371  
Staffed nursery available - Handicap-accessible  
Pastor Glenn Berg-Moberg and Pastor Jill Rode  
Web, Facebook, & Twitter: SAPLC  
Sunday 8:30 & 11:00 a.m. with education hour for all 9:30 a.m.  
Wednesdays in Lent - Worship 7 p.m., Soup Supper 5-6:30 p.m.

### ❖ ST. MATTHEW'S EPISCOPAL CHURCH

Rev. Blair Pogue, Rector 2136 Carter at Chelmsford. www.stmatthewsmn.org  
Sundays: 9:15 a.m.: Education for all ages  
10:30 a.m.: Worship with sermon and communion  
Nursery care provided 9:00 a.m. -11:20 a.m.  
5:30 p.m.: Night Prayer with evening meal at 6:30 p.m.

To add your church to the directory, contact Bradley Wolfe at 952-393-6814 or bradley.wolfe@parkbugle.org



**CPHS Cougar Sports** by Eric Erickson

*Eric Erickson highlights Como Park Senior High School athletics each month in the Bugle.*

# Swim team is young, promising

Hot and humid air is a rare commodity in the long months of a St. Paul winter, but seasoned residents of the city may know they can catch a taste of tropical climates in the Marjorie McNeely Conservatory in Como Park.

On the other side of Lake Como, the neighborhood has another large space that feels like the tropics upon entry. Tucked behind the gym at Como Park Senior High School, off a long hallway on the eastern end of the building, is the well-heated pool area where you can find the Como swim team training after school.

From mid-November through the end of February, the Como Pool area is a warm-weather destination for 16 young and enthusiastic student athletes who comprise the Como Park boys swimming program. The range of ability is wide, yet for all the participants, the pool is a place where they feel they belong.

Novice and less speedy swimmers work on basic technique and compete in junior varsity meets. More experienced swimmers with advanced technique and stamina represent Como in the varsity competitions. Similarly to many Como athletic squads, there is acceptance for all, with teammates encouraging and pushing each other to achieve personal bests.

The coach in charge is a former Carleton College athlete who qualified for the D3 national meet in 1987 while swimming for the Knights. Coach Steve Conery has taken what he learned at Carleton and applied it to the Como teams he has been coaching since 2001.

Conery is proud of the 15 years he has led the Cougars, spending the fall seasons training the Lady Cougars swim team, and the winters with the boys. Neither program is at the top of the conference, but both are consistently in the top half, with the boys holding a virtual lock on the third-place position.

But as the 2016 season winds down, Conery sees the recently completed conference meet, in which his team once again finished third out of seven city schools, a bit differently.

"There is the promise of success," said Conery. "I think in the future if we can continue growing as a team, we'll be competitive (for a top-two finish)."

Multiple years of high school swimming still ahead for a group of talented underclassmen is indeed a promising prospect. Speaking of his team, Conery said, "I like their youth, I like their enthusiasm, and I like the way they work as a team."

The team's captains are junior Joe McCune-Zierath and sophomore Cole Napierala. Other top varsity performers through the season and at the conference meet included sophomores Noah Frese and Jared



The disciplined training of the young and energetic Como boys swim team led to a third-place finish in the St. Paul City Conference. The team is pictured at the final conference meet on Feb. 5 at Humboldt High School.

Czech and freshmen Joe Miller and Frank McGuire.

Every member of the program is valued, encouraged and supported. The variety of personalities, ages and even cultures has created a fun chemistry. The full roster of the Como swim team includes seniors Vang Xiong, Khun Myo and Vichai Thao, sophomores Graeme Thompson and Allan Thoresen, freshmen Elliot Olson-Halpenney and Philip Chervenak, and Murray Middle School eighth-grader Levi Treiber. The team also has two foreign exchange students, Elia Frinzi from Italy and Mael Alvestegui from France.

Conery assigns different stroke drills to individual swimmers to maximize potential improvement in each of them. He also varies the workouts and activities. Examples include the occasional "campfire" meetings around stacked kickboards, dry-land fitness training, sprints in the pool, as well as the laps that build the stamina.

What sort of distance do the top swimmers cover in a typical day of practice? On average, Conery says they swim about 5,000 to 6,000 yards.

That's 2.5 to 3 miles a day. Surprised? These guys have become fit athletes. And focused. They don't count their laps, or even think about it in terms of yards or miles. They just keep swimming.

"We don't think about how much we swim," said co-captain Cole Napierala. When informed their average day is a couple of miles, Napierala was surprised, and added, "That's kind of crazy, but the team helps each other get through. We tell jokes before a set and stay cheerful. You learn to be physically and mentally strong to get through those workouts."

Junior co-captain Joe McCune-Zierath agreed. He's proud of the work with his teammates, and enjoys the camaraderie everyday on the pool

deck and in the water. "We've all improved and we see each other cutting down their times," said McCune-Zierath. "It's exciting to see the results and know how far you've come."

For the Como boys swimming team, 2016 has already produced pride, good times and personal bests. What they could do in 2017 and beyond holds promise for the Cougars. They're already looking forward to the sets, the laughs and reaching new milestones.

*Eric Erickson is a social studies teacher at Como Park High School and a longtime coach of St. Paul school and youth sports.*

**Rotten Wood?**  
Moisture damaged window sills, casings & trim replaced  
**Harmsen & Oberg Construction**  
Gary 651-698-3156  
Since 1975

**TREAT YOURSELF**  
by gracing our oasis  
Diana Koren  
Ruthann Ives  
2233 Energy Park Drive, St. Paul 55108  
651.647.9000  
theresashair.com

Schedule your winter trimming now with the **Highest Rated Tree Service in the Twin Cities!**  
A Twin Cities Consumer Magazine rated 36 local tree services and ranked Roger's #1!  
**Roger's Tree Service**  
Your full service Tree Company since 1974  
Certified Arborist **Roger Gatz**  
**651-699-7022** www.rogertree.com

**NILLES Builders, Inc.**  
• Additions • Remodeling  
• Roofing • Garages  
• Concrete • Siding  
**651-222-8701**  
Lic #4890 www.nillesbuilders.com 525 Ohio Street

**CATHERINE E. HOLTZCLAW**  
MBT, CPA, CFP®  
**HOLTZCLAW PLANNING LLC**  
• Objective, personal investment advice and financial planning on an hourly basis.  
• Tax preparation for individuals, trusts and estates.  
• Discover the possibilities and opportunities for reaching your life goals.  
651-646-9806 • choltzclaw@comcast.net • www.holtzclawplanning.com  
2251 DOSWELL AVENUE, ST. PAUL, MN 55108

**All Seasons CLEANERS**  
Dry Cleaning & Laundry  
Your neighborhood fabric care professionals  
2234 Carter Ave.  
M-F: 7 a.m. - 7 p.m., Saturday: 8 a.m. - 4 p.m.  
www.allseasonscleaners.com 651-644-8300

**OPTIONS** for you & your family  
supporting your lifestyle as changes happen

- Rehabilitation/ Transitional Care
- Long-term Nursing Care; Alzheimer's Care; Parkinson's Care
- Caregivers Support

**Get Here. Get Healed. Get Home.**  
Short-term transitional care following surgery or illness.  
For more information, visit [www.lyngblomsten.org/TCU](http://www.lyngblomsten.org/TCU).

**LYNGBLOMSTEN** **Celebrating 110 Years 1906-2016**  
Healthcare, Housing, & Services for Older Adults Since 1906  
[www.lyngblomsten.org](http://www.lyngblomsten.org) | (651) 646-2941

# SAP woman tries out for Olympic marathon team

*Editor's note: Writer Anne Holzman interviewed St. Anthony Park resident Emma Lee before she left for the Olympic trials held Feb. 13 in Los Angeles. Lee placed 73rd out of 149 finishers with a time of 2:50:56. Nearly 200 women started the trial, but many dropped out due to the heat in Los Angeles that day, Lee said. After the race, Lee sent the Bugle an email with her photo and this comment: "I am doing well apart from some nasty blisters on my big toes, and I'm really happy with how my race went."*

*By Anne Holzman*

After a frustrating start to her running career, Emma Lee found herself flying to Los Angeles in February to try out for the U.S. Olympic marathon team.



Emma Lee at the Olympic marathon trials in Los Angeles.

The St. Anthony Park resident, a 2009 graduate of Como Park Senior High School and 2013 graduate of St. Olaf College, ran Grandma's Marathon in Duluth in 2014. Since then, she has been repeatedly stymied by injuries. But a recent change in rules for U.S. trials meant that her Grandma's time 2:43:18 would qualify her to try out

for the 2016 Olympics, so she worked with Como High coach Chris Lundstrom and got herself ready for the race.

Lee's training runs have taken her on paths through Como, Roseville and Falcon Heights, as well as near her parents' home in St. Anthony Park. As the race approached, Lee said, "If you see a girl in crazy Spandex doing a hill workout in front of your house, that's probably me!"

Lee also lifts weights and does core-strengthening exercises. An avid cross-country skier in earlier years (she was one of those neighbors on roller skis a few summers back), she incorporated a few ski runs into her training, too. She said dietary preparation "is just getting enough to eat; it's hard to take in enough calories to balance out a 100-plus mile week."

She acknowledged that the L.A. weather might be a challenge after training in a Minnesota winter. "The high temperature is forecast to be in the 70s," she said in the week before the run. "I plan to take fluids at every aid station to try not to get too dehydrated."

She was looking forward to meeting other runners, including some "famous in the running world." She said she and her mom would share a rented apartment with a woman she'd met at the Fargo Half Marathon in 2014. "It was cool to be able to make that connection," she said.

Lee earned a master's degree last spring and is now pursuing a doctorate in kinesiology/exercise physiology at the University of Minnesota. She said she would consider running professionally and hopes to work with athletes.

She would also consider work that inspires people to improve their health. "I love getting people excited about exercise," Lee said, "because it is basically a free miracle drug that will cure myriad health problems."

Same local ownership,  
proudly serving our community



Both stations open  
7 days a week



- Brakes • Tires • Exhaust
- Batteries • Suspension
- Foreign & Domestic
- Walk-in Oil Changes
- Snowplowing
- Touchless Car Wash
- Lock Out/Jump Start Service
- Service Check Points
- Diesel Fuel
- Full Service Gasoline
- Emergency Service

**Park Service Inc.**  
2277 Como Avenue  
651-644-4775  
651-644-1134

Stop in for fresh,  
hand-made food items  
including:  
pizzas, deli sandwiches,  
and meals-2-go.

**FREE medium  
coffee or  
fountain soda**  
with purchase of 10  
gallons of fuel  
**Como Raymond BP**  
2102 Como Avenue  
651-646-2466

**Always Fresh!**

Meat, Bread & Produce.  
Gourmet Coffee and  
Sandwiches Daily!

**TIM & TOM'S SPEEDY MARKET**

MasterCard VISA

2310 Como at Doswell / Open daily 7 a.m. - 10 p.m. / 651-645-7360 / tntspeedy@msn.com

#BC594693

**JNS BUILDERS**

Quality Craftsmanship.  
Superior Service.

roofing  
siding  
windows  
decks

651.646.0221

jnsbuilders.com

Neighborhood Owned!

**LAY SCHOOL OF THEOLOGY**

The Lay School of Theology is a program of informal, non-credit classes taught by seminary professors for anyone who wants to learn more about matters relating to their Christian faith and life.

**Mondays, April 4-May 2**

[www.luthersem.edu/layschool](http://www.luthersem.edu/layschool)  
Olson Campus Center | 1490 Fulham St. | St. Paul, Minn.

**LUTHER SEMINARY**  
Center for Lifelong Learning

LL1004-16

**Luther's Small Catechism for Today**

**Instructors:** Mary Jane Haemig, Professor of Church History; Rolf Jacobson, Professor of Old Testament; Dirk Lange, Associate Professor of Worship; Alvin Luedke, Professor of Rural Ministry; Steven Paulson, Professor of Systematic Theology; Walter Sundberg, Professor Emeritus of Church History

Noon-2 p.m.

**Food and Drink in the Biblical World**

**Instructors:** Diane Jacobson, Professor Emeritus of Old Testament; Anna Grunner, Ph.D. student, Jewish Theological Seminary

7-9 p.m. (Webcast available)

**Ad Fontes: The History of the Bible as a Book**

**Instructor:** Bruce Eldevik, Reference and Special Collections Librarian

7-9 p.m.

Fee: \$70 per course; only \$35 for first-time students! For more information or to register: [www.luthersem.edu/layschool](http://www.luthersem.edu/layschool), 651-641-3416 or kairos@luthersem.edu

**Pierce Richards**  
law office

**LIZ PIERCE ATTORNEY AT LAW**

Divorce / custody / mediation  
Dissolution of partnerships  
Wills & Probate / Real Estate

pierce@prlawoffice.net www.lizpierce.com

IN MILTON SQUARE / 2230 CARTER AVE. / SAINT PAUL / 651-645-1055

St. Anthony Park resident w/20 Years+ Experience

**Gwenn Baker**  
REALTOR® • LIC. IN MN & WI

612-741-0153  
[www.gwennbaker.com](http://www.gwennbaker.com)  
gwennbaker@gmail.com

Multi-Million Dollar Producer

"Member Exceptional Properties" & "Member President's Circle"

# Classifieds

Send your ad to [classifieds@parkbugle.org](mailto:classifieds@parkbugle.org) or P.O.Box 8126, St. Paul, MN 55108, or call Fariba Sanikhatam, 651-239-0321. Ads are \$5 per line. Add a box or art for \$10. **Next deadline: March 11.**

## Home Services

**WATER DAMAGE REPAIR**, plaster, sheetrock and woodwork. Family business in the Park 70 years. Jim Larson, 651-644-5188.

**HOME SERVICES:** Locally located in Lauderdale. Specializing in bathroom/kitchen remodel, trim carpentry, tile work/flooring, and handyman services. Fully insured. Caleb, 651-260-7589.

**WE SATISFY ALL YOUR PAINTING NEEDS.** Water damage repair, staining, sheetrock, spray texture, spray texture removal, wallpaper and wallpaper removal. Family business in the Park 70 years. Jim Larson, 651-644-5188.

**RAIN GUTTERS CLEANED, REPAIRED,** installed. Insured, license #BC126373. 651-699-8900. Burton's Rain Gutter Service, 1864 Grand Ave. [www.burtonsraingutter.com](http://www.burtonsraingutter.com)

**PAINTING, WALLPAPER REMOVAL**, 35 years exp. Small jobs wanted. Painter Jim, 612-202-5514. Also lawn mowing.

**BRUSHSTROKES PAINTING** Interior/exterior painting. Ceiling/wall repair. Very detail-oriented. I strive to have a professional & positive relationship with my customers. Tom Marron 651-230-1272. [WWW.brushstrokespainting.org](http://WWW.brushstrokespainting.org)

**20/20 HOUSE CLEANING** Perfect house cleaning. W/over 25 yrs exp. in the area. Family-owned & operated, 651-635-9228.

**PRO TEAM PAINTING PLUS, INC.** Interior & exterior painting. Complete carpentry services. 651-917-2881. BBB.

**ALEXANDER'S PAINTING.** High-quality work at affordable rates. Full-service. Interior/Exterior. Call for free estimate. 651-246-2869. Schedule your exterior painting now for best pricing. [www.painteral.com](http://www.painteral.com)

**SNOW SERVICE:** Gutter cleaning, snow service. Avg. monthly cost \$70 call 651-224-8593.

**HANDYMAN IN ST. ANTHONY PARK.** Quick Response - Quality Work. Specializing in work for Seniors. 651-208-5996 or [seniorhelptwincities.com](http://seniorhelptwincities.com).

**LARRY'S SNOW REMOVAL.** Sidewalks, Driveways, Boulevards. Larry, 651-635-9228.

**ARTISTS AT WORK** Housecleaning. 612-859-1583

**ROOF SNOW & ICE REMOVAL, GUTTER CLEANING**, licensed, insured, #BC126373. Burton's Rain Gutter Service. 651-699-8900 [www.burtonsraingutter.com](http://www.burtonsraingutter.com)

**MAKE SPACE:** Declutter & organize with a green focus. Respectful, confidential. SAP references. [gafroncek@gmail.com](mailto:gafroncek@gmail.com) 651-690-3014

## Help Wanted

**PART-TIME WORK** 20/week. Shipping & receiving. Midwest Bicycle Supply. Call 651-646-9716

## Child Care

**PARK ANGELS CHILDCARE.** Infant to 11 years old, near Como & Doswell. Call Adella, 651-644-5516.

## For Rent

**2BR, 1BA HOUSE CONVERT MAIN-FL APT.** SAP, hdwd floors, W/D, \$1500; intrnt & all utl incl souther.anna1@gmail.com

**GREAT HOUSECLEANING IN SAP** since 1993. Many excellent refs. Mary, 763-789-7560.

**Bugle classifieds work**

Let them work for you.

**Rooftop Snow & Ice Removal**

Roger's Tree Service  
Since 1974 / Roger Gatz  
**651-699-7022**

*Serving the neighborhood since 1911*

Fast, friendly service with prescription delivery available 6 days a week Monday through Saturday

Locally owned and operated

**A-Tree Service Inc.**

**Tree Trimming / Removals**  
**Stump Grinding / Ash Tree Removal**  
**Tree Injections / Stump Grinding**

35 Years of Professional Service  
Owner/Operator Cleve Volk  
Licensed & Insured

[www.atreeservices.com](http://www.atreeservices.com)

We accept  
DISCOVER MasterCard VISA

**612-724-6045**

**10,000 square feet of pure awesome!**

Minnesota's largest, most comprehensive selection of comic books, both new and back issues, as well as trade paperbacks, collecting supplies, statues, toys, posters, and everything else that has to do with the wonderful world of comics!

**SOURCE COMICS & GAMES**

**651-645-0386**  
[www.sourcecandg.com](http://www.sourcecandg.com)

2057 Shelling Ave. N., Roseville  
Open 10 a.m. to 9 p.m. Mon-Sat & Noon - 6 p.m. Sunday

**Exceptional Senior Living**

Just across from Como Park  
Heated underground parking  
Two elevators  
Small pets welcome  
**651-489-3392**

**COMO BY THE LAKE SENIOR APARTMENTS**

901 East Como Boulevard  
St. Paul, MN 55103

**Schneider Drug**

Where people come first

[www.schneiderdrugrx.com](http://www.schneiderdrugrx.com)

3400 University Ave. S.E.,  
Minneapolis, 612-379-7232

Monday - Friday  
8:30 a.m. - 7:00 p.m.,  
Saturday  
9:00 a.m. - 6:00 p.m.

1/4 mile west of Hwy. 280  
across from KSTP

**Branch and Bough Tree Service and Landscape Care**

**Tree Care**  
Rope and Saddle Climbing Specialists  
Selective Pruning  
Cabling and Bracing  
Technical Removals  
Stumpgrinding  
Tree and Shrub Selection and Planting  
Shrub and Hedge Maintenance  
Plant Health Care

651.222.4538  
[andy@branchandbough.com](mailto:andy@branchandbough.com)  
Fully Licensed and Insured  
ISA Certified Arborists  
Free Estimates

**Landscaping**  
Landscape Design and Installation  
Natural Stone Walls, Patios and Walkways  
Raingardens and Water Features

Arboriculture Rooted in Excellence • Committed to Sustainable Landscapes

**Welcome to 1139 Raymond**

This home is as close to new construction as you can get, while retaining its 1884 charm.

This beautiful home features  
3 bedrooms, 3 baths, open floor plan,  
beam ceilings and maple floors. 2,400 sq.ft.

- ❖ New roof ❖ New windows ❖ New plumbing
- ❖ New electrical ❖ 2 New heating and air conditioning units
- ❖ New front and rear porches ❖ Wood-burning fireplace
- ❖ New kitchen with stainless-steel appliances and granite counters ❖ \$499,900

Email: [simmons Chadwick@gmail.com](mailto:simmons Chadwick@gmail.com)  
Text: 612-306-5279

**Ben Quie & Sons**

Building and Remodeling

Caring for homes in St. Anthony Park Since 1988

- Kitchens • Additions
- Bathrooms • Basements
- Exteriors

**651.645.5429**  
[BenQuieandSons.com](http://BenQuieandSons.com)

Licence #BC443135

*Clinical Excellence for over 40 years!*

**Dr. Todd Grossmann, DDS**  
651-644-3685 [tagdds.com](http://tagdds.com)

**Dr. Paul Kirkegaard, DDS**  
651-644-9216 [www.pkdds.com](http://www.pkdds.com)

**Dr. Nate Cogswell, DDS**

*Your neighbors in St. Anthony Park*

**ST. ANTHONY PARK DENTAL CARE**

2278 Como Avenue / St. Paul

# Murray student group works to end racism

By Kristal Leebrick

A poster hanging on the wall just up the stairway from Murray Middle School's front office shows a photo of a black student holding up a sign that says, "I am not a criminal."

Throughout the school's hallways, similar posters are on display, all with students holding signs that challenge stereotypes: An Asian girl's sign says, "Not all Asian are Chinese." A black boy's sign says, "I have two parents." A white student's sign says, "My parents are divorced, and I am not messed up."

The posters are the work of Dare 2 Be Real (D2BR), a new student leadership group that is inviting the student body at this St. Paul Public School to start talking about racism and stereotypes.

D2BR has been present at Twin Cities middle and high schools since 2005. Murray's group began a year ago. Nearly 30 students meet a couple of times a month during the school day to explore issues surrounding cultural and racial stereotyping and to brainstorm projects that will encourage students to talk about why they have these biases.

On a recent Tuesday morning, students gathered in sixth-grade math teacher Katharine Hunziker's classroom, along with school

behavior specialist Lorenzo Farley and assistant principal Jamin McKenzie. The session started with a video from racial-justice group Race Forward that features a group of black high school boys talking about their experiences with racial stereotyping in school. The boys in the film describe childhood experiences of being accused of doing things they didn't do, being graded more leniently than their white counterparts, and being accused of "acting white" by black people or "acting black" when they are with white people.

When the 7-minute film ended, Hunziker, who is white, told the group about an experience she had when she stopped at a coffee shop on her way to work earlier in the week.

As she pulled up to the curb in her car, she saw a black man walking past the coffee shop. It was early morning and still dark outside. As she turned off her car, she saw the man—his hood pulled up over his head, a cigarette in his mouth—stop and stand in front of the coffee shop.

"I automatically thought, 'This guy's going to rob me,'" she said. "That's the reaction that went through my head: that I was going to go in and buy coffee and this guy was going to break into my car. Would I have thought that if it was a white guy talking on a cellphone?"



Some members of the Murray Dare 2B Real group show the ribbons they wore on their wrists on Feb. 9 to remind them to "check themselves" when they stereotype. Shown here, back row from left: teacher Kate Hunziker, Avani Holcomb, Stella LaCroix-Dulluhn, Amira Boler, Sadie Murphy, Hever Pliego, teacher Lorenzo Farley and assistant principal Jamin McKenzie. Kneeling are Fiona Juarez-Sweeney and Amelia Moseman. Photos by Kristal Leebrick

Hunziker came to school that day and shared her experience with her colleague, Farley, who is black. "You're racist," he told me," Hunziker said.

"Of course, I was just joking with her," Farley told the group. But then, he asked Hunziker, "What do you think made you worry about that? What things in your life have made it so that you would have been more comfortable if it was a white guy in front of the store?"

And with that, students began sharing their reactions to the film and Hunziker's story.

"I know many other people in our school have felt the way they felt in the video but don't feel comfortable sharing," said one girl.

Eighth-grader Avani Holcomb reflected on her own experiences as a black girl at Murray: "Just because I'm a tall black girl people think I can play basketball and that I can play sports. My friends can all do track and they can run, and I can't run that fast."

School coaches say, "Oh, you're tall; you can play basketball and volleyball and stuff, but I'm not good

at that kind of stuff," Holcomb said.

"I'm kind of wondering why people's minds jump to stereotypes," said Stella LaCroix-Dulluhn, an eighth-grader who is white, as she reflected on Hunziker's story. "Same thing with me: When someone tells a story of someone robbing someone, I picture either a creepy old white guy or like a 20-year-old black guy."

Seventh-grader Hever Pliego offered a suggestion on what Hunziker could have done differently back at the coffee shop to overcome her fear: "Go up and say, 'Good morning,' or make a little conversation, and then go get coffee and then just say goodbye and get in the car." Pliego got a rousing applause for his suggestion.

As the group's session wrapped up, Hunziker handed out colored ribbons for the students to tie onto their wrists and wear throughout the day to remind them "to check themselves" when they "might be biased about someone else or think something about someone and it's totally without any evidence."

The colored ribbons could be a project D2BR could share with the entire school at some point, she said.

Students in D2BR apply to be in the group. Applicants were asked to describe what leadership meant to them and to name a situation at school when they had "a courageous conversation about race and [to] explain how you dealt with it."

"We have a mix of assets [in the

group]," Farley said. "Some of them are A students; some of them are C students. We need that because everybody's got a different perspective, even the kids that have a little rough patch."

Since joining the group, Holcomb said it's easier for her to talk about racial problems with her schoolmates. Last year, she was afraid to say something "if something racist was happening, like a kid saying something about another race," she said. "Now I'm like, 'Why would you say that? That's mean.'"

LaCroix-Dulluhn "wanted to join because I notice things happening in school, a lot of racist things," she said. "It doesn't affect me a lot being a white female, but I notice it happening."

A seventh-grade African-American boy, who didn't want his name used, said the group has helped him deal with racist comments directed at him: "If someone's talking about 'you're not smart' or 'you can't do this because you're this race' or something, well, now I don't care. I'm above that. If someone is going to say that, I might as well just ignore it, because they don't know if I'm smart or not."

Amelia Moseman said that as D2BR becomes more visible through presentations at student assemblies and the poster project, students are asking about the group. "I also feel like they are more careful about what they say," she said.



Your smile makes an important first impression!



**NEW PATIENT SPECIAL**  
Cleaning, exam and X-rays (4 bite-wing) **\$99**  
Some exclusions apply. Please bring in this offer for the new patient special. \$246 value!

**PETERSON DENTAL**  
GENTLE TOUCH • AFFORDABLE CARE

www.donaldpetersondds.com

- Voted a MN Monthly "Top Dentist" by Dental Peers
- CareCredit financing available

To schedule an appointment for a free consultation call us today at 651-646-8851



Park Perks raised **\$400** for the **International Institute of Minnesota** in January.

During the month of March we are collecting for Murray Middle School's Spring Band trip.



Member FDIC

2300 Como Ave. St. Paul, MN 55108

sunrisebanks.com

**Let your travel agent do the work!**

We can help you put together an itinerary that is tailored to your travel desires.

**Call on our 26 years of experience creating travel memories**



**2190 Como Avenue • St. Paul • 651-646-8855**